



सत्यमेव जयते

Ministry of Health & Family Welfare, Govt. of India



Shri A.H.Khan Choudhury
Minister of State for Health & FW



Shri Ghulam Nabi Azad
Minister of Health & FW



Smt. Sonia Gandhi
Chairperson, NAC



Dr. Manmohan Singh
Prime Minister



Shri K. Siddaramaiah
Hon'ble Chief Minister, Karnataka



Smt. Santosh Chowdhury
Minister of State for Health & FW

Today, over 13 crore adolescents have a big reason to smile



Shri Ghulam Nabi Azad

Hon'ble Union Minister
of Health and Family Welfare

Launches

The National Weekly Iron & Folic Acid Supplementation (WIFS)

Programme for Adolescents

On 17th July 2013
at Bengaluru, Karnataka

In the gracious presence of

Shri K. Siddaramaiah

Hon'ble Chief Minister, Karnataka

The National Weekly Iron and Folic Acid Supplementation (WIFS) Programme is a unique initiative to protect the adolescent population in the age group of 10 to 19 years from Iron deficiency anaemia.

13 crore adolescents across the country would benefit from this programme.

Impact of Anaemia

- Iron Deficiency Anaemia is the most widespread nutritional deficiency disorder in the country today
- Nearly 58% pregnant women, 50% women in reproductive age, 56% adolescent girls, 30% adolescent boys and 70% children under five years of age are anaemic
- Anaemia results in poor physical growth, reduced school performance & diminished concentration

Key features of WIFS

- Coverage of 13 crore adolescent girls and boys
- Free distribution of IFA tablets at Govt. & aided schools and Anganwadi centres
- Supervised intake of IFA tablets on a fixed day every week
- Screening of adolescents for anaemia & referral to health facility
- Biannual de-worming
- Information and counselling on balanced diet and Iron rich food
- Nutrition and health education sessions in Schools



Free tablets available
at Govt. & aided schools and Anganwadi centres

