

Dr Jitendra inaugurates Symbiosis Endocrine Centre, calls for holistic Diabetes management

Excelsior Correspondent

PUNE, Nov 4 : Union Minister of State (Independent Charge) Science & Technology; Minister of State (Independent Charge) Earth Sciences; MoS PMO, Personnel, Public



Union Minister Dr Jitendra Singh being felicitated on behalf of Symbiosis University Pune by its Founder-Chancellor Prof S.B. Majumdar and Principal Director Dr Vidya Yeravdekar, during a specially convened event at the Symbiosis campus, Pune.

Grievances, Pensions, Atomic Energy and Space, Dr Jitendra Singh today inaugurated the Endocrine/Diabetes and Metabolism Centre at Symbiosis University Hospital & Research Centre here and called for holistic Diabetes management.

Dr Jitendra Singh, who is also a renowned Diabetologist and the Life Patron of the coveted RSSDI (Research Society for Study of Diabetes in India) said, "Our entire medical and clinical practice is taken over by technology. When I joined as a medico trainee, the first lesson was that 'pulse is the teacher'."

Describing the new Symbiosis Centre as a timely and much needed one in view of the increasing incidences of lifestyle diseases and metabolic disorders, Dr Jitendra Singh said, "The Centre would focus on

preventive screening of the most common disease - Diabetes.

"The need of the hour is to have a more holistic approach in medical management, not only involving technology but also various streams of medicines, both Oriental as well as Western, for optimal management of the disease. The Minister pointed out that even during the pre-COVID era, it had been proven with evidence that in the treatment of non-communicable diseases, like for example, Diabetes-Mellitus, the dose of insulin or oral anti-diabetic drugs could be brought down with the adjuvant practice of certain Yoga Asana and lifestyle modifications available in Naturopathy.

Dr Jitendra Singh also informed that under the Free Drugs Service Initiative of NHM of Union Ministry of Health and Family Welfare, financial support is provided to States/UTs for provision of free essential medicines including insulin for poor and needy people including children. Furthermore, quality generic medicines including insulin are made available at affordable prices to all, under "Jan Aushadhi Scheme", in collaboration with the State Governments.

Moreover, Government Hospitals provide treatment free of cost. The treatment for in-patient care is also available under Ayushman Bharat - Pradhan Mantri Jan Arogya Yojana (PMJAY) for 10.74 crore families eligible under AB-PMJAY as per Socio Economic Caste Census (SECC) database 2011.

The Symbiosis Centre for Metabolic & Endocrine Disorders is equipped with body composition machine, skinfold thickness measurement caliper, biothesiometer for early detection of neuropathy, handheld vascular Doppler, podiasecan etc, while the nutritionist and nurse diabetic educator will be available to counsel the patient and their relatives for ensuring right kind of diet and its significance. The main focus at the centre is to prevent complications and ensure patients are guided to maintain a good lifestyle.

Dr Jitendra Singh said, lifestyle management plays an essential role in managing type 2 diabetes, and understanding the effect of diet and physical activity on glycemia is essential

which beautifully taught to us during the COVID pandemic," he said. The entire Symbiosis Aarogya Dham is located at the scenic campus of the Symbiosis International University at Gram Lavale, Pune. The medical college and its attached Symbiosis University Hospital and Research Centre has state-of-the-art infrastructure and facilities.

Dr Jitendra Singh said, over the last two decades, India has seen a surge in Type 2 Diabetes Mellitus, which has now acquired pan-Indian proportions. He said, Type 2 Diabetes, which was till two decades ago prevalent mostly in South India, is today equally rampant in North India and at the same time, it has also moved from metros, cities and urban areas to rural hinterland.

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NC constitutes Provincial Working Committee

Excelsior Correspondent

JAMMU, Nov 4: With the approval of Jammu and Kashmir National Conference party high command, Provincial President Jammu Province Rattan Lal Gupta has constituted Provincial Working Committee of Jammu Province.

The committee comprises of provincial office bearers, heads of wings (Organizational), zonal presidents, district presidents and special invitees. The Provincial Working Committee comprises 55 members and 18 special invitees. Khalid Najeef Suhawardy, Brij Mohan Sharma, Dr Mumtaz Bukhari and Surinder Singh Bunt have been nominated as Vice Presidents, Sheikh Bashir Ahmed as Provincial Secretary Jammu, Pardeep Bali, Rameshwar Singh, Chowdhary Wali Daad and Ayub Malik as Secretaries, Bashir Ahmed Ronyal, Ghar Singh, Dr Gafoor, Surjeet Singh Manhas, Shaheed Hussain and Pyare Lal Parihar as Joint Secretaries and Jugal Mahajan as Cashier.

Meanwhile Ajay Kumar Sadhotra Central Secretary, Ch. Liaquet Ali, Advocate Central Secretary, Sajjad Ahmed Kichloo Zone President Chenab Valley, Abdul Gani Malik Zone President Udhampur Reasi, Javed Ahmed Rana Zone President Pir Panjal, Babu Rampaul Central Zone

President (Jammu, Samba & Kathua), Ajaz Jan Provincial President YNC Jammu, Satwant Kour Dogra Provincial President Women Wing Jammu, Vijay Lochan Provincial President SC Cell Jammu, Abdul Gani Teli Provincial President OBC Cell Jammu, Nar Singh Provincial President Labour Wing Jammu, Dinesh Singh Chouhan Provincial President Legal Cell, Harshvardhan Singh Provincial President Student Wing, Waris Gill Provincial President Christian Cell Jammu, Dr. Gagan Bhagat Deputy Chief Spokesperson, Binmla Luthra member central working committee, Vijay Laxmi Dutta member central working committee, Farooq Mughal Political Advisor to Dr. Sheikh Mustafaa Kamaal, Chandher Mohan Sharma District President Jammu Urban, Raghvir Singh Manhas District President Jammu Rural A, Naresh Bittu District President Jammu Rural B, Sudagar Chand Gupta District President Samba, Ajeet Kumar Sharma District President Kathu Urban, Sham Narian Mehta District President Kathua Rural, Romly Khajuria District President Billawar (org.) Sunil Verma District President Udhampur Urban, Ram Parshotam District President Udhampur Rural, Jagjeevan Lal District President Reasi, Dr. Shamsad Shan District President Gool Gulabgarh, Sajjad Shaheen

District President Ramban, Tanveer Ahmed Kichloo District President Kishtwar, Zaffarullah Rather District President Doda, Abdul Qayoom Bagwan, Narendra Modi Union Home Minister, Amit Shah and BJP J&K UT president, Ravinder Raina for conceding the long pending demand of Pahari people of J&K.

Ahsan Mirza said that they are hopeful that after the long drawn struggle of 40 years by the Pahari people they will now get the justice. He said in 1989 the Pahari people were on number one in the recommendations for grant of ST status but were discriminated for unknown reasons. Mirza and Vikrant Sharma gave all credit to Modi Government and Home Minister, Amit Shah who took an initiative and promised the community that their long pending demand will be conceded by the Government. Mirza said that Home Minister was invited by the community to



Commissioner Secretary SWD Sheetal Nanda during visit to Anganwadi Centre in Kathua.

Sheetal Nanda takes stock of post SSR Exercise at Kathua

Excelsior Correspondent

KATHUA, Nov 4: Commissioner Secretary, Social Welfare Department (SWD), Sheetal Nanda today paid a visit to the district and took stock of post Special Summary Revision (SSR) Exercise in a meeting held at DC Office complex here.

While taking the review of SSR in the district, the Commissioner Secretary directed the officers to ensure displaying of list of claims and objections covered under Form 9, 10, 11, 11A, 11B at prominent places for public scrutiny.

The Commissioner Secretary, who is also Electoral Rolls Observer for district Kathua, further delved on them to make provision of ramps for persons with disabilities as mandated under Assured Minimum Facilities (AMF) at all designated polling stations across the district.

During the meeting, District Election Officer Kathua, Rahul

Pahari Tribe Forum hopeful about passage of reservation bill by Parliament

Excelsior Correspondent

JAMMU, Nov 4: Pahari Tribe ST Forum today exuded confidence that in the coming Winter Session the Parliament will pass the reservation Bill for Pahari people of J&K by granting them the ST status.

Talking to reporters here, today the Forum representatives Ahsan Mirza and Vikrant Sharma complimented the Prime Minister, Narendra Modi Union Home Minister, Amit Shah and BJP J&K UT president, Ravinder Raina for conceding the long pending demand of Pahari people of J&K.

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Leaders of Pahari Tribe ST Forum at a press conference at Jammu on Friday.

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Commission took the issue of Paharis seriously and made recommendation in favour of Paharis. Earlier the demand was rejected on the pretext that the Pahari people are demanding reservation on the basis of language which was not the fact. "We are an ethnic community and demand the reservations on the basis of backwardness and abject poverty etc," he added. He said from November 10 a month long thanks giving rally will be held starting from Budhal in Rajouri to Kamah, Gurez Uri in North Kashmir and other parts of South and Central Kashmir to compliment the PM, HM and other BJP leaders for fulfilling their promise made with Pahari people and giving justice to them.

* Watch video on www.excelsiornews.com

Services of casual labourers are need based, can't force to continue with engagement: HC

Excelsior Correspondent

JAMMU, Nov 4: High Court has held that the services of casual/seasonal labourers are need based and once an employer does not need their services it cannot be forced to continue with their engagement.

This significant judgement has been passed by Justice Sanjay Dhar while hearing bunch of petitions seeking direction to the respondents to release legitimately earned wages in their favour with a further direction that their services should be regularized and that they should not be disengaged.

The case of the petitioners is that in the year 2014 Government Order No.585-HME of 2014 dated 17.10.2014 was issued whereby a number of sub centres in the Health Department were upgraded/created and at the same time a number of posts were created in the department. The Government order also provided for hiring of 1284 casual workers to work as Nursing Orderlies for the newly upgraded/opened health institutions on the notified minimum wages.

The petitioners came to be engaged as casual workers in the department in the year 2014/2015 vide various engagement orders issued by respondent---Chief Medical Officer, Ganderbal. It is contended by the petitioners that pursuant to the engagement orders, they performed the duties assigned to them in a sincere manner. According to the petitioners, it is the constitutional obligation of the respondents to regularize their services as they have been continuously working as casual workers.

"The admitted facts which emerge from the pleadings of the

parties and the documents on record are that the petitioners have been engaged as casual workers in terms of various orders issued by Chief Medical Officer, Ganderbal", Justice Sanjay Dhar said, adding "perusal of the engagement orders issued in favour of the petitioners reveals that the same have been issued on the basis of nominations of local MLAs and Ministers, meaning thereby that the contentment of the respondents that no procedure/norms were followed while engaging the services of the petitioners appears to be well-founded".

"Engagement of the petitioners on the basis of recommendation of MLAs or Ministers without inviting applications or devising any process that would give any semblance of fairness and transparency in the matter of selection of these casual employees makes the whole exercise of their engagement illegal and arbitrary", High Court said, adding "the prayer of the petitioners that they are entitled to regularization of their services is grossly misplaced for the reason that if such a relief is granted, then their backdoor engagement created by the Chief Medical Officer, Ganderbal, would become an illegal channel of appointment and consequently it would amount to violation of the constitutional mandate".

Justice Sanjay Dhar further observed, "all the engagement orders issued in favour of the petitioners specifically provide that their engagement is subject to the allotment of funds under the scheme. It has been specifically stated by the respondents in their reply that the Government has stopped allocation of funds for the scheme".

"Therefore, in the absence of

the requisite funds, the petitioners' engagement as casual workers could not be continued. In these circumstances, there was no option left for the respondents but to disengage the services of the petitioners", High Court said, adding "the respondents have specifically stated in the disengagement order dated 14.05.2016 that the department does not require the services of the petitioners. It is a settled law that the services of casual/seasonal labourers are need based and once an employer does not need the services of a seasonal/casual labourer, it cannot be forced to continue with their engagement".

"Therefore, the petitioners cannot claim continuation of their engagement with the respondents, more so because their services have been disengaged by the respondents after serving only for about one and a half year with the respondents. It is not a case where the petitioners have put in long years of service as casual labourers with the respondents that would give rise to legitimate expectation of continuation of their engagement or regularization of their services but it is a case where the petitioners have only put in a few months of service with the respondents and the finances regarding the scheme under which they were engaged have been stopped", High Court said.

With these observations, the High Court dismissed the petitions. However, it has been made clear that the respondents shall ensure that the legitimately earned wages for the period for which the petitioners have actually worked, either on the basis of interim orders passed by this court or otherwise, are released in their favour.

LUB delegation calls on Goyal, submits memorandum

Excelsior Correspondent

JAMMU, Nov 4: A delegation of Laghu Udyog Bharti (LUB) J&K today called on Principal Secretary Industry & Commerce, Prashant Goyal and submitted a memorandum regarding the grievances faced by the industrialists of J&K to him. The delegation was led by LUB J&K UT president, Parveen Pargal accompanied by Rajinder Gupta, Rajesh Jain, Navneesh Gulati, and Varinder Jain.

Parveen Pargal informed Principal Secretary that Laghu Udyog Bharti is the largest organization in India for MSME, with more than 45,000 members across the nation, also having presence in more than 435 districts and 750 industrial areas.

Pargal complimented the Government for industrial package and said that this package surely had come for the development of UT J&K by making the way for the people of J&K to be in line with the other people of the country and also undoubtedly will boost the confidence among the industries but it should be considered that the current IDS scheme announced in February 2021 effective from April 4 last year the current scheme though lucrative for new investment as well as a bit of encouraging for existing industries in spite of very lucrative scheme even after 21 months of announcement and 19 months of effectiveness only a few existing units are able to obtain registration. The matter is very serious and needs introspection, he added.

Pargal further apprised the Principal Secretary about the grievances being faced and demanded opportunities for existing industries as well as for Government of UT J&K. He said among other things the majority of industries were established in J&K to fulfill the demand of Government and other departments such as (PDD, Flood Control, Forest Department, Social Welfare, PHE, Education Department and so many other UT departments.



Representatives of Laghu Udyog Bharti during a meeting with Principal Secretary Industry and Commerce, Prashant Goyal at Jammu on Friday.

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2-day national seminar on 'Plant & Microbial Sciences' begins at JU

Excelsior Correspondent

JAMMU, Nov 4: A two-day national seminar on 'Plant and Microbial Sciences: Achievements and Way Forward' under the aegis of UGC-SAP DRS II program sanctioned to the Department of Botany and funded by DST (SERB) and DBT, GoI, began today at the University of Jammu.

On the occasion, Dr Sanjay Kumar, Director CSIR-Institute of Himalayan Bio-resource Technology, Palampur, was the chief guest while Prof Naresh

He further said the negative attitude of Government departments, purchasing from local industries reflects in the tender form by putting up some absurd conditions to bar local industries.

He said it is being observed that these conditions are being inserted to accommodate their favorite one's.

under SAP (DRS-II) being organized by Department of Botany, wherein the delegates from across the country and invited speakers from ICGEB, New Delhi; BSI, Kolkata; Aligarh Muslim University; CSIR-IIM and University of Jammu are participating.

Prof Namrata Sharma, Deputy Coordinator of SAP (DRS -II), introduced the details of the Special Assistance Programme to the delegates. She appraised the audience, about the various research activities carried out on the specific areas of Himalayan



Dignitaries releasing souvenir during inaugural of two-day seminar at JU on Friday.

Padma, Dean Academic Affairs, JU, was the guest of honour and Prof Absar Ahmed, a renowned nano-technologist from Aligarh Muslim University was the special guest.

Presenting keynote address, Dr Sanjay Kumar stressed the need for bio-prospection of plant and microbial resources of Himalayan region for boosting bio-economy. He emphasized on the tapping of the microbe and plant resources of Himalaya and understanding their physiology for the economic upliftment of the farmers of the country.

Prof Naresh Padha spoke on the relevance of the seminar topic in the current scenario and elaborated on the importance of such congregations in the academic setups.

Earlier, Prof Venu Kaul, Head of the Department, said that this is the 5th consecutive seminar

importance and infrastructural development with respect to modernization of labs in the department. And for this, she added, the Department has got the fund to the tune of Rs 84.50 lacs.

During the inaugural function, four superannuated Professors of the Department of Botany, Prof V K Anand, Prof A K Wakhlu, Prof Geeta Sumbali and Prof Rani Mangotra were also honored with Life Time Achievement Awards by the Botanical Club of the Department of Botany, JU.

The Department also made Prof IA Hamal Memorial Lecture an integral part of this seminar. Prof Absar Ahmed of Aligarh Muslim University, special guest in this seminar delivered this lecture.

Prof Susheel Verma, Organizing Secretary of the seminar presented vote of thanks and Dr Skarima Nonzum conducted proceedings of the function.

JMC Work Culture: Water supply after 5 days in Ward 63

Sanjeev K. Sharma

JAMMU, Nov 4: Though completion of the tenure of elected body for Jammu Municipal Corporation (JMC) has only some months left, Ward Number 63 is still facing acute water crisis and some areas of the Ward even gets the water supply after five days.

This was claimed by Kuldeep Singh Chib, JMC Councillor from Ward Number 63 during an interaction with the Excelsior.

Chib, who hails from BJP, is a first time JMC Councillor and he informed that his Ward includes the areas of Bantallab, Keran, Kamal Nagar, KB Nagar, Adarsh Nagar, Bharat Nagar, Gurah Keran, Dinanagar, Uppar Thathar, Karan Vihar, Pooja Colony and Lower Thathar.

"One of the reasons for water problem in the Ward is increased population in the area," he said adding that two new tube wells have been sanctioned for the Ward but the process of tendering is still underway.

The Councillor informed that he daily provides five water tanks at Lower and Upper Thathar areas in his Ward as these areas are worst hit by the chronic water crisis.



He said that in the extended area of the Ward like Thathar, Pooja Colony etc, even less than 60 per cent of the work has been done as far as repair of lanes and installation of street lights is concerned as funds were not available.

"Only 50 per cent drains have been repaired in the Ward due to scarcity of funds," the

MUNICIPAL WARD UPDATE

Councillor further said stating that there are two Nallahs in the Ward which cause floods in rainy season thereby causing damages.

"When I was elected as a Councillor, there were issues of repair and construction of roads and lanes as most of the roads and lanes were not properly constructed in the Ward," he said.

Chib informed that there were very few street lights in the Ward at that time while elders, widows and physically challenged people were facing problems in getting pensions.

"On assuming the charge of JMC Councillor I started the

work of blacktopping roads and lanes, laying tiles in certain lanes, repair of drains, installing street lights etc in the Ward," he further said.

The JMC Councillor said that there are five crematoriums in his Ward at Bantallab, Keran, Uppar Thathar, Lower Thathar and Karan Vihar and all these places of performing last rites have been properly developed now.

"There are also eight ponds in the Ward at Bantallab, Uppar Thathar, Bawa Kailakh, Karan Vihar and four in Lower Thathar area," the Councillor said adding that Rs. 32 lakh was spent on the main pond of Lower Thathar wherein grill work was done around the pond and a walkway was made there on modern lines.

"Tendering for the pond of Bantallab has been done while for another pond at Lower Thathar, the tendering process is still underway," he said.

Chib claimed that he helped about 350 persons (including elders, widows and physically challenged people) of his Ward to get pension but the recently introduced rule for pensions exclusively to Below Poverty Line persons is creating prob-

lems. "Under Pradhan Mantri Awas Yojana scheme I helped about 35 persons to construct homes while I also guided about 220 needy people in my Ward to get toilets at their homes under a government scheme," he said.

The JMC Councillor said, as the Dengue fever has spread like an epidemic at present therefore fogging has also been done in the Ward.

"During COVID-19 pandemic triggered lockdown we distributed free ration to the needy people and also organised vaccination camps in the Ward," he further said claiming that 90 per cent of the people of his Ward have now made Ayushman Cards while camps still continue for these cards for the left over population and Aadhar Cards and Voter Cards are also being made in regular camps being organised in the Ward.

"There is no playground in the Ward but there are two parks and problems due drug addiction still prevails in the Ward for which the police should take a cognisance else many innocent youth might be trapped in this dark world," Chib continued claiming that public of the Ward is very much satisfied by his works.