

2-day District Level Science Exhibition concludes

Excelsior Sports Correspondent

JAMMU, Aug 31: Two days 3rd District Level Science Exhibition 2013, under Innovation in Science pursuit for Inspire Research (INSPIRE) Award Scheme of Ministry of Science and Technology, Govt of India, organized by DIET Jammu, concluded at Government Girls Higher Secondary School, Shastri Nagar, here.

A total of 88 models of District Jammu and 39 of

dictory function, who was highly impressed by the hard work put in by the students in the Exhibition and lauded their scientific skills and talent on the occasion.

5 students in each District have been selected on merit for participating in the forthcoming State Level Exhibition.

Arif Iqbal Malik, Principal DIET Jammu presented welcome address and threw light on the benefits of the Scheme. Colourful culture



Students holding trophies while posing for a photograph during Science Exhibition.

District Samba were displayed in the Exhibition by the students of different institutions of both the Districts who have received Inspire Award warrant of Rs 5000 each for the year 2013.

HR Pakhroo, Joint Director (Trgs)/Principal SIE Jammu was the chief guest on the valedictory function.

Programme was also displayed by the students of GHSS Shastri Nagar, GHSS Nowabad and GHSS Canal Road on the occasion.

Kulbir Singh HoD presented vote of thanks and Tarsem Singh, Sr.Lecturer conducted the proceedings of the programme.



Winners of painting competition posing along with dignitaries and organizers on Saturday.

i-Learn organizes painting competition

Excelsior Sports Correspondent

JAMMU, Aug 31: i-Learn, a first of its kind premier institute which specializes in learning of French language besides written and spoken English organized a painting competition in KC Gurukul School, here today.

Event saw the active participation of students who were quite keen to showcase their painting skills.

Speaking on the occasion Principal Dr BR Dogra lauded the management of i-Learn institute for providing a wonderful platform to the budding talent of the institution. O N Khajuria, Ex General Manager of J&K Bank and Director of i-Learn assured that painting competition was only the beginning of bigger things to come and i-Learn

would continue to strive hard to contribute significantly to make growth pillars of the society even more strong.

It is pertinent to mention here that i-learn imparts quality French and English education and is at suitable location in Gandhinagar.

Highlight of the event was Italian song sung by Shita Khanna of KC Gurukul.

Among others present on the occasion were chairman KC Gurukul, Arvind Mahajan, Headmistress Mamta Singh, Arun Sharma, Senior faculty of i-Learn Rama Bargartha, Sonam Bhasin and CA Tripti Mittal.

Winners of the Drawing competition were felicitated on the occasion and event concluded with presentation of vote of thanks.

Gandhi Memorial College enters finals

Excelsior Sports Correspondent

JAMMU, Aug 31: In the ongoing 8th Prof Yousof Memorial Cricket Cup being played at Islamia College of Science and Commerce Srinagar, Gandhi Memorial College defeated Post Graduates Kashmir University by 2 wickets.

Earlier, put into bat, Post Graduates K U scored 135 runs in the allotted 25 overs. Adil and Fayaz contributed 48 and 22 runs to the total.

For Gandhi Memorial College, Abid Nabi captured 3 wickets, while Zubair, Umer and Faizan claimed 2 wickets each.

Chasing a modest total of 136 runs, Gandhi Memorial College achieved the target in 21.3 overs by losing 8 wickets, thus won the match by 2 wickets. Jasbeer and Abid Nabi were

the main contributors with 41 and 35 runs respectively. For Post Graduates K U, Adil, Wahid and Mudassar claimed 2 wickets each, while Mudasar and Rinku claimed 1 wicket each.

With this win, Gandhi College sealed berth in the finals of the tournament which will be held on September 5, 2013, while Islamia College of Science and Commerce will take on Government Degree College Shopian in another semifinals tomorrow.

The Tournament is being organised by the Department of Physical Education, Islamia College of Science and Commerce, Srinagar in the memory of Ex-Principal of the College, Prof Mohammad Yousof, who had contributed immensely in the development of College infrastructure.



President Pranab Mukherjee posing for a group photograph with the recipients of the National Sports and Adventure Awards-2013 at Rashtrapati Bhavan in New Delhi on Saturday. (UNI)

Sodhi conferred Khel Ratna; Arjuna awards for 14

NEW DELHI, Aug 31:

Robbed of some sheen due to selection controversies this year, the National Sports Awards were presented today to the country's top athletes and coaches with shooter Ronjan Sodhi getting the Rajiv Gandhi Khel Ratna -- the country's highest sporting honour -- while cricketer Virat Kohli was among the Arjuna awardees.

A loud applause greeted the ace shooter as he received the Khel Ratna award from President Pranab Mukherjee in the presence of a host of Ministers, dignitaries and sports celebrities.

But there was some drama just hours before the awards when long-jumper Renjith Maheshwary's Arjuna award was held back after reports emerged of him being a dope-tainted athlete.

Sodhi became the seventh shooter to be honoured with the prestigious award. Interestingly, it is for the third consecutive year that the Khel Ratna award has gone to a shooter.

"It's a huge honour for me. It will motivate me to do better, spur me to win more laurels for the country. A medal in Olympics is the greatest achievement for a sportsman and that is the only thing I want to win next," Sodhi told reporters.

"I am off to Italy to train for 12 days and then head to Peru for the World Championships. Rio is my target and I am very optimistic

about qualifying for the Olympics and winning a medal there."

Sodhi, who had a disastrous outing at the London Olympics last year, is a former world number one. He was a double trap gold-medallist at last year's Asian Games, besides being a silver-medallist at the Commonwealth Games.

Sodhi, who was the first Indian to win two back-to-back World Cup gold medals, collected the top honour which comprises a medal, citation and a cash prize of Rs 7.5 lakh each.

Another star attraction at the ceremony was cricketer Kohli, who was given a thunderous applause while receiving the Arjuna award.

However, rising badminton player P V Sindhu, who became the first Indian woman shuttler to clinch a bronze medal at the World Championships, could not be present at the function personally to take the award.

Besides Sindhu, this year's Arjuna awardees list featured a number of female sportspersons. World Championship bronze medalist Kavita Chahal, veteran squash player Joshna Chinappa, former hockey captain Saba Anjum, paddler Mouma Das, wrestler Neha Rathi and shooter Rajkumari Rathore and archer Cherkrolov Swuro, who was part of the silver medal-winning team in the 2011 World Cup.(PTI)

Students return from Educational Tour

Excelsior Sports Correspondent

JAMMU, Aug 31: 23 students and 2 teachers of Khari Bowl in Ramban district returned after an Educational Tour to various places in Delhi, Sonipat and Rohtak.

A warm reception was organized by 11 Sector Rashtriya Rifles at Chanderkot during which they shared their experience and glimpses of memorable events with the Commander.

Army organised an Educational Tour 'Sair-e-Watan' under Operation Sadbhavana from August 18 to August, 31, 2013.

Commander, 11 Sector Rashtriya Rifles flagged in the Tour members in a simple function. During his interaction with the students he highlighted the importance of such visits for the self-development of students and the community by being witness to the progress our country is making in different spheres and enrich their knowledge. The students during the tour underwent sports coaching in various sports disciplines,

besides visiting many famous places of the country.

The students interacted with Vice Chief of Army Staff Lt Gen SK Singh, PVS, UYSM, AVSM, ADC at Delhi and expressed their profound gratitude to the Army for conducting such a memorable and educative tour.

GDC Paloura celebrates Sadbhavana Diwas

Excelsior Sports Correspondent

JAMMU, Aug 31: Government Degree College, Paloura, today celebrated Sadbhavana Diwas to observe Communal Harmony Fortnight by organizing a function in the school premises.

Principal of the College, Prof (Dr) Savitri Sharma along with other staff members were present on the occasion.

Prof Jugal Kishore Sharma spoke on the occasion. The event was organized by NSS unit of the College under the supervision of Prof Surinder Singh Parihar, NSS programme Officer.



Bhanu Partap Singh of Class XIth of KC Gurukul School, Jakhur, Udhampur, who sparkled in the 18th Junior Kick Boxing Championship held at Kolkata recently. Also seen in the picture are School Management and Satvir of Class IXth, who also participated in the Championship.



Students of Banyan International School excelled in Inter-School competitions organized by the Department of Youth Services and Sports. Eight students namely Salinder, Sidhant, Rishabh, Sachin, Pavnnet performed brilliantly in Throw Ball Competition, while Aryan and Gourav shone in gymnastics. Harsh Yadav, Christina and Ishita excelled in swimming, while Sidhant, Amritpal and Rahul Chetri have blossomed in basketball and skating.

Brilliant Jatin, tricky Shamsher take JKP XI to Friendship Cup T20 finals

Excelsior Sports Correspondent

JAMMU, Aug 31: Brilliant batting display by swashbuckling Jatin Wadhavan and superb bowling performance by tricky left-arm spinner Shamsher Singh Manhas helped JKP XI to storm into the finals of the ongoing Friendship T20 Cup for peace, organized by Young Star Cricket Club at Jammu University Grounds, here today.

Earlier, in the quarterfinals, murderous 64 runs by Jatin helped JKP XI to thrash formidable Gujarat Club by 5 wickets, while in the semifinals, 5-wicket haul by Shamsher and good contributions from Rajesh Gill (37) and Jatin (41) helped JKP XI to drub strong side of Tamil Nadu Cricket Club easily by 9 wickets.

Batting first, Tamil Nadu Club scored 112 runs in 19.5 overs. Raj (26) and Praveen (19) were the main contributors. For JKP XI, Shamsher Singh was the wrecker-in-chief, who bagged 5 important wickets, while Amandeep Singh claimed 3 wickets.

In reply, JKP XI chased the target easily in 14.5 overs by losing one wicket, thus won the match by 9 wickets. Jatin and Rajesh Gill were the main contributors with 41 and 37 runs respectively.

In another match played earlier, Rajput Cricket Club Jammu defeated Udhaybhan Cricket Academy Delhi by a big margin of 59 runs in a one-sided affair.

JKCA holding U-14 boys coaching camp from tomorrow

Excelsior Sports Correspondent

JAMMU, Aug 31: The Jammu wing of Jammu and Kashmir Cricket Association (JKCA) is organizing Under-14 boys cricket coaching camp from September 2, 2013 at GGM Science College Hostel Ground, here.

According to a handout issued by the joint secretary of Jammu wing, Hardev Singh Jamwal, the players interested to take part in the camp will have to report to Harsh Nayyar on the aforementioned date at 3:30 pm.

The players born on or after September 1, 1997 are eligible to take part in the trials.



Judo coaches and national judokas posing for a photograph while honouring Vikas Gupta in Jammu.

Vikas Gupta honoured

Excelsior Sports Correspondent

JAMMU, Aug 31: For his thumping victory over his rivals by a big margin of votes in the recently held elections for the post of joint secretary Judo Federation of India, Vikas Gupta, general secretary Jammu and Kashmir Judo Association was felicitated in a function organized by senior judokas at MA Stadium, here.

A big gathering of sportspersons was present during the function, who garlanded Vikas for his prestigious election as joint secretary of Judo

Federation of India.

Prominent among others were RC Thakur, Varinder Dogra, Suraj Sharma, Bhanu Partap, Shiv Kumar, Rohit Gupta, Shashi Balgorta, Shweta Thakur, Vishal Singh and Sheetal Sharma.

Judo coaches Suraj Bhan Singh, Arshi Nad, Vikas Dogra, Ritika Salathia, Jugal Kishore and Rameshwar Singh were also present on the occasion, while the coaches of other disciplines present on the occasion Satpal Sharma, SP Singh, Manisha Gupta, Anil Wadhwa and Gursharan Singh.

GHS Chenani wins Science Exhibition

Excelsior Sports Correspondent

UDHAMPUR, Aug 31: The Government Girls High School Chenani was adjudged as best in Two-day District Level Science Exhibition contest organized by DIET, in the premises of Govt HSS Boys Udhampur on Saturday.

Second prize was bagged by Government Higher Secondary School Krimachi, while as third prizes went in favour of Government Higher Secondary School Garhi and Higher Secondary School Girls, Udhampur respectively.

Government High School, Padharka, Middle School Jakhanoo, Middle School Shakti Nagar, and Middle School Nakki clinched consolation prizes in the contest.

Joint Director, School Education, Jammu, Mr. S.K Gandotra, was the chief guest at the valedictory function, while Chief Education Officer, Udhampur, Balbir Singh was the guest of honour.

The Joint Director School congratulated the Principal and faculty of DIET, for conducting a successful Science Exhibition aimed at to induce scientific temperament among students. He also stressed upon the teaching community to encourage all the students to participate in such type of functions as these events could help to inculcate scientific values which are the need of the hour. Besides he impressed upon them to give moral education among the students for developing a healthy society.

Principal DIET, Vijay Luxami presented welcome address and also aware about the achievements of DIET. While HOD, Sunil Sharma conducted the proceedings of the programme. Among others, Ex-Joint Director, Sardar Paramjeet, faculty of DIET, Principals, Lecturers, retired academicians and student from various schools were present on the occasion.



Selected Tug-of-War teams posing with office bearers of Association.

Tug-of-War teams selected

Excelsior Sports Correspondent

JAMMU, Aug 31: The Jammu and Kashmir Tug-of-War Association under the presidency of Hardeep Singh Anand has selected teams to represent the State in the 15th Sub Junior and 26th Junior National Tug-of-War Championships to be held from September 5 to September 7, 2013 at Zila Krida Sankul Stadium, Washim in Maharashtra.

A 3-day coaching camp was organized at Unique Public Higher Secondary School, Gadigarh, Jammu in which around 37 students took part, out of which 18 were selected for the said Championships.

Hardeep Singh, Ravinder Singh, Kuldeep Kumar Gupta, Jodh Singh Ishar and Ajay Peshin were present during the selection.

The teams: Sub Junior; Paramlob Singh, Amitjot, Abhuanandan, Sonrab Puri, Dushyant, Malkit Singh, Navjot, Rabjot and Adhar Gupta, while Gaurav is accompanying the team as coach.

Junior Team: Amanjot, Jaspreet, Darpreet, Vijay, Akhilesh, Sachin, Younis, Mukarran and Umar Umarjan, while Ajay Kumar is accompanying as coach and Gaurav Dubey as manager.

Kits sponsored by Hotel Asia were distributed among the players prior to their departure.



Students of KC Public School performing activity during Story Bonanza on Saturday.

Story Bonanza at KC Public School

Excelsior Sports Correspondent

JAMMU, Aug 31: Class 1st and Class 2nd students of KC Public School Jammu presented stories based on life skills during a unique programme in School premises, here today.

The stories were based on the themes of lifelong guidelines such as trustworthiness, integrity, cooperation, perseverance, respectfulness, resourcefulness and initiative.

All the sections worked hard to bring out the theme of the story very well.

The main idea of the stories was also rendered beautifully with a concluding song which further strengthened the importance of life skills.

Talking about the life skills, the Headmistress Sofia Rana summed up the programme by advising the students as to every day of life is a lesson.

Football: Hamdan FC, Al-Noor FC register wins

***Silver Star, Al-Bilal trounce rivals**

Excelsior Sports Correspondent

SRINAGAR, Aug 31: Hamdan Football Club (FC) and Al-Noor FC registered resounding wins over their rivals in the ongoing J&K State Power Development Corporation Annual League Football Tournament, being organized by Jammu and Kashmir Football Association, DFA Srinagar.

In the first match, Hamdan FC defeated SP College by two goals to nil (2-0). Umer pelted the first goal in 40th minute of the match, while Tahir doubled the lead in the 44th minute and the team maintained the same up to the end of the match.

In another match, Al-Noor FC drubbed New Young Iqbal FC by two goals to nil (2-0). Sajid scored first goal for Al-Noor in 14th minute to give his side an early lead, while Sameen netted another goal in the 58th minute to help Al-Noor win by (2-0).

Silver Star, Lasjan and Al-Bilal trounced Towheed Bagh FC and Solina-B in other competitions played today. Silver Star defeated rivals by four goals to one (4-1), with Faheem netting 2 goals and Aadi and Muneer one goal each, while Al-Bilal outplayed Solina-B by a solitary goal and the goal scorer was Junaid.

Meanwhile, Jammu and Kashmir Football Association (JKFA) is holding 2-day selection trials at Parade Ground on September 2 and September 3, 2013 in Jammu, while in Srinagar the Association will be holding 3-day trials at Polo Ground from September 5 to September 7, 2013 to select the players for the forthcoming Junior National Football Championship to be held in Bokharo in Jharkhand.

The preparatory coaching camp will be held in Srinagar from September 8, 2013.

The cut off date for players is on or after 1-1-1997.



Medal winners posing along with officials during felicitation ceremony in Jammu on Saturday.

J&K excels in Senior National Powerlifting C'ship

Excelsior Sports Correspondent

JAMMU, Aug 31: J&K Sports Powerlifting Association team brought laurels to the State by winning one gold and one silver medal in the Senior National Powerlifting (Equipped and Unequipped) Championship held at Mangalore in Karnataka, recently.

Ashraf bagged gold and Deepak Sharma claimed silver, while other participants included Arun Dev Singh, Satyama Gupta, Vikramjeet Singh, Happy, Sunny, Sahil Salathia, Nijay and Parminder.

The team was felicitated by the managing committee of the Association including Rajan Jain, general secretary, Anil Saini, Narinder Singh, Ajay Sharma and Irfan Qadri.

ब्रह्मलीन परम पुज्या मां के जन्मदिवस एवं श्रद्धेया मां दर्शी जी के समर्पण दिवस के उपलक्ष्य में।
संत शिरोमणी स्वामी सत्यानन्द जी महाराज के पुण्य प्रताप से एवं तपस्विनी 'मां शुक्रुत्तला देवी जी' के मांगलिक आशीर्वाद से तथा परम श्रद्धेया 'मां' दर्शी जी (श्री राम शरणम् पानीपत) की असीम कृपा से
विशेष अमृतवाणी एवं संकीर्तन
स्थान:- राम शरणम् आश्रम, त्रिकुटा नगर, (गार्डन एस्टेट के पीछे)
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2433983, 9419185292, 9419125523, 9419196808