An epidemic of addiction

Dr. Mohan Chauhan

"Not even God knew how much trouble we were going to have," said a worker of the White Star Line as the Titanic was being launched. "It was the same with the financiers of the city. They were so anxious to get the Titanic ready that they pushed it in the water. In the same spirit of panic, they called the police for help. But the police were too late. The Titanic had already sunk."

Addiction is a medical condition and not a moral failing. It is a disease of compulsion that has been researched scientifically. There are various approaches to treating addiction, but the most effective is a combination of medication and therapy. So, let's not blame the city for the Titanic's sinking, but the financiers who pushed it into the water.

The common drug addiction is to alcohol, followed by tobacco and then to cocaine, heroin, and other drugs. The treatment includes psychological and external social support, and medication.

INTERNATIONAL DAY AGAINST DRUG ABUSE

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