Clinical Mumbai Indian storm into IPL-10 final, to meet RPS

BENGALURU, May 19: Mumbai Indians breezed into the final of the IPL-10 with a seven-wicket win over RPS in the semi-final. The result means the team will face either Delhi Daredevils or Rising Pune Supergiants in the decider.

The match was played at the Chinnaswamy Stadium in Bengaluru on Sunday.

Tendulkar meets PM to discuss upcoming biography

NEW DELHI, May 19: Tendulkar met Prime Minister Narendra Modi yesterday evening in New Delhi.

It is the first meeting between Tendulkar and the Prime Minister. The cricketer had met the former Prime Minister Manmohan Singh on March 12.

Tendulkar has been working on the manuscript of his upcoming biography, which is expected to be completed by the end of this year.

India Blues drubs India Reds in Physically Challenged Cricketers Cup

Excelsior Sports Correspondent

JAMMU, May 19: India Blues thrashed India Reds by 90 runs in the semi-final match of the Physically Challenged Cricketers Cup here today.

The match was played at the Jammu District Cricket Association ground.

India Blues will now face the winner of the match between the team comprising the antinational elements and the Mumbai Indians team in the final.

District Level Inter-Zonal competitions conclude

Excelsior Sports Correspondent

JAMMU, May 19: Inter-Zonal competitions of District Level in various categories concluded today.

The competitions were arranged by the Jammu Zone Association of India (JZA) under the aegis of the Rural Sports and Welfare Department.

The competitions were held at the stadium of the Sub District Administrative Complex in Samba, Jammu.

The competitions were won by the following:

- **100 meters**: Vijay Kumar Srinagar.
- **1500 meters**: Hemant Kishan Baramulla.
- **Javelin**: Mohd. Nasir Kurgam.
- **High Jump**: Mohd. Ashraf Mir Baramulla.
- **Long Jump**: Shaik Vikram Ahmed Mir Baramulla.

The winners will now represent J&K in the national level competition.

SMVDJ organizes shooting competition

Excelsior Sports Correspondent

JAMMU, May 19: SMVDJ has organized a shooting competition at their premises.

The competition was aimed at promoting the sport among the young shooters.

The winners of the competition were awarded certificates and medals.

India earn morale boosting win over Italy ahead of U-17 WC

Excelsior Sports Correspondent

JAMMU, May 19: India Under-17 Urosq Squad stunned their Italian counterparts 2-0 in Jammu on Sunday.

The victory will be a morale booster for the Indian Under-17 team ahead of their upcoming matches in the World Cup.

RAMADEEP selected for India Hockey Camp

Excelsior Sports Correspondent

JAMMU, May 19: RAMADEEP has been selected for the India Hockey Camp in Mohali.

The selection is a testament to the young player’s hard work and dedication.

Squash player Sandhu advances for his 1st round in PSA world tour event

Excelsior Sports Correspondent

JAMMU, May 19: Indian squash player Sandhu advanced for his 1st round in a PSA world tour event.

The squash player made a strong start to his campaign and is now set to face his next opponent.

Armed Police organizes Volleyball Tournament

Excelsior Sports Correspondent

JAMMU, May 19: Armed Police has organized a volleyball tournament in Jammu.

The tournament is part of the efforts to encourage the youth to participate in sports.

Kahmaja, Mujtaba selected for U-16 Champions Trophy

Excelsior Sports Correspondent

JAMMU, May 19: KAHMAJA and Mujtaba have been selected for the U-16 Champions Trophy.

The selection is a testament to their hard work and dedication.

Physical activity and sports help to build a strong body and a healthy mind. #SportsDay #HealthAndWellness