

## THIS WEEK FOR YOU

08th Sep to 14th Sep

**1. ARIES:** One to be excellent at initiating projects, you will also try your best to bring your latent abilities to the surface this week. In fact, you will ensure that the people in your circle notice your talents and skills. Here, your logical and analytical abilities will also come in handy, especially as you make full use of them to convince others to agree with you. On the social front, you will be quite active, foresees Ganesh. Your determination and ambitiousness will make you dream big, particularly in the matters related to your business. If you are married, expect some issues to cause stressful situations in your married life. You will need to handle the delicate situations very carefully. Don't lose your cool at any cost.

**2. TAURUS:** Even when your schedule is pretty hectic, you would like to work at your own pace. But, this week you will need to increase your pace, since there looks set to be a substantial increase in your workload. Ganesh foresees that you will rise to the challenge, approaching the lined up tasks in a positive manner. In fact, you may even be ready to work overtime. On the flip side, you will not get enough time to rest and relax, and as a result, you may become temperamental. It is advisable that you adopt to the changing circumstances; avoid being rigid, otherwise you will have a tough time coping with the pressure, says Ganesh. A relatively smooth personal life shall give you the much-needed respite. Cherish!

**3. GEMINI:** You shall kick start the week on a positive note, and will be in a mood to take the challenges head on. Well, you may end up wasting a lot of time in fruitless arguments, and may even lose your focus at times. However, you will not have to regret it, as you will also spend a lot of time in accumulating knowledge about things that really interest you. Ganesh foresees a favourable week for your business. The week ahead looks set to be a good period to strike new business relationships. As far as your personal life concerned, a love affair is foreseen, but you will know from the start that it is unlikely to survive for a long period. Financially, you may not face any serious problems. However, avoid spending recklessly.

**4. CANCER:** Ganesh foresees you being innovative, implementing new methods in your business or profession. Brimming with enthusiasm, you will try to make up for the past dullness and lethargy. Besides, you will look at everything with a new perspective, trying your best to infuse some freshness in your life. The people around you will be surprised and happy to see such positive changes in your outlook. At home too, the atmosphere will become blissful, thanks to your positive mindset. If you are in a committed relationship, expect to enjoy emotional and physical intimacy with your spouse. On the financial front, there may not be any serious issues, but there is a possibility that you may have to juggle your resources a bit, in order to fulfil certain obligations.

**5. LEO:** Matters regarding communication will hold prime importance for you this week. Despite the fact that you have been making repeated efforts to everything right - problems of miscommunication or a total lack of communication may still persist in your office. You may feel tired of sorting out the same issues again and again. If you are not careful, some people may even try to mislead you. Hence, don't let your guard down, advises Ganesh. The second half of the week may bring some joyous moments, as you will strike a good rapport with someone special. You realise what a great difference a good friendship can make to your life. However, be careful as there is a strong possibility that in the heat of this blossoming relationship, you will ignore everything else, including the opinions of the others.

**6. VIRGO:** You may experience some sort of a mental block this week, and as a result, you may neither be able to concentrate on your work nor comply with your domestic responsibilities. When you will be at work, the domestic matters will keep you mentally occupied, and at home, the work pressure will keep you tensed. Ganesh points that you badly need to set your priorities right and change the way you operate accordingly. Besides, you need to increase your adaptability to maintain a nice rapport with the people around you. Be more receptive to others, as you may chance upon some great insights by doing so. You need to get rid of your biased attitude too, in order to see the reasons why people behave in a certain fashion. Good news is that your love life may hit an exciting patch, over the weekend.

**7. LIBRA:** Your fortunes are likely to fluctuate wildly this week, predicts Ganesh. At your workplace, you shall be sincere and dedicated, which shall earn you the recognition and appreciation of your bosses. Financially, too, you shall be comfortable, and shall have the resources to buy the things you have been coveting, either for yourself or for your family members. However, your family members may not be entirely satisfied with the material gifts, and may resent the fact that you seem to be devoting more time to your profession at the cost of your domestic responsibilities. Moreover, Ganesh warns you that someone may be out to smear your good name with mud, so you shall have to be careful of such green-eyed monsters. Overall, this week shall present you with some tricky situations, which will require very mature handling.

**8. SCORPIO:** You may expect life to swing from one extreme to the other extreme this week, predicts Ganesh. Professionally you shall have a joy ride, tremendously enjoying the work you are assigned, succeeding in completing it perfectly, and thereby earning the goodwill of all the people who matter. However, and this may be mainly because you have been straining yourself too much at work, your health may keep causing nagging problems. Take proper precautions, eat healthily, exercise and get proper rest in order to maintain good fitness. Remember, health is wealth! Talking about wealth, on the financial front, you may be a bit hard-up for cash, so don't spend your money recklessly. Stick strictly to the bare essential expenses, and try to save for the rainy day.

**9. SAGITTARIUS:** Ganesh foretells that this week your main focus will be on communication and related activities. You shall be busy sharing your ideas, perceptions and knowledge with people both in your personal and professional spheres. This will result in your gaining a lot of clarity about the strategies to adopt while chasing your goals. You shall also be able to accomplish those tasks that may have been piling up for a long time. Great! Given the fact that your reasoning faculties are razor-sharp now, you may find yourself at odds with the systems in place in your organisation. But, Ganesh warns you not to make an issue out of it, or you may incur the displeasure of your management, which will only work to your detriment. This week is also favourable for doing research work. Married life, too, shall be hunky dory. Just don't let this go to your head!

**10. CAPRICORN:** Ganesh advises you to pull up your socks and get ready to face some daunting challenges that are foreseen for you this week. You shall have to work very hard, keep immense patience and remain optimistic, or else you may get cowed down by the tasks. The best thing would be to keep pegging on without expecting any immediate benefits. However, remember that you shall have to entrust some tasks, even important ones, to others as you may not be able to do everything on your own. But, while delegating, make sure you delegate the right task to the right person. There may be some pressing domestic responsibilities too, but you will have to put them off until next week, as you may simply have too much on your plate this week.

**11. AQUARIUS:** You are set to raise the bar for others in your profession this week, foresees Ganesh. You shall churn out so much output that it may be difficult for others to keep pace with you. Since you are setting the precedent, to some extent it may be resented by others, especially by people who like to take things easy. However, you don't have to worry about that; you need to just keep on giving your best, and rest assured that your career progress is bound to speed up. There may be some indecisive moments this week, but they will pass. Avoid working solo now, because working as a cohesive team shall produce better results for your organisation. Over the weekend, however, make plans to spend some quality time with your near and dear ones.

**12. PISCES:** Favourable events are in store for you this week, foretells Ganesh. However, you shall have to take care that you don't squander your energies, and channelise them in productive ways. Your career front, too, looks very promising, as some lucrative job offers may be on the way, but pick and choose carefully, and once you have identified which one would suit your set of skills and temperament best, jump at it. In business also you shall be presented with many opportunities, but on this front you would do well to avoid risky ventures, or you may incur losses. On the personal front, things seem to be cruising smoothly. There is the off-chance that someone attractive from the opposite sex may take your fancy, but Ganesh advises you not to risk the stability of your marriage.

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# How to make a difference in animal welfare

Maneka Gandhi

More and more people are coming forward to join the animal welfare movement. But they have no idea of what to do. Even after becoming members of organizations, they are left mainly on their own, or asked to help the local shelter. But, the issues of animal welfare increase by the day and we really need lots of people to multitask, whether they are in organizations or not. Every colony, every building, every institution needs a group to protect the local animals and to teach the laws to local policemen and the local authorities.

First I would suggest that you join an existing group. But if there isn't one, make your own. If there are just two of you in a building, institutionalize yourselves by giving a grand name to your group XYZ Building Animal Protection Group. The moment it is made, you will find more people joining it.

Then learn the laws. You will find them on my site [www.peopleforanimalsindia.org](http://www.peopleforanimalsindia.org) and I would also like you to read all my articles on it as they will give you an understanding of the animal issues. You can also look at the site of the Animal Welfare Board of India to learn the laws [www.awbi.org](http://www.awbi.org).

The next thing is to apply for the Colony Caretaker card from the AWBI site. This will empower you to look after animals in your area.

Now let's get on to the really helpful stuff you need to do. These are the things that really make a difference.

Knowledge is half the battle won. Schedule a speaker from a shelter to talk to your clubs, school, college,



**A single woman of absolutely no power in Uttarakhand has done more than that and, having engaged the best lawyers in Uttarakhand has stopped animal sacrifice in the entire state, got the dog breeders to stop, has had SPCAs made and now is building her own shelter. If she can do it, you can.**

neighbourhood group, religious gathering. If you work in a company, let the speaker come to your company employees. Basically a gathering of 20-30 people is a good place to start. People don't know much and until they get to know why an animal is important and how to deal with the local animals, you will never get to win

your local battles. Place donation boxes of an animal group wherever you do business (or pleasure), such as your office, grocery store, dry cleaners, restaurant, gym. Even if you do not make much money, the cause is highlighted and becomes important. Volunteer to feed, bathe and walk

club donates to charities, add animal welfare organizations to their list. Find out if your local shelter could use any of the services or products your company produces and then provide them. You will be surprised at the things a shelter needs. Even paper and pens would help a lot, good working second-hand computers, old fans, cupboards, tables and chairs, kitchen equipment, light bulbs... there are hundreds of items.

One of the mistakes made by the animal welfare lobby is that we do not tap into our representatives. You need to know who your corporator is, your MLA, your MP and your local state minister. You need to meet them and ask them for help. You need to make friends with the local police station head and the DCP and possibly the commissioner. You need to know at least two local media reporters. Without this backup, you will be paralysed in an emergency. Animal welfare is not only about looking after local cats and dogs. It is about: slaughterhouse reform and stopping animal smuggling, catching poachers and stopping shops that sell birds and illegal animals, stopping dissection in educational areas which do not need to do it, stopping the display of cruelty in films and TV, getting SPCAs set up and the local Government vet to come to work, stopping animal sacrifice in temples, removing pesticides, starting sterilization of dogs in your area. For all these things, one MP and MLA can be of tremendous help. But if you do not ask them they will never consider it on their own. You need to make your municipality animal sensitive, and if you do not meet your municipal commissioner regularly you will never do so. One lone poor woman in Nagpur who supports herself as a teacher has managed to get the municipality to put land and money for a shelter, get an ambulance, start the forest department working, stopped the illegal bird markets. Every MP, MLA and corporator knows her. The media writes about her all the time. When I went to Nagpur she got the local education officer to get 600 teachers to come and listen. If she can do it, anyone can. A single woman of absolutely no power in Uttarakhand has done more than that and, having engaged the best lawyers in Uttarakhand has stopped animal sacrifice in the entire state, got the dog breeders to stop, has had SPCAs made and now is building her own shelter. If she can do it, you can.

Start with these simple tips. Each one who is sensitive to animals remember this: compassion without action is of no use. One action has very far reaching consequences. So start any of these today.

Think of and coordinate small fundraising projects, like bake sales, tables at melas, T Shirt sales. Give yourself a target of how much you will earn per month. Get the dogs in your colony sterilized. This includes the owned dogs as well. Feed all the animals in your area and explain to disgruntled neighbours that if you do not feed them, they will get aggressive and that the law mandates that you feed them. Put collars on them. Do not throw food around, especially not meat. If your company, school, college,

## CIPHER DECIPHER

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Hi Friends! We are back with your favourite column for the week. Please have a look at OUR MESSAGE before you send in your message to us.

- To all from Sameer Pandita: " If you haven't any charity in your heart; you have the worst kind of heart trouble".
- From Rachyeta Dhar to all: " Though no-one can go back and make a brand. Now start, anyone can start from now, and make a brand new entry".
- To all from Aniket Gupta: " Life is journey that is not meant to be made safely".
- From Payal Aggarwal to all: " A lamb cannot light another lamp unless it continues to burn. A teacher can't teach students unless he continues to learn".
- To all from Devender Kumar: " Man is rich or poor according to the degree in which he can afford to enjoy the necessities, the conveniences and the amusements of human life".
- From Lokesh K Dhar to all: " Don't lose hope. You never know what tomorrow will bring".
- To all from Shiv Nandan: " If you want others to respect you then should enable yourself to be respected".
- From Himkiran Kaur to all: " The hopeful man sees success where others see failure; Sun shines where others see shadows and storms. Never lose your hope".
- To all from Sohail Gulzar: " Remember that happiness is a way of travel, not a destination".
- From Radhika Mehra to all: " God's mill friends slow, but sure".
- To all from Param Dev Singh: " Reach high, for stars lie hidden in you. Dream deep, for every dream precedes the goal".
- From Balbir Kumar to all: " The harder the circumstances, the more trying the environment, the stronger are those who came out of those circumstances".
- To all from Pariksha Raj Sharma: " Do not lower your goals to the level of your abilities instead, raise your abilities to height of your goals"

## BEST MESSAGE

The award of rupees 200 for this week's best message has gone to SANJAY DHAR R/o LANE NO: 1, H-NO-3, UPPER LAXMI NAGAR, SARWAL, JAMMU-180005 for the message " A concentrated and controlled mind is a man's best friend".  
Congrats. The prize money would be sent to you through money order

Cut it Here

### CIPHER—DECIPHER MESSAGE CHIT

Name.....

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Message.....

### OUR MESSAGE

- Please do mention pin code number of areas while sending your message to EXCELSIOR.
- Your message must reach us by Friday evening.
- To send your message, use CIPHER-DECIPHER message chit.
- Your entries should be brief and original. We use those messages devoid of hurting the sentiments of the people.
- Out of the messages we receive, one of the message is selected for the award.

HARESH SINGH

## SPORTS SPHERE

Born on August 15, 1989 in Rewa, Madhya Pradesh, Ishwar Chand Pandey is an Indian first-class cricketer who plays for Madhya Pradesh in domestic cricket.

He is a right-arm medium-fast bowler who was the leading wicket-taker of the 2012-13 Ranji Trophy. He is a right-arm medium fast bowler and a right-handed lower-order batsman. He plays for Madhya Pradesh in Domestic Circuit and represented Pune Warriors in IPL Season-6.

Pandey has played 19 First-Class matches and has taken 86 wickets with an average of 24.76 by bowling 4367 balls. Ishwar has played 14 List-A matches and has taken 17 wickets in 736 balls, with an average of 31.64, while in 4 T20 matches, he has taken 4 wickets, with 27.50 as his average.

Batting lower down in order, Pandey has scored 208 runs in 19 First-Class matches.

He has the distinction of having six 5-wicket hauls in an innings and one 10-wicket haul in a match. His best bowling figures in First-Class matches has been 6/31, in List-A matches 4/44 and in T20 matches, it has been 2/26.

Recently, Ishwar Pandey toured South Africa with India-A team and was a stand-out performer there. He took good number of wickets in all the matches, he played and received praise from the team coach, Lal Chand Rajput, who pinned him as the future hope of Indian fast bowling. His splendid show with the ball against South Africa-A team, may force the National selectors to pick him for India's tour to South Africa in December, 2013.



Identify the Player:

Write a brief description about him in 250 words.

### QUESTIONS OF THIS WEEK:

- Name India-A player who missed double century against New Zealand-A in the ongoing series in India?
- For which team Vijay Zol played in Indian Premier League Season-6?
- When 2-Test and 5 One-Day Series between India and West India will begin in India?
- Who bagged double gold in Under-19 boys Breast Stroke in the Inter-Division Swimming Competition, organized by DVSS at KC School recently?
- Who is Roger Federer?

### ANSWERS OF THE LAST WEEK:

- 121 runs 2. Mumbai Indians 3. Vijay Zol 4. Ronjan Sodhi 5. former Indian cricketer and coach.

The best entry of this week was received from Tushar Mahajan, H No-55, Lower Laxmi Nagar, Sarwal, Jammu, The other entries of the week were from Piyush Bhat of Qrt No-21, Block-G, Buda Nagar, Jammu, Paras Sharma, Pucca Danga, Jammu, Sanjay Dhar from Lane No 1, H No 3, Upper Laxmi Nagar, Jammu, Rajeev Kumar, Talab Tilloo, Jammu, Ramesh Singh of Samba and Rahul Choudhary of Sari Rakwal, Ghou Manasan Road, Jammu.

Dear Contestants, please send your reply within five days to:-  
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— RAJESH DHAR

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## Artificial Lake in Jammu

Reservoirs' often result in sinking of the land and structures located nearby the impoundment area. Causing damages to the poorly constructed structures of the establishments situated on both the banks of the catchment area around the Tawi River due to gradual seepages of water resulting into wet conditions are quite apprehensive. However, the likely effect caused due to standing waters in the area of operation may not be immediate. Evidences of land losses and sinking have now been witnessed, in Sabar village of District Kathua situated in the vicinity of Ravi River impoundment nearly after 30 years of construction of Ranjeet Sagar Dam. In the instant case the grave yards and the local structure on unconsolidated formations in low lying areas located on the right bank and some Temples, Mosques and nearby establishments of New University Campus situated on the left bank of the Tawi river are required to be identified falling in the impoundment area near Prem Nagar, Gujjar Nagar as precautionary measures which may be at risk from the expected increased groundwater levels. At certain point of time wetting and moist conditions in the areas situated on both the banks upstream of Tawi River Barrage may occur. The conventional methods need to be explored so as to arrest the movement of groundwater and overcome the state of over saturation of sub-surface water. Installation of good number of hand pumps on the identified feasible sites may work to some extent.

Contrary to the situation of rising groundwater level in the vicinity of the reservoir upstream the groundwater level in the areas located downstream of the Tawi River Barrage of the lake may be lowered affecting the localities that used to get benefit from runoff. Also, once the river water is held in the reservoir over a period of time, most of the sediment will be trapped at bottom of the reservoir resulting into the release of clear water from the dam without sediment which will eventually erode material on the river bed and the banks thus leaving

diminishing scope of mining and extraction of sand and gravels which forms the important construction industry necessary for the development of Jammu region. Over the time, downstream river will tend to become narrower and deeper, which will also reduce animal and plant life that it can support. However, no immediate threat to the land and life of the region will be noticeable. But, necessarily, the downstream areas need delivery of sediment load artificially from time to time to cover up the losses when occurred due to trapping of the sediments upstream in the reservoir. Large reservoirs can also trigger earthquakes due to the weight of the impounding water in the reservoir or increased groundwater pore pressure. Thus, great care must be taken in designing the barrage/dam to ensure its safety and excavation and filling in order to maintain ecological balance.

Water quality degradation in manmade lakes increases overtime. Such lakes gradually accumulate pollutants and sediments and can be grossly polluted if not properly designed and maintained. The standing water of the lake for prolonged period may provide excellent habitat for water borne parasite especially the mosquitoes responsible for spreading of malaria in the densely populated locations on both the banks of the Tawi. Thus provision should also be made for routine weed control and dredging to remove accumulated sediments and pollutants from the lake as mitigation measures. Presumably, all the negative impacts of the project would have been covered along with the feasible solutions in the pre-feasibility and feasibility studies.

Nevertheless, the project work on Artificial Lake needs to be accomplished for the envisaged purpose to be served at all the reasonable costs while managing all the important Environmental and Ecological concerns of the Jammu city and must be concluded with its successful operation for the aspirations of Jammuites.

(The author is working as Geologist Grade-I in Geology and Mining Department, Jammu)

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