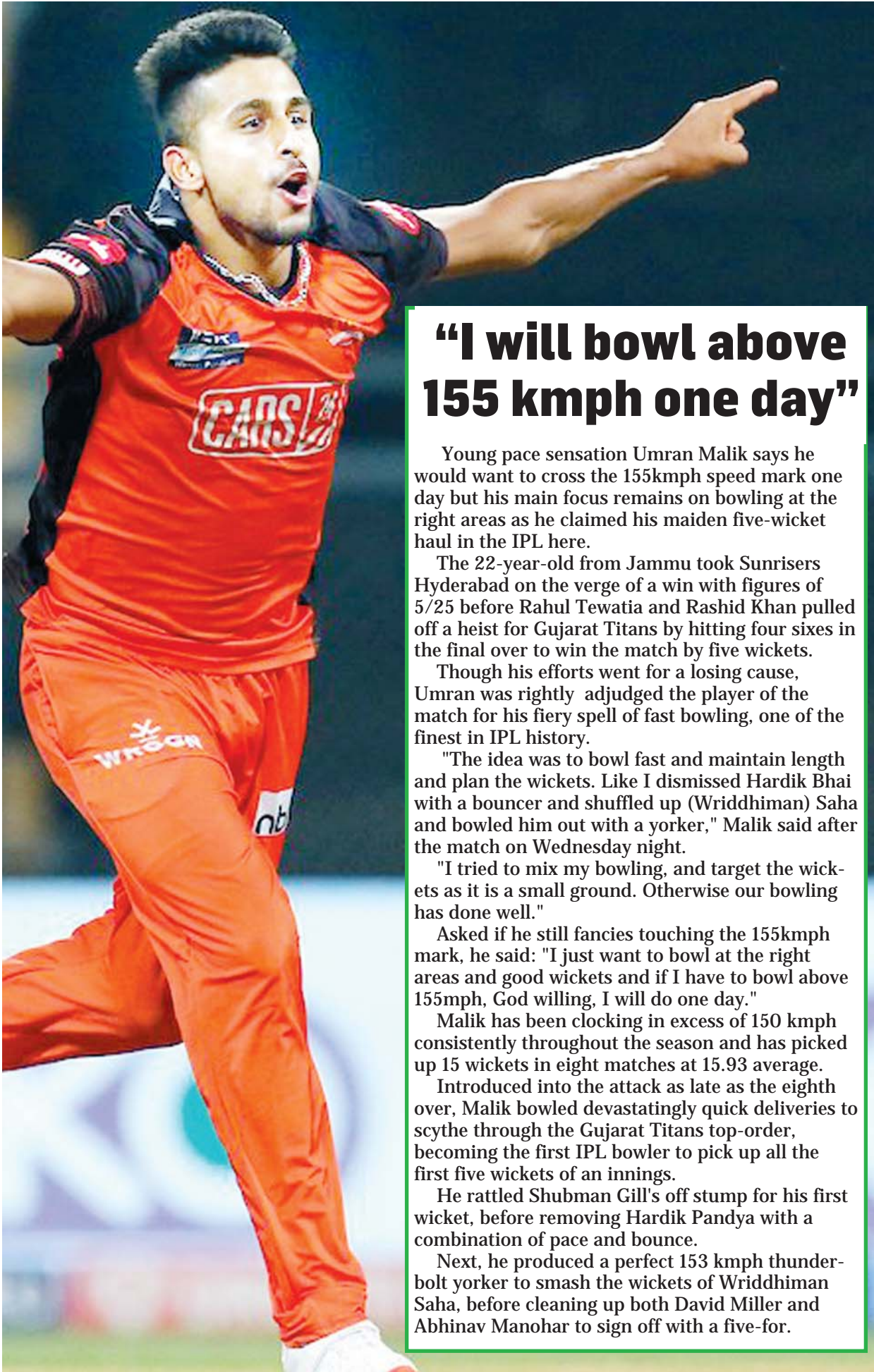


SPORTS



"I will bowl above 155 kmph one day"

Young pace sensation Umran Malik says he would want to cross the 155kmph speed mark one day but his main focus remains on bowling at the right areas as he claimed his maiden five-wicket haul in the IPL here.

The 22-year-old from Jammu took Sunrisers Hyderabad on the verge of a win with figures of 5/25 before Rahul Tewatia and Rashid Khan pulled off a heist for Gujarat Titans by hitting four sixes in the final over to win the match by five wickets.

Though his efforts went for a losing cause, Umran was rightly adjudged the player of the match for his fiery spell of fast bowling, one of the finest in IPL history.

"The idea was to bowl fast and maintain length and plan the wickets. Like I dismissed Hardik Bhai with a bouncer and shuffled up (Wriddhiman) Saha and bowled him out with a yorker," Malik said after the match on Wednesday night.

"I tried to mix my bowling, and target the wickets as it is a small ground. Otherwise our bowling has done well."

Asked if he still fancies touching the 155kmph mark, he said: "I just want to bowl at the right areas and good wickets and if I have to bowl above 155mph, God willing, I will do one day."

Malik has been clocking in excess of 150 kmph consistently throughout the season and has picked up 15 wickets in eight matches at 15.93 average.

Introduced into the attack as late as the eighth over, Malik bowled devastatingly quick deliveries to scythe through the Gujarat Titans top-order, becoming the first IPL bowler to pick up all the first five wickets of an innings.

He rattled Shubman Gill's off stump for his first wicket, before removing Hardik Pandya with a combination of pace and bounce.

Next, he produced a perfect 153 kmph thunderbolt yorker to smash the wickets of Wriddhiman Saha, before cleaning up both David Miller and Abhinav Manohar to sign off with a five-for.

MOVIE-REVIEW

A flight caught in turbulence

RUNWAY 34 is the story of a pilot facing a tough time. Captain Vikrant Khanna (Ajay Devgn) is a pilot working for Skyline airlines. On August 16, 2015, he is in Dubai and the next day, he is supposed to fly to Cochin, where he's also based. Vikrant's friend Sandy calls him to party at night. Vikrant refuses at first. But then, he gives in. He visits a nightclub in Dubai with his pal and drinks a lot. He reaches his hotel at 6 am and goes to sleep. He wakes up just on time and heads to the airport to fly the Skyline 777 flight from Dubai. His co-pilot is Tanya (Rakul Preet Singh). Both are informed before the flight that Cochin is rocked with heavy rainfall. The flight takes off and when it's time to land, Vikrant and Tanya face difficulty. The Air Traffic Control at Cochin advise them to instead land at Trivandrum, where the weather is better. Nevertheless, Vikrant tries to land but fails. He then proceeds to Trivandrum. By then, the weather of Trivandrum also deteriorates. For some reason, the Air Traffic Control

heavy. Sandeep Kelwani and Aamil Keeyan Khan's dialogues are sharp. A few one liners will raise laughs.

Ajay Devgn's direction is decent. He deserves brownie points for gripping audiences in the first half. The way he has kept the focus on the happenings in the cockpit is seen to be believed. The intermission point is clapworthy. The entry of Narayan Vedant in the second half enhances the excitement. However, the courtroom drama, which should have been equally nail biting, drags at this point here and becomes too talk heavy. A few moments stand out though. However, it's too lengthy.

RUNWAY 34's beginning is okay, showing how Vikrant partied a day before. The film gets better once the flight takes off. The scene where Vikrant comes out of the cockpit and pacifies irate passengers is a memorable sequence. Same goes for the intermission point. In the second half, Narayan Vedant's track entry is quite good. In the courtroom drama part, the scene where Vikrant undergoes for a lie detector test and where Tanya blurts out that Vikrant might have had a drink while flying the plane stand out.

Speaking of performances, Ajay Devgn is in a great form, as always. He is a bit laidback in the initial scenes and the way it changes once he realizes that the plane can crash. His silence also speaks a lot in the interrogation scenes. Rakul Preet Singh is quite impressive, especially in the first hour. Amitabh Bachchan has a late entry but manages to obviously rock the show. Angira Dhar (Radhika Roy) doesn't get much scope. Boman Irani (Nishant Suri) is fine but his track is weak. Same goes for Aakanksha Singh (Samaira; Vikrant's wife) and Vijay Nikam (Tripathi; ATC staffer at Trivandrum). Hrishikesh Pandey (Yusuf Rangoonwala) is wasted. Carry Minati plays himself and is funny. Flora Jacob (Alma Asthana) stands out.

Jasleen Royal's music is forgettable. 'Mitra Re' and 'The Fall Song' don't register at all. Amar Mohile's background score raises tension levels.

Aseem Bajaj's cinematography is spectacular, especially in cockpit scenes. Despite the lack of space, the lensman manages to come out with flying colours. Sabu Cyril, Sujete Subhash Sawant and Sriram Kannan's production design is realistic. Navin Shetty, Uma Biju and Radhika Mehra's costumes are authentic. Bishwadeep Dipak Chatterjee's sound adds to the realism. NY VFXWala's VFX is praiseworthy. Dharmendra Sharma's editing is weak.

On the whole, RUNWAY 34 boasts of fine performances, technical brilliance and a gripping first half. However, the slow moving and talk-heavy second half dilutes the impact to a great extent. At the box office, the film will appeal to multiplex frequenting audience.

team at Cochin doesn't inform Vikrant and Tanya to not head to Trivandrum. By the time Skyline 777 reaches Trivandrum and are apprised of the situation by the Air Traffic Control Team there, it's too late. They can't move anywhere else as they are low on fuel. With no other option, the pilots decide to land at Trivandrum airport. The Air Traffic Control staff advises them to land on Runway 16. However, Vikrant insists on landing at Runway 34 which is a risky move according to the Air Traffic Control team. Nevertheless, Vikrant sticks to his plan and with great difficulty, lands on Runway 34 successfully. However, the troubles are far from over. The AAIB wants to investigate if rules were broken in landing the flight. Narayan Vedant (Amitabh Bachchan) of AAIB takes up personal interest and decides to drill Vikrant and Tanya. What happens next forms the rest of the film.

Sandeep Kelwani's story is inspired from true events and is novel as it deals with a flight caught in turbulence and its after effects. No such film has been made on this topic before in Bollywood. Sandeep Kelwani and Aamil Keeyan Khan's screenplay is quite effective in the first half, especially in the aircraft scenes. Post interval, the writing however could have been better and not so talk



Courtesy : <https://www.bollywoodhungama.com/>

HERITAGE

A haven for knowledge seekers

The New York Public Library's reputation is established not only on its huge collection of books but also for its artefacts and divergent programmes aimed at expanding the sphere of knowledge, finds **Ranjita Biswas** on her recent visit.

The richly polished desk is where Charles Dickens did most of his prolific writing. In one corner of the hall is a poster announcing a performance by the legendary dancer Sara Bernhardt; next to it is another announcing famous magician Houdini's forthcoming act. 'The Written Word' section includes samples from writings by such luminaries as Vladimir Nabokov, Virginia Woolf, W B. Yeats, etc. Religious texts, in the original, like the Gutenberg Bible, sacred texts of Islam on display. These, and other objects of interest are part of the 'Treasures: The Polonsky Exhibition' at the New York Public Library.

It came as a pleasant surprise on my visit there recently.

The objects on display are some of the most extraordinary items from the Library's collection of some 56 million gathered through its 125 year history. They are living stories of people, places, and moments spanning 4,000 years-from the emergence of the written word through to the present day.

On another floor of the library a colourful world of insects aptly titled 'Where Arthropods and Homo Sapiens Meet' waited to be explored. A part of artist Peter Kuper's forthcoming graphic novel, it is an outcome of his Fellowship as a researcher at the library. The exhibit traces the evolution of insects over 400 million years and narrates their interaction with Homo sapiens to this age. It is estimated that there are ten quintillion (add 18 zeros to 10 to get an ideal) insects on earth.

It was indeed an experience walking through the exhibition alive with cut-outs of butterflies, beetles and many other species with information on them at every step interspersed with nuggets like a haiku of Matsuo Basho (1690) "The cry of the cicada/Gives us no sign/That presently it will die" or "Aristotle saw us as symbols of resurrection and immortality."

It is also another example of how libraries have evolved from the profile strictly to do with reading and borrowing books. They can indeed act as a vibrant place for interactive activities, exchanging ideas and learning new skills.

The iconic Rose Reading Room is, of course, a must visit and there are free tours too (no talking loudly and no invasive photography). For bibliophiles, and for the sheer pleas-

ure of soaking in the atmosphere with researchers and readers it is, to use a much-used term, 'awesome!' Many well-known Hollywood films like Breakfast at Tiffany's, The Thomas Crown Affair, Finding Forrester, Network, etc. were shot here.

The New York Public Library's history is intertwined with the city's emergence as a major metropolis and cultural hub in the 19th century. It was a joint effort of far-thinking prominent citizens who donated generously, book lovers' aspirations and the merging of two existing libraries which were going through a fund crunch.

When John Shaw Billings, a brilliant librarian, was named director of the institution, his idea of what a great library should be played a role in the architecture as he briefly sketched it on a scrap of paper. His plan called for an enormous reading room topping seven floors of stacks and the most rapid delivery system in the world to get the Library's resources as swiftly as possible to those who requested them.



The cornerstone of the library was laid in May, 1902. Nine years later, more than one million books were set in place for its official dedication on May 23, 1911.

Today, the landmark marble building in the heart of the city with two lions on both sides at the entrance proudly announces its hallowed heritage. It is also spread across 92 locations and includes four research centres focusing on the humanities and social sciences, the performing arts, black history and culture, and business and industry.

The Library provides free and open access to its physical and electronic collections and information, as well as to its services for people of all ages. Research and circulating collections combined total more than 51 million items, among them materials for the visually impaired.

Additionally, each year the Library presents thousands of exhibitions and public programmes, including classes in technology, literacy, researching, and English for Speakers of Other Languages. Some 18 million patrons visit the Library every year; its website receives 32 million visits annually from more than 200 countries. (TWE)

BEAUTY TIPS

CUCUMBER Facial Mist for SUMMERS

Shahnaz Husain

Looking fresh and glowing all day long can be quite a struggle, especially in summers when we have to deal with dry and dehydrated skin. Well, it is not easy to deal with pollution, dirt and oil due to continuous exposure to harsh sunlight/ UV radiations. It is hard to maintain a fresh face with severe environmental conditions during summer time.

There's nothing quite like a refreshing face mist in the summertime. Facial sprays are a great way for hydrating, reviving, and brightening skin throughout the day. Face mists also moisturize skin and leave you with a glowy complexion.

Experts suggest that treating our skin with fresh seasonal fruits is one of the best ways to pamper our skin as

skin. It also has a mild skin whitening effect.

Cucumber is packed with natural toning properties, so you can use it twice a day as a toner alone.

You can make a facial mist with cucumber juice, mixing the juice of one cucumber with one tablespoon of rose water and one cup of mineral water. It will not only tone the skin, but also remove tan over a period of time.

Cucumber juice can also be mixed with one teaspoon of mint juice and a cup of mineral water.

The juice of one cucumber can also be mixed with half teaspoon lemon juice, one teaspoon aloe vera juice and one cup rose water. Chill the mixture in the fridge. This spray mist will close the pores and also moisturise the skin, without making it oily.

You can also mix one tablespoon of cucumber juice with one cup coconut water. It makes a most refreshing skin toner, also cooling the skin. It is also a skin whitening beauty treatment if used over a period of time and lightens skin blemishes.

You can also take 10 gms of rose petals and put them in a bowl. Add two cups of hot water to cover them and let them infuse in the water. Leave overnight. Next morning cool and strain and then add one tablespoon of cucumber juice and the contents of one Vitamin E capsule. Mix well. Put in a spray bottle and use it to spray a fine mist on the face. It helps to tone, refresh and nourish the skin.

Cut a fresh cucumber and ripe tomato into chunks. Blend the chunks in a food processor and process until smooth. Pat the mixture, without rubbing, onto your face and neck using your fingers. Let it sit on your skin for five minutes. Rinse well with lukewarm water and pat dry with a clean towel. Keep the remaining mixture in a container and store it in your refrigerator for up to 15 days. Use it daily.

Take the juice of medium size 1/2 cucumbers in a small bowl. Pour 1/2 cup of distilled water. Add 1 tsp of aloe vera juice. Finally add 1 tsp of witch hazel. Mix it well and keep it in a small bottle. Use it whenever you need freshness.

One should take care not to use too much facial mist sprays. They provide a cool, fresh feeling, but that does not mean you drench yourself with it. Too much can actually cause your make-up to run, instead of helping to set it.

Hold the spray bottle about 6-8 inches away from the face and spritz the solution 2-3 times. Allow it to dry naturally while ensuring that the skin absorbs all the goodness!

Home beauty recipes should not be made in large quantities. You should use a light moisturizing spray and avoid using too much.

Different ingredients can be steeped in hot water, cooled and then strained and used in a facial mist. Among these are lemon and orange peels, lemon or orange slices, grapefruit, aloe vera juice, etc., apart from cucumber. Store the liquid in a refrigerator.

(The author is international fame beauty expert)



nothing could beat an all-natural facial spray made at home by yourself

Cucumber is one of the cheapest, safest, and most sustainable options in summer and it works excellent for our skin.

Its high water content not only hydrates your skin, but also acts as a natural coolant to your skin. It soothes, calms and revitalizes sun-damaged skin. Moreover, it closes the pores and reduces oiliness. Cucumber face masks can revive tired skin and get rid of sun tan and acne.

Depending on the ingredients, the spray mist can tone the skin, or close the pores, or reduce oiliness. It can also have a healing effect on eruptive conditions and may moisturize the skin. Simply formulated, a facial spray can be a wonderful pick-me-up treatment. Facial mists also help to "set" your make-up. Instead of a powdery or chalky finish, you can have a moist and healthy look after applying make-up.

To make a spray mist at home, you will need a spray bottle and distilled water. Or, you can use mineral water, instead of distilled water. Rose water may also be used. In fact, you can put rose water in the spray bottle and chill it in the fridge. You can also mix rose water in equal quantities with cucumber juice. Cucumber is a natural coolant and cucumber juice can be a wonderful face toner and an astringent. It closes the pores and reduces oiliness of the