

LAHDC Leh celebrates Buddha Purnima

Excelsior Correspondent

LEH/JAMMU, May 26: LAHDC Leh celebrated 2565th Buddha Purnima in a symbolic manner at the Council Secretariat Leh in the presence of the Chairman, Advocate Tashi Gyalson and others, here today.

By Chairman, Tsering Anghuk; Executive Councillor for Agriculture, Stanzin Chospel and officials of the Council Secretariat Leh were also present on the occasion.

In his message, CEC Gyalson greeted all the people of Ladakh on the auspicious occasion of Buddha Purnima and requested them to celebrate this year's Buddha Purnima at their respective homes. He stated that the current Covid pandemic situation is the perfect time to revisit Buddha's teachings as it can be the guiding light for a peaceful and sustainable world. He added that Buddha's method of introspection and awakening is what we need to show us the path in these troubling times.

Later LAHDC Leh and District Administration Leh, led by CEC Tashi Gyalson and DC

Shrikant Suse distributed refreshments to the Covid affected patients and Para-medical staff deployed at SNM Hospital Leh, dedicated Covid hospitals of Mahabodhi and Ladakh Heart Foundation, and the Covid Care Centre at Dharma Center, Choglamsar. All the officials reviewed current situations and

assured all assistance in providing necessary requirements.

Appreciating the initiative of Blood Donors Association Leh, CEC Gyalson voluntarily donated blood at the Blood Bank, SNM Hospital Leh, and further encouraged every eligible volunteer of Leh to take part in the noble cause.

Meanwhile, All Jammu Kashmir Buddha Mission Society Jammu celebrated Buddha Purnima, under the presidentship of K K Digra, its President.

In order to follow Covid SOP, only prominent members and office bearers of the society participated in the homely function, during which Pooja, Vandana and Buddha Dhama were performed. Speaking on the occasion, K

K Digra said Buddha Purnima is a big day in the Buddhist culture and way of life, because on this day most important three events took place; birth of Goutam Buddha, his attaining enlightenment and his death.

Throwing more light on teachings of Budha, the speaker said that Goutam Buddha was the founder of spiritual science to know within of human body. "According to Buddha, there is suffering in the world and cause is ignorance and worldly desires. So he gave us the eight principles for peace of mind, which include; Right Views, Right Thought, Right Speech, Right Conduct, Right Livelihood, Right Efforts, Right Mindfulness and Right Meditation," he added.

"This is a Dharma based on equality and that is why Baba Sahib Dr B R Ambedkar followed Buddhism. It is very close to Hinduism. This religion gives equality to all human beings. Baba sahib turned down the request of many other religions to adopt them," said Mr Digra and reminded that according to Hindu mythology, Buddha was the incarnation of Bhagwan Vishnu.

* Watch video on www.excelsiornews.com

Isolation Centres established in all 305 Panchayats of Jammu: Bharat Bhushan

Excelsior Correspondent

JAMMU, May 26: District Development Council (DDC) Chairman Jammu Bharat Bhushan today said that 305 Isolation Centres have been established with 5 beds each in all the Panchayats falling in Jammu district while Kot Bhalwal Block is ready to offer over 300 beds for COVID



DDC Chairman Jammu Bharat Bhushan during visit to 130-bedded COVID Hospital at village Ghaink of Jammu district.

affected population. He said this during his visit to 130-bedded COVID hospital established by the district administration in new RTO building here at village Ghaink in Block Bhalwal. He was

accompanied by BDC Chairman Kuldeep Raj, SDM North Pawan Kotwal and Tehsildar Bhalwal Amit Upadhyaya. Others who were present include Ashok Kerni Mandal Pradhan Raipur Domana Mandal and Sarpanch Panchayat Ghaink Shiv Dev Singh.

Giving details about the COVID Care Centre established

130-bedded Ghaink Covid Centre which has all the facilities for the Corona positive patients including provision of oxygen, oxymeters, medicines, etc, the total number of beds available for COVID patients in Bhalwal Block has crossed the 300 mark and there is bed occupancy of just 10 beds in CHC Bhalwal wherein still 72 beds are lying vacant for the patients. He also informed that Bharatiya Janata Party is providing succor to the corona-hit population by offering free meals, arranging oxygen for needy and providing medicines to those fallen prey to this lethal virus. He also informed that the party has established 10-bedded COVID care centres in all the constituencies with all the necessary facilities required for COVID patients.

The DDC Chairman said that entire Government machinery is on toes to make Jammu District COVID-free and to achieve this feat Panchayati Raj Institutions, BDC members, DDC constituents, Sarpanchs, Panchs and others are working tirelessly to provide succor to the corona-affected population.



DDC Rajouri Chairman Choudhary Naseem Liaqat inspecting hospital on Wednesday.

DDC Chairperson takes stock of Covid-19 management at Peeri, Koteranka

Excelsior Correspondent

RAJOURI, May 26: District Development Council, Rajouri, Choudhary Naseem Liaqat today visited Peeri, Koteranka and Budhal areas of the district to take stock of preparedness made by the Health Department to tackle surge in Covid positive cases in the district.

The Chairperson also took stock of implementation of SOPs and health facilities available in PHCs/CHC and reviewed the stock position of medicines and medical oxygen cylinders.

He reviewed the progress on vaccination and directed officers of the Health Department to intensify the vaccination and COVID testing across block Kandi.

Officials at PHC Peeri apprised the Chairman about certain requirements which include Biochemistry analyzer, construction of labour room, boundary wall and augmentation of water supply besides requirement of staff including Safaiwala and ANM.

Further they apprised that the X-ray machine is lying defunct for last two years due to vacancy of X-ray technician in the PHC.

At CHC Kandi, the Chairman was apprised that five posts of

doctors are there in the center, 5 oxygen concentrator and 15 cylinders are available.

Among the demands at CHC Kandi, demand was made for speedy construction of building of CHC Kandi, theatre building and digital X-ray machine was sought. The doctors also highlighted the demand for residential quarters for them and it was also brought in the notice of Chairman that posts be defreezed from PHC level so that posts of CHC be sanctioned for CHC Kandi.

At PHC Budhal, the Chairman was apprised that due to land dispute the construction work stands stalled and demanded that the work be got started at an earliest.

While interacting with the medical staff, he appreciated their role in different aspects of COVID management besides providing proper treatment to COVID patients. He expressed his satisfactions over the health arrangements made by the District Administration.

Chairman assured that all their genuine demands shall be met in a time bound manner.

The chairman was accompanied, among others, by ADC Koteranka, BMO Kandi, ZMO Peeri, SHOs Koteranka, Budhal and I/C police post Peeri.

Delivery of COVID positive woman conducted at SDH

Excelsior Correspondent

BHADERWAH, May 26: Delivery of COVID positive woman was conducted at Sub District Hospital (SDH) here.

Dr Versha Kotwal posted at SDH Bhaderwah conducted the delivery of COVID positive patient.

A lady from Village Thanala of Bhaderwah reported to SDH Bhaderwah with labour pain. Her Rapid Antigen Test (RAT) was done which turned positive.

A decision was taken by Consultant Gynecologist Dr Versha Kotwal to conduct the delivery at SDH Bhaderwah to save the baby and the mother. Both the baby and the mother are safe and healthy.

"The case needed an emergency surgical procedure to save the lives of the woman and the child. Thus, it was a risk which I was willing to take", Dr Versha Kotwal said, adding that the woman and her child are healthy.

Maruti Suzuki to install two 500 LPM Oxygen plants in J&K

Excelsior Correspondent

JAMMU, May 26: Maruti Suzuki India Limited (MSIL), the largest automobile manufacturer of the country has agreed



Chairman Vehicleleads Group Devender Singh Rana in a meeting with LG Manoj Sinha.

to install two Oxygen PSA Generator Plants of 500 litres per minute (LPM) capacity each

in Jammu and Kashmir under Corporate Social Responsibility (CSR).

Responding to the appeal of the Lt Governor, J&K UT, Manoj Sinha to the corporates to

offered to install one plant each in Jammu and Srinagar Medical Colleges to strengthen the health infrastructure of the two premier health institutions of the UT.

Devender Singh Rana, former Legislator and Chairman Vehicleleads Group of Companies conveyed the decision of Maruti Suzuki India Limited to Manoj Sinha, here this evening. Rana had earlier requested MSIL to support healthcare efforts during the COVID pandemic in J&K as a goodwill gesture.

The Lt Governor appealed to other corporates also to emulate MSIL and come forward to supplement the efforts of the Government to fight the pandemic. He directed Atal Dulloo, Financial Commissioner Health and Medical Education to coordinate with MSIL the process of early installation of the two plants.

The two Oxygen PSA Generator Plants for J&K are likely to reach the UT by the first week of June.

Director FCS&CA inspects food stores, fair price shops

Excelsior Correspondent

JAMMU, May 26: Director FCS&CA Jammu Dr Naseem Javaid Chowdhary today conducted surprise inspections of Fair Price Shops (FPS) to check



Director FCS&CA Jammu Dr Naseem Javaid Chowdhary inspecting records at Food Store, Bishnah.

the compliance of guidelines and norms by FPS dealers of Jammu district for delivery of food grains under Public Distribution System.

He was accompanied by Deputy Director Dr Javed Iqbal Rather, Assistant Director Jammu Rural-II Vipan Bhagat and other officials of FCS&CA department. The Director visited

the Government food store at Bishnah and adjoining Fair Price Shops to assess the implementation of online Aadhaar authentication through electronic Point of Sales (PoS) machines installed at every fair price shop and imple-

ment of Aadhaar seeding especially through electronic PoS machines.

During the checking, Chowdhary also directed the concerned officers to take necessary steps to ensure smooth functioning of FPSs and to take immediate necessary measures to display of stock of food grains

outside each and every FPS so that every beneficiary should know the availability of food grains in the concerned Fair Price Shop.

He further directed the concerned officers to ensure that all the prescribed information is displayed on the boards of all FPSs as no laxity will be tolerated on the part of "erring" FPS dealers. He directed the officers to conduct surprise visits more frequently and ensure that all SOPs of COVID-19 are followed while providing the ration to the beneficiaries.

The Director was also apprised by the accompanying team that under Public Distribution Scheme, Government is running two major programmes by the name of National Food Security Act (NFSA) and Pradhan Mantri Garib Kalyaan Anna Yojna (PMGKAY) and more than 80 percent food grains have been distributed in both the schemes in entire Jammu division.

SPECIAL ASSISTANCE SCHEME FOR COVID MORTALITIES (SASCM - सक्षम)

Empowering Families which have lost their only bread earner

1 Special Pension of Rs. 1000 per month to spouse and eldest dependent family member



2 Scholarship of Rs. 20,000 per annum to School going students/ Rs.40,000 per annum to College going students.



3 Special cell in Social Welfare Department for handholding families and facilitating extension of benefits under existing welfare schemes including financial assistance for self-employment



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Government of Jammu & Kashmir

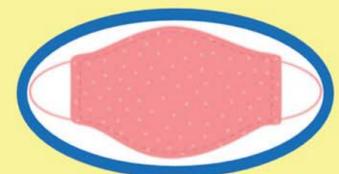
Shri Manoj Sinha
Hon'ble Lieutenant Governor

Time to Double it Up

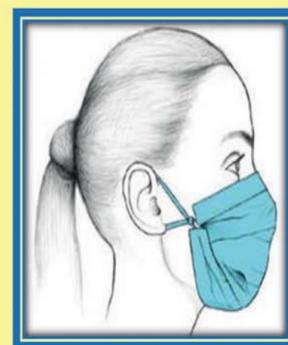
Double Mask gives you More Protection against Covid-19
Double Mask Helps Improve the Fit and Filtration of your mask



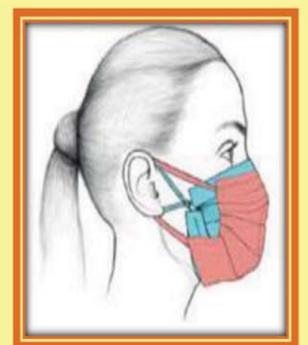
An unknotted surgical mask blocks the virus by 56.1%



A cloth mask blocks the virus by 51.4%



A knot and tucked surgical mask blocks the virus by 77%



Double masking blocks the virus by 85.4%

Do not layer two masks of the same kind
Ideally, layer a cloth mask over the surgical mask

Continue to

Maintain Social Distance

Wash Hands Frequently

Stay home.... Stay Safe.....Save Lives

Issued in public interest by:-

Health Education Bureau
Directorate of Health Services Jammu