



Dignitaries during National Nutrition Week programme at GMC, Jammu on Saturday.

PAC PK terms Apex Committee meet as eye wash

Excelsior Correspondent

National Nutrition Week programme organised at GMC

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JAMMU, Sept 7: Department of Medicine, Dietetic and Therapeutic unit in collaboration with Indian Dietetic Association (IDA) J&K chapter organised "National Nutrition Week" programme at Government Medical College (GMC).

The programme started with a workshop on display of Therapeutic Diet competition by the interns which was asserted by a panel of expert Doctors and Nutritionists.

The main theme of the display was nutrition for women and children, diet for pregnant women, lactating mother, packed nutrition lunch for school going children and some Therapeutic diet for Cardio Vascular disease and for diabetic patients.

Prof Shashi Gupta, Principal and Dean of Medical College, inaugurated the workshop and discussed various Nutritional constants of the Diets.

Prof JP Singh, HoD, Medicine and Prof Amit Mahajan encouraged the students to conduct such activities in future also.

Ruchi Chouhan Khan, social activist and educationist MD Amazon Institute of Hotel Management and Applied Nutrition along with Dr SK Kholi, retd HoD SOURA (SKIMS) Kashmir also visited the workshop.

Ruchi Chouhan Khan addressed the students and elaborated the significance and requirement of balanced diet.

The programme is extended to the next week and on September 11 and 12 guest lectures and paper presentation by the students are scheduled.

Dr Gurmeet will spoke about role of Diet in Rheumatological diseases and Dr Sandeep Kour, consultant Department of Radio Therapy and oncology will spoke about the safe food and nutrition diets-a key to holistic health.

Earlier, Dr Vansanta Kholi, consultant D&T presented the welcome address and emphasised the need of nutritional care of mother and child, while Neeraj Jamwal, treasurer, IDA presented vote of thanks.

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JAMMU, Sept 7: Political Affairs Committee of Panun Kashmir (PK) met here today and discussed the emerging political situation. The meeting was held under the chairmanship of Prof. M.L.Raina, Chairman, PAC. It was among others attended by Ashwani Kumar Churungoo, President-P K, Virender Raina, National spokesperson, PK, Upinder Kaul, its general secretary, Kamal Bagati, organising secretary, Vijay Qazi, Virender Kaul, N.M.Gadroo and Sameer Bhat. Ashwani Kumar Churungoo gave a brief of his visit to Kishtwar which was hit by communal carnage last month.

He said that the recent meeting of the so called Apex Committee on 'migrants' seems to be a complete comedy of errors. With majority of the members who matter having dissociated from the large amalgam, the committee appears to have lost its weight. The reiteration of the issue of enhancing the financial aid to construct buildings worth Rs.7.5 Lakhs to Rs.20 lakhs was the main point said by the Chief Minister.

It may be recalled that similar assurances were given in the previous meetings of the Apex Committee but nothing came out of it.

Mr Churungoo said in the matter of special employment package, a similar parody

seems to have been repeated. Nobody seems to be sure as to who has to decide in these matters and finally take a decision. It may be recalled that this package had been rejected ab initio by P K as an eye wash meant only to hoodwink the displaced community. Government's admittance in the Parliament that not a single Kashmir Pandit family has returned to Kashmir to avail this package shows the infirmity of the whole exercise, he added.

He said P K has always maintained that unless the draconian conditions attached to the employment package are removed it is tantamount to exploiting the economic vulnerabilities and miseries of the community youth. The fact of the matter is that the 'Apex committee' in the present form has lost its relevance.

Prof. M.L.Raina disclosed that Mr Churungoo would be participating in a demonstration rally at JK House in Delhi this Sunday to protest against the recent happenings in Kishtwar.

Virender Raina said that the Government instead of strengthening the nationalist constituency in Kashmir is eager to engage with the state sponsors of terror. The Government has ignored a complete series of terrorist acts against the nation and the recent beheadings and killing of 5 Indian soldiers on the border by the Pakistan Army.

Lawmakers convicted in criminal cases with imprisonment of two years or more now face the prospect of immediate disqualification as Parliament failed to pass a law to negate a Supreme Court verdict in this regard.

The Representation of the People (Second Amendment) Bill, 2013 is pending in the Rajya Sabha where Government, despite efforts, could not bring it up for consideration.

Leader of the Opposition in the Lok Sabha Sushma Swaraj today said since there were divergent views on the bill, BJP insisted that it be referred to the Parliamentary Standing Committee on Law.

The Bill, which adds a proviso to sub section (4) of section 8 of the RP Act, states that a convicted MP or MLA won't be disqualified if an appeal is filed within 90 days and the court stays the conviction and the sentence.

But it makes it clear "that the MP/MLA shall neither be entitled to vote nor draw salary and allowances".

In its July 10 verdict, the Supreme Court had struck down a provision in the electoral law that protects a convicted lawmaker from disqualification on the ground of pendency of appeal in higher courts.

The apex court also made it clear that MPs, MLAs and MLCs would stand disqualified on the date of conviction.

Government's review plea in the case has been rejected by the apex court.

However, another amendment to the Representation of the People Act which seeks to maintain the right of those in jail to contest polls was cleared by Parliament yesterday as there was unanimity among parties.

No relief for convicted lawmakers as RS fails to pass RP Bill

NEW DELHI, Sept 7:

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BARKHI

(9-9-2013)

IT TEARS COULD MAKE A STAIR'S WAY AND MEMORIES A LANE. I DID WALK RIGHT UP TO HEAVEN AND BRING YOU HOME AGAIN. BARKHI OF LATE TH. DEV RAJ SINGH WILL BE PERFORMED ON 9-9-2013 (MONDAY). DEEPLY REMEMBERED AND MISSED BY: PAYAL SINGH - DAUGHTER KRISHNUM SINGH - SON POOJA DEVI - WIFE



TH. DEV RAJ SINGH

POOJA DEVI 9419135675
ANIL 9419101002
KARAN 9797490490

CONDOLENCE

With profound grief and sorrow, we condole the death of our beloved Sh. Harnesh Sharma (Mehta) DySP Retired of Rajouri and pray to GOD for grant peace to the departed soul and also pray for grant to courage to bereaved family to bear the irreparable loss.

Deeply Missed and Remembered By: BHARAT BHUSHAN GUPTA (PRESIDENT) JAMMU POONCH BUS SERVICE



Sh Harnesh Sharma Mehta (DySP Retd.)

REMEMBRANCE

18TH DEATH ANNIVERSARY (9TH SEPTEMBER 1995)

You departed us on 9th September 1995. Your departure was so silent and peaceful your nobleness, your patience, your sobre behaviour and your gentle attitude will continue to inspire us all. REMEMBERED BY: Oral Care Dental Clinic & Implant Centre (Dr. Wasim S Bhat) Roop Nagar Enclave, Chowdhary Lane, Jammu Soyal Dental Care & Implant Centre near Roop Nagar Petrol Pump, Jammu Magazine: Medicos's Digest in the Modern Content ECC (Biology Concept Glasses) Contact No. 9797431626 Sec. A/2 H.No. 24-A Chinore (Bantalab, Jammu)



Mtr Sardar Begum

CONDOLENCE

A meeting of Working Committee of Dogra Sadar Sabha, J&K, Jammu was held at Dogra Hall under the Presidentship of Sh. Gulshan Singh Charak wherein all members of Sabha extended deepest condolence on the sad demise of Sh. Vikram Padha Son of Mrs. Nirmal Padha, Incharge Mahila Wing, Dogra Sadar Sabha.

A two minutes silence was observed for the departed soul with prayers to Almighty God to grant eternal peace to the departed soul, courage and fortitude to the bereaved to bear this irreparable loss.

WORKING COMMITTEE MEMBERS DOGRA SADAR SABHA, J&K, JAMMU



Sh. Vikram Padha (Vicky)

CONDOLENCE

We express our deep sorrow on the sad demise of Pt. Durga Dass Sharma S/o Late Shri Ram Saran Sharma, 2877 Julika Mohalla, Jammu on 06-09-2013.

We pray the Almighty God to bestow peace upon the departed soul and give courage to the bereaved family.

Smt. Nirmala Sharma - Wife Nirmal Printers 941919148, 9858802428



Pt. Durga Dass Sharma

SHRADHANJALI

Sanatan Dharm Sabha Sopore Kashmir condole the sad demise of Sh. Hirday Nath Mantoo (Gujrati) originally from Court Road Sopore P/A V47/21 DLF Phase-3 Gurgaon. A noble soul and dedicated member of Sanstha pray God to bless peace to the noble soul and also pray for grant courage to bereaved family to bear irreparable loss.

SANATAN DHARM SABHA SOPORE (JAMMU-DELHI UNIT)



SHRI HIRDEY NATH MANTOO (GUJRATI)

2ND DEATH ANNIVERSARY

Tears are the pain that rolls in the eyes. Memories are the treasure that never dies. Though you are not physically present but your presence is always felt in every moment of our lives. We pray to almighty to bestow eternal peace to your noble soul.

DEEPLY MISSED & REMEMBERED BY:- Reminder Kour - Wife Gagan Preet Singh - Son Babbar Preet Singh - Son



Devinder Singh Wazir (Agri. Deptt.)

CONDOLENCE

We deeply regret the sad demise of Smt. Pushpa Devi W/o Sh. Sanjeev Dubey (Hindustan Sales Corporation) on 4-9-2013. A Condolence meet was held to express our heartfelt condolences and pray for the eternal peace of great soul and strength to the family members to bear this irreparable loss.

GRIEF STRICKEN Staff & Management Shiv Om Enterprises, Roop Nagar, Jammu.



Smt. Pushpa Devi

CONDOLENCE

We express our heartfelt condolence on the sad demise of Sardarni Lachman Kour W/o Late S. Roop Singh R/o Mohalla Kamsar Wale Poonch. We pray to the God Almighty to impart eternal peace to the departed soul & give courage to the bereaved family to bear the irreparable loss.

FROM: Daughter & Son-in-law Sdr. Inder Kour & S. Kirtan Singh



Sardarni Lachman Kour

CONDOLENCE

With profound grief and sorrow we condole the demise of our beloved Smt. Beinji (Gunwanti Tickoo) mother of Mr. Sanjay Tickoo Managing Director of the Institution. We pray to almighty to grant peace to the noble soul.

Staff and Students of Minerva School of Learning Muthi Akalpur and Coventry Scholars



Beinji (Gunwanti Tickoo)

6TH DEATH ANNIVERSARY

On this fateful day you left for heavenly abode. We feel your eternal presence in our heart and shall always remain guided by your humanity, nobility and righteousness throughout our lives.

DEEPLY REMEMBERED BY: Father-in-law Bishan Dass Gupta (Rtd Master) Dr. Vinay Kumar (VAS AHD) - Husband Er. Damini Mahajan - Daughter Satvik - Son Ph. No.: 273663, 9419160029, 9018663505



Pawan Kumari (Ex-Master) 1967-2008

Condolence

Ardh Ratri Maharagneya Sewa Sanstha Bhawani Nagar Janipur held a meeting to condole the sad demise of Smt. Sham Rani Bhat (Katal) mother of Sh. Jai Krishan Bhat member and staunch devotee of Mata Maharagneya. Meeting prayed for eternal peace to the departed soul and courage to the family members to bear the irreparable loss.

Sd/- ARMSS Smt. Sham Rani Bhat (Katal) Janipur Jammu



J&K Christian Dalit Association elects new committees

Excelsior Correspondent

JAMMU, Sept 7: J&K Christian Dalit Association has elected the office bearers of new committees.

S. Peter was unanimously re-elected as chairman-cum-president of the central committee, whereas Madan Gill was elected as senior vice president, Warayam Massih Teji as vice-president, Hamid Mattoo as general secretary, Sham Lal Gill as secretary and Vinod Sotra as treasurer.

Beli Ram was elected as president for district Udhampur and Reasi, while William Paul as senior vice president, Bittu Massih as vice president and Rajinder Khonsar as secretary.

Rakesh Mattoo Sotra of Akhnora has been elected as president of Jammu Rural District Committee while Asif Teji, Vicky Gill and Mohammad Ashraf as members.

Vijay Massih was elected president of the youth wing, while Thomas Massih as vice president, Yunus Mattoo as secretary while Kewal Massih, Johnson, Vijay Massih and Kamal Bhati as members.

Meanwhile, DDC Doda Mubarak Singh alongwith ADC GN Balwan assured early redressal of their grievances.

Clerical Staff Association extends support to JCC's call

Excelsior Correspondent

JAMMU, Sept 7: Jammu, Kashmir and Ladakh All Departments Clerical Staff Association held a meeting under the chairmanship of its president Ravi Singh Bhau and extended support to the three days "Kaam Choro Hartal" given by Joint Consultative Committee (JCC) on September 9, 10 and 11.

While speaking, Bhau condemned the callous attitude of the Government to implement its agreement carried out between representatives of the association as well as with JCC leaders.

He said that by this way the Government is compelling clerical cadre as well as employees and workers' community to come on the road.

Among others present were Anil Mehta, chairman, Sukhbir Singh, general secretary, Ravi Kumar Sharma, senior vice president, Hamid Hussain, Yash Pal Sharma, Ravinder Singh, Jaideep Singh, Kuldeep Kotwal, etc.

Samba police rescues 4 bovines

Excelsior Correspondent

JAMMU, Sept 7: In its continuous drive against the illegal trafficking of bovine animals, a Police Party of Police Station Ghagwal headed by Inspector Chaman Gorka SHO P/S Ghagwal under the direct supervision of Israr Khan, Senior Superintendent of Police, Samba intercepted one Mahindra bearing registration No. JK02AB/2252 near Jatwal late last night.

The vehicle was found loaded with four bovine animals which were being transported illegally/brutally without permission from Kathua to Jammu. Accused person namely Mohd Sadiq S/o Dullah R/o Hari Chak, Hiranagar has been arrested. On this, Case FIR No. 77/2013 U/S 188 RPC, 2/3 Cruelty towards Animals Act and 184 M.V. Act has been registered at Police Station Ghagwal and investigation started.

4 bovines rescued, one held

Excelsior Correspondent

JAMMU, Sept 7: Police today rescued four bovine animals and arrested a smuggler from Patnitop area, falling under the jurisdiction of Batote Police Station.

A police spokesman said that, on specific inputs, police party from Patnitop Police Post led by SI Mohammad Irfan laid a naka and intercepted a Srinagar bound Tata mobile bearing registration JKO2AX-1386.

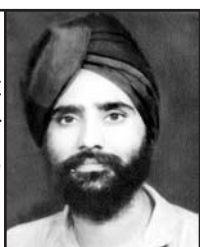
During checking, police recovered four bovine animals and arrested the driver of the vehicle, who has been identified as Mohammad Iqbal, son of Mohammad Sharif of Maitra, district Ramban.

A case under Section 188 RPC, 3 PCA Act has been registered at Batote Police Station and investigation started.

REMEMBRANCE

Years have passed since you left us for the heavenly abode but your memories shall never die. You are always in the core of our hearts.

DEEPLY REMEMBERED BY: All Family Members



Late S. Manohar Singh

CONDOLENCE

With grief & sorrow we express our heartfelt condolence on the sad demise of our Smt. Pushpa Devi W/o Late Sh. Dwarka Nath Dubey on 4th Sept 2013.

We pray to God to grant peace to the departed soul and courage to bereaved family to bear the irreparable loss.

FROM Verma Cement Store Near Devika Community Hall, Janipur (M) 9419190732, 9419664545



Smt. Pushpa Devi

MOURNING FROM IN LAWS SIDE

WITH PROFOUND GRIEF AND SORROW, WE INFORM THE SAD AND UNTIMELY DEMISE OF OUR BELOVED SH. SANTOSH KUMAR DHAR S/O LATE SH. HIRDEY NATH DHAR (ADVOCATE) R/O 3 KARAN NAGAR, JAMMU ON 6-9-2013. THE MOURNING IS OBSERVED AT 3 KARAN NAGAR, JAMMU. GRIEF STRICKEN SISTER-IN-LAW & BROTHER-IN-LAW SMT. RENUKA ZUTSHI & SH. KULDIP ZUTSHI SH. VIJAY KUMAR ZUTSHI. BROTHER-IN-LAW SISTER-IN-LAW & BROTHER-IN-LAW SMT. REVA ZUTSHI & SH. AVINASH ZUTSHI R/O 322, PREM NAGAR NEW PLOTS, JAMMU. SISTER-IN-LAW & BROTHER-IN-LAW SMT. SUSHMA BHAN & SH. CHAND KRISHAN BHAN R/O 63 BASANT NAGAR, JANIPUR, JAMMU. MOB: 94191-91076, 94199-62232



SH. SANTOSH KUMAR DHAR

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INDIRA AUDI-2: 1. DESI ROMANCE 09:45 AM, 2. ZANJEER 2:12 PM, 3. DESI ROMANCE 02:50 PM, 4. ZANJEER 05:30 PM, SATYA GRAHA 07:55 PM.
INDIRA AUDI-3: 1. SATYA GRAHA 09:45 AM, 2. HAANI 12:40 PM, 3. SATYA GRAHA 03:15 PM, 4. HAANI 06:10 PM, 5. DESI ROMANCE 08:45 PM
APSARA THEATRE: YAMILA PAGLA DEWAANA 2 - DAILY 4 SHOWS
HARI THEATRE : B A PASS - DAILY 4 SHOWS
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K C THEATRE AUDI-II: ZANJEER 09:45 AM, 12:40 PM, 03:40 PM, 6:40 PM, 9:15 PM
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