

THIS WEEK FOR YOU

16TH OCT TO 22ND OCT 2022

ARIES : Aries individuals may experience a moderate phase in the upcoming week. You may need proper discipline in terms of your daily routine. If you do so, you may have some accomplishments in the workplace. A sudden responsibility at home may increase your workload. You may get a promotion either in the current company or an upper position in a new company. Your new job may give you a monetary increment. Students may step out to learn new skills or take admission for a new course of their interest. There may be progress in the competitive exams. You are advised to put in all your efforts and determination towards accomplishing the desired outcome. In terms of your health, you are expected to stay fit and fine. You may be required to develop better eating habits and opt for nutritious food choices. Some light exercises or yoga may help you to maintain your health. You should stay calm when it comes to making arguments. Otherwise, it would increase your stress level resulting in health issues.

TAURUS : Individuals with the Taurus sign may find a hectic week ahead. And this may keep you away from your family. However, you may enjoy a good time with your spouse making romantic moments. Their support may help you build a harmonious relationship. You may find it difficult to maintain a work-life balance. Your children may demand more time from you in the coming week. Taurus natives who are looking to get married may find someone special. Your love interest may bring mental strength and harmony to your life. You may even feel lucky to have met them at a time when you were feeling insecure. This week provides a favourable time to tie a nuptial knot. Those who are planning to get married, well, this may be your moment of fulfillment. If you get into ego clashes, they may become shackles to hamper your progress in life. Being more sensitive towards others' feelings may make you a better person. So, you should try to understand the situations better than others. You should not hesitate to apologize in case of any hurt caused by you. The week brings an auspicious time to start new ventures or businesses.

GEMINI : This week, Gemini natives have to be a little careful about matters related to commitment, travelling, and finance. You are advised to be extremely vigilant in speculative or trading matters. If you are considering any major investments, then consult an expert. If possible, postpone your big investment plans for a better time. In terms of love and relationship, this week is a great time to tie a nuptial knot. Gemini lovers who are planning to get married, this could be your moment of fulfillment. There may be a tendency to get aggressive or impulsive in love relationships due to the planetary influence of the sun. To maintain equilibrium in personal life, it would be better if you consider spending quality time with your partner. 2022 Horoscope indicates that you may lose your control over money expenditure. This could be true, possibly, due to shifting of your home or renovating your resting place. Your pending financial matters may get resolved if you get a fine grip on your expenditures. You should make a budget plan so that it turns out to be easy on your pocket. Gemini students may get success in written exams.

CANCER : This week could be a significant time for lovers carrying the Cancer sign. Those who are searching for a suitable companion may receive proposals. You may make major decisions in the matter of love tremendously. Married natives may involve more with their kids. They may need your love and attention. Cancer natives may go through some complex situations for a couple of days. There are chances for you to be somewhat restless during this time. You may tend to become more argumentative at your workplace. You may find it difficult to make decisions due to a lack of analytical power. So, have patience and maintain your calm in such situations. Your behaviour may hamper relationships with your coworkers and seniors. Hence, it is likely that planetary movements may negatively influence your work life. This would be a suitable time for lovers to reveal their dating partners. In this phase, they may plan to take their relationship to the next level. Your loyalty towards your friends and relatives may bring the necessary assistance at the time of your need. You may like to express your sincere gratitude to the ones who helped you.

LEO : This week, Leo individuals may need to repair their wounds in order to have a better emotional state. You may choose to let go of your anger and past hurts that had trapped you all along. In this time, you may have relief from people who were earlier part of your worries. Also, you may show some mercy to them and restore friendly relations. In this week, you may chase your travelling plans, so you are likely to go on a short trip with your dear ones. You may have enjoyable trips which are very refreshing and give you a boost of much-needed energy. Leo students may need to invest as much time as possible on studies. You should put in the necessary efforts and persevere in order to get the desired outcome academically. While travelling, you should make sure about safety measures, or else you may have injuries. For those of you who are planning to invest may have a suitable time moving forward. Investing in real estate, or purchasing gold and silver would give you beneficial results. You may need to choose the best possible portfolio during this time to reap maximum profits.

VIRGO : Entering into the next week, you may feel distracted from your career goals. Students are likely to lose their focus on their studies as this phase may have a negative impact on them. Hence, your career progress may get slow and may continue at the same pace. Aspirants with the Virgo sign may receive proper guidance and knowledge from their mentors. It would help you cope up with the educational challenges. Those who are associated with their own business may need to work on new strategies to get desired profit. You may impress more clients this week. On the financial front, the natives may have to deal with the financial woes at the beginning of the week. Thereafter, you may resolve the pending matters related to finance. Regarding your love and relationship, you can expect the same amount of love from your partner. He or she may assist you in forming a long-lasting relationship. You may even spend intimate time with your dating partner. You two may create wonderful memories of your togetherness. In terms of health, you may fall short of achieving your fitness goals.

LIBRA : Libra born natives would have a moderate time this week. Students who are carrying the Libra sign may see a rise in their careers. Freshers may get an opportunity to come forward in their choice of field. Working natives who are planning to change their jobs may receive better offers. This may help you earn a stable source of income. Your financial goals may seem to be achievable. Moving on, you need to be careful about your money expenditures as you may have more spendings. Lovers may take benefit of this phase to begin the love game with their partner. Single may get a chance to meet new faces. You may come up with an important decision by the end of this week. Libra students are likely to boost their performance, but personal life issues may cause distraction. As a result, you may lose your focus on your studies. This may lead to a disturbance in your educational progress. In terms of your health, Astro experts predict normal health status, but you need to be careful while stepping out of the home. There are chances that you may meet sudden accidents. In short, you should not be careless and maintain your fitness level.

SCORPIO : Moving into a new week, you may have to make sacrifices and commitments. Lovers representing the Scorpio sign should make the first move, or else you may not get desired response from your dating partner. This would be a perfect time to cut off the communication gaps and chase your relationship goals. Lovers making proposals during this time may soon take their relationship to the next level. Married natives may create misunderstandings with their spouses. Hence, you should give more time to your loved ones. It could be one nearby trip, which may aid you to regain trust from your partner. During this week, you may have support from your close friends and relatives. Working natives may take a break from their daily life. You may plan to go on vacation with your family members. Business persons may make trips to pen new contracts with partners. Your ideas may partially come into the action, and you may have to settle for mixed outcomes. This is a favourable time for you to improve relations with your mother. Those who have past issues with their mother may get rid of them.

SAGITTARIUS : For Sagittarius mates, a new week may bring ups and downs in your marriage life. Those who are in a committed relationship may undergo a challenging phase. It is suggested that you should keep each others' words and build mutual understandings. Otherwise, things may get messy in your love life. Your children may ask for your help in choosing the right career path. Also, they may demand more of your time. Sagittarius born natives may fulfil their travelling goals as they are likely to travel to their favourite destinations. Businessmen born with the Sagittarius sign may have a profitable week ahead. However, you should be careful while launching new schemes. Real estate agents who are planning to renovate their houses may have a suitable time. Those who are applying for a loan may get early approval, suggest panel transits. Sagittarius learners would be busy attending seminars or workshops. This may help you earn appreciation from others.

CAPRICORN : Those natives who are holding the Capricorn sign may lack good fortune. There could be long trips on the cards, but you are advised to refrain from such outings as you are likely to pick up injuries. Capricorn individuals may hear good news from their siblings. You may plan for a small get together or may visit a nearby tourist spot. Other than that, you are likely to invest more time in social activities, where you may develop more contacts. You would be happy to collaborate with the charity organisations. Doctors and other medical professionals may get an opportunity to pursue higher studies this week. Those who are in the field of IT may get rewards for their hard works. They need to stick by their principles to achieve success. This would be a lucky week for those who are into share trading and gambling. You are likely to earn monetary gains from your previous investments. Beginners need to make the most of the opportunities to get a fine grip over their financial status. Capricorn students are expected to achieve better marks in the exams. Those who are preparing for the competitive exams may get the benefit of this phase.

AQUARIUS : Aquarius Natives are likely to work in an organised manner. You may put more effort and analytical mind into your current projects. Hence, you are likely to be busier in your professional life. Regarding your health, those who are suffering from long term health issues may get relief. You are likely to feel relaxed entering a fresh week. Elders may seek more attention from their physicians. Children carrying the Aquarius sign need proper care from their parents. You may need to distance yourself from eating outside food. Or else, it would negatively impact your health. This is a phase where you need to perform meditation and yoga to maintain a good shape. Fitness enthusiasts may inch closer to their goals. People with the Aquarius sign may be able to find new love. And it is expected that you two may form a stable relationship. Single natives may meet new ones but may find it difficult to move ahead. Lovers with the Aquarius sign may manage to win trust from their broken partner.

PISCES : Pisces individuals may have a perfect time to chase their relationship goals. Lovers with the Pisces sign may need to take care of their communication skills. Other than that, it would be a great time to fall in love with someone special. Those who are in a committed relationship may make a significant decision in this phase. Single natives may embark on their new journey of life. These days could be a fair time for the new property buyers. Individuals who are running a family business may seek more help from their mothers. Her guidance may assist you in earning better profit. Job professionals may indulge in office politics, which may lead to a minor conflict. People who are connected with the finance department would have disagreements with their seniors. Whereas those who are working in the field of research and analysis may earn monetary gains. Some of you may soon plan to change your job, but it may remain undone.

Shriya Bhatt: the 15th-century Kashmiri physician and social scientist

Kashinath Pandit

Kalhan Pandit brought his celebrated history Rajatarangini from early times down to CE 1149 covering part of the reign of Raja Jayasimha. For nearly 270 years after Rajatarangini, we have no historical record available for tracing the flow of events. In the words of eminent Sanskrit scholar, late Pandit Trilokinath Ganjoo, either no history was written during those 270 years or histories were scripted but were destroyed under the orders of fanatical Sultan Sikandar, the Iconoclast. We are told that to meet the wishes of Sayyid Muhammad Hamadani, the son of Sayyid Ali Hamadani, this zealot ruler, a huge quantity of Hindu scriptures and Sanskrit literary funds was buried under mounds of earth to raise an embankment across the Dal Lake. Historical accounts produced in the post-Kalhan period also perished in the holocaust.

However, the tradition of writing Kashmir history was resumed during the reign of Sultan Zainu'l Abidin (Budshah), CE 1420 - 1470, the sixth in line after Sikandar the Iconoclast. The person who initiated the resumption of writing the history of Kashmir during the reign of this ruler was an enlightened soul who needs to be brought out of the debris of history with honour and dignity. He was Pandit Shriya Bhatt. It was he who induced the court historian Jonraja to undertake the great task of continuing Kashmir historiography in the footprints of Kalhana. Jonraja writes mukhachchhi shriyabhattasya prapayagmanavay (I, Jonraja, was given instructions by Shriya Bhatta of continuing to write the history of Kashmir, which I couldn't decline).

Thus Jonraja brought the history of Kashmir from the reign of Raja Jayasimha where Kalhan had left it (CE 1149) down to the year 1339 which fills almost a period of two hundred years. In CE 1420 Sultan Zainu'l Abidin, the sixth in the line of the Shah Mir dynasty ascended the throne of Kashmir. After bringing the history of Kalhan down from AD 1150 to the times of Zainu'l Abidin, including 39 years of this Sultan's reign, Jonraja departed from this mortal world. He named his history Zaina Rajatarangini. After Jonraja, his student Shrivara continued his master's historical work from AD 1459 to 1486.

fact, can be considered a landmark in the democratization of the Hindu society of Kashmir of his times. Thus what the various Hindu reformation movements in India like the Bhakti movement, the Brahma Samaj movement, the Arya Samaj movement or Vishwa Hindu Parishad tried to do was undertaken by the visionary Shriya Bhatt way back in the middle of the 15th century.

The third issue which he tried to tackle was the reconstruction, restoration and protection of Hindu shrines, temples and viharas and providing adequate means for maintenance. It speaks a lot about the vision and foresight of Shriya Bhatt.

Dr Ganjoo thinks that Shriya Bhatt very wisely advised his community members to learn Farsi, the official language adopted by the Muslim rulers after discarding Sanskrit. Kashmiri Hindus followed his advice and Bhatt Avtar is the person who had some Farsi works to his credit which are no more extant.

Perhaps our readers will like to know how Shriya Bhatt attained access to the court of Sultan Zainu'l Abidin and how he could increase his influence on the Sultan.

Jonraja tells us that a carbuncle appeared on the chest area

manner in which travellers of deserts suddenly find a well of cool water in the way. He was brought before the Sultan."

Jonraja writes that although Shriya Bhatt was a past master in the medical profession yet he had some hesitation in treating the Sultan. Keeping in mind the massive destruction that his community had to face at the hands of previous Sultans and their administration, Shriya Bhatt was apprehensive lest miscarriage of treatment happened and the consequences would be unbearable for the distressed and moribund community of the Hindus of Kashmir. The Sultan understood his psychology and called him to his presence and assured him of no dire consequences if the treatment did not succeed.

On feeling convinced, Shriya Bhatt took up the surgical instruments supplied to him and began the surgery of the carbuncle. He opened the boil and squeezed out the poisonous pus precisely as a female elephant uproots and throws away a poisonous herb. The Sultan was cured and praises flowed for the great physician abundantly. It portended a good time for the beleaguered Hindu community.

After fully recovering from the wound, the Sultan called Shriya Bhatt to his presence and expressed his desire to reward him adequately according to his choice. But the wise and great humanist Shriya Bhatt, aware of the plight of his community under repressive regimes, submitted to the Sultan that he would not ask for anything for his person but the community based on humanism and justice. He said that the members of the community, who were forced to go into exile under previous regimes, especially the learned men, should be recalled and rehabilitated in their places in Kashmir. On Shriya Bhatt's persuasion, the Sultan ordered the resumption of scholarships to the students of the Hindu community whose studies were suspended and whose seminaries were closed down during the reign of Sikandar the Iconoclast. Again, on the request of Shriya Bhatt, all temples and shrines that were demolished under the orders of Sikandar were rebuilt and restored to their previous glory. Another notable contribution of Shriya Bhatt was that he persuaded the Sultan to abolish the jizya meaning poll tax imposed on the Hindus by Sikandar. He succeeded in getting this taxation abolished. From one verse in Jonraja's history, which late Dr Trilokinath Ganjoo has quoted in his booklet, we are informed that on the behest of Shriya Bhatt, the Sultan imposed a ban on cow slaughter and beef could not be sold at all. He impressed upon the Sultan to allow the Hindus the freedom of visiting their temples, shrines and tirthas and offer prayers as per their tradition. He also ordered that the lands and endowments of the shrines of Hindus forcibly grabbed during the reign of previous Sultans should be restored to their original Hindu owners.

Jonraja says that with the patronage of the Sultan, Shriya Bhatt opened pathshalas meaning seminaries in each pargana where students would enrol themselves to acquire traditional learning of Hindu religion and philosophy.



Shriya Bhatt

Jonraja has given his name as Shriya Bhatt, which the Kashmiri Hindus have been pronouncing as Shri Bhatt/Shriya Bhatt and the Muslims pronounce it as Shir Bhatt. A locality at some distance from Hawal towards the north of Srinagar was given the name of Shirbatun by the local Muslim population. It means "the locality of Shir Bhatt". Bhatt/Bhatta, of course, is the abbreviation of Bhattarika, the epithet often used for learned Brahmans of Kashmir. Kashmiri Muslims generally call Kashmiri Hindus Bhatta. Bhatta, a sub-caste is also derived from the same root. The sub caste is common to Hindus and the Muslims of Kashmir.

We are told that at the beginning of his reign, Sultan Zainu'l Abidin was not a secular-minded person. He was as staunch in his faith as his forefathers were. This point has been very emphatically explained by Jonraja. It was the influence of the dynamic and impressive personality of Shriya Bhatta (or Shri Bhatta) that brought about a total reformation in the thoughts and policy of the Sultan.

As long as Sultan Zainu'l Abidin (called by Kashmiris Budshah meaning the Great King) continued to go by the same advice and considered guidance of Shriya Bhatt, he reigned in peace and tranquillity. But after the demise of Shriya Bhatt in CE 1459, the remaining 20 years of the Sultan were rather painful and highly disappointing for him. These years were beset with court intrigues and conspiracies. The reason was that the sane and expert advisory support from Shriya Bhatt was no more there and the Sayyids, originally from Iran, had gained a strong foothold in Delhi's power structure and were playing a menacing role in Kashmir.

When Shriya Bhatt contemplated re-consolidation of the battered Hindu society of Kashmir of his day after it had gone through a cataclysmic period under the reign of Sikandar Butshikan, he could identify three main aspects that needed to be addressed. The first was how could the ritual of giving water (tarpan) and pind-dhan be made for those Hindus who had perished along with their clan and gotras leaving behind no trace owing to the genocide let loose against them by the new governing structure. This has to be understood from the way the ancient Hindus of Kashmir had developed their millennia-old philosophy. This led to the confirmation of gotras among the Kashmiri Hindus which we can observe even today. The second area which Shriya Bhatt wanted to address was of recreating a castless Hindu society out of the remnants that had survived the onslaught of civilizational transformation. He proposed the inclusion of all the Kashmiri Hindus in the category of Brahmans. This was an example of great foresight and in

It is an irony that historians have presented Shriya Bhatt only as a surgeon who treated Sultan Zainu'l Abidin and restored him to health. The huge social work of reviving the Hindu culture and its manifestations in the shape of temples, viharas, mathas, tirthas, stupas, and shrines from the destruction caused by Sikandar, Shriya Bhatt has rendered unforgettable service. He was instrumental in retrieving a large number of Sanskrit works from the throes of destruction. No single person in the Kashmir Hindu community after Shriya Bhatt has played so vital a role in reviving Hindu religion and culture in its multifaceted forms in Kashmir back to its glory as was done him. Historians have not ventured to explain how Shriya Bhatt neutralized the vicious influence of the Sayyids by adopting the highest order of statecraft. History of Kashmir tells us that after the exit of Shriya Bhatt from the scene in CE 1459, Kashmiri Sultanate entered into an era of decline and internal disruption until the Mughal occupation in CE 1586.

In the final analysis, deep and dispassionate research must be conducted on the works and contributions of this great son of Kashmir. He emerges as an eminent social scientist that renounced all temptations and dedicated his entire life to the service of the community and the people. A Shriya Bhatt chair should be incepted in one of the Central Universities of the Union Territory so that scholarly literature is produced on eminent Kashmirian personalities that have not received proper notice so far and are brought out from oblivion.

of Sultan Zainu'l Abidin which caused him terrible pain and restlessness. Court physicians became helpless in curing the king. Someone spoke to him of Hindu physicians being well-versed in curing dangerous carbuncles. It was decided to find one and bring him to the royal court for the treatment of the ruler.

Here Jonraja gives a poignant insight into the ground situation of the Kashmiri Pandit society of the day. Because out of fear and intimidation unleashed by the earlier Muslim Sultans, the Kashmiri Pandits had got thinly scattered and disintegrated and it was difficult to know the whereabouts of a well-known physician in their community. Jonraja says that just as a fresh flower is not visible anywhere in Kashmir owing to heavy snowfall in winter, similarly a Kashmiri Pandit was not easily found anywhere. Somehow, the sleuths of the royal court managed to find one Hindu physician living somewhere in the locality of Gunjavihara (present-day Gojwor) and brought him before the Sultan.

On this find, Jonraja writes: "After conducting a serious and fulsome investigation, the royal secret agents came to know of a Hindu physician, a yagya and havan (prayer and offering to the deity) performing expert in gurood shastra (the science of treating carbuncles) named Shriya Bhatt in the same

Scholarship Alert

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| Scholarship Name 1: | LIC HFL Vidyadhan Scholarship 2022 |
| Description: | LIC HFL invites applications from post-graduation students to support them in continuing their education. The scholarship is meant for those students who belong to low-income and crisis-ridden families. |
| Eligibility: | Open for Indian students who are currently studying in post-graduation programmes (in the academic year 2022-23). Applicants must have scored more than 60% marks in their previous qualifying examination. Annual family income of the applicant must not be more than INR 3,60,000 from all sources. |
| Prizes & Rewards: | Up to INR 20,000 |
| Last Date to Apply: | 31-10-2022 |
| Application mode: | Online applications only |
| Short Url: | www.b4s.in/excelsior/LHVP2 |
| Scholarship Name 2: | Kotak Kanya Scholarship 2022 |
| Description: | Under the CSR Project on Education & Livelihood of Kotak Mahindra Group Companies, Kotak Education Foundation invites applications for Kotak Kanya Scholarship 2022 from Class 12th passed girl students, who have secured more than 75% and whose annual family income is less than or equivalent to INR 3,20,000. The scholarship aims to help meritorious girl students from underprivileged sections of society to pursue professional graduation courses from acclaimed universities and colleges. |
| Eligibility: | Meritorious girl students who have secured admission to 1st year graduation programmes in professional courses from institutes of repute (NAAC/NIRF accredited) can apply. Professional courses include professional graduation courses like Engineering, MBBS, Architecture, Design, integrated LLB, etc. Applicants must have scored more than 75% marks in their Class 12th board examinations. |
| Prizes & Rewards: | Annual family income must be INR 3,20,000 or less from all sources. Up to INR 1.5 lakh* per year *Disclaimer: Please note, the renewal of the scholarship every year will be at the sole discretion of the Kotak Education Foundation |
| Last Date to Apply: | 30-11-2022 |
| Application mode: | Online applications only |
| Short Url: | www.b4s.in/excelsior/KKGS12 |
| Scholarship Name 3: | HDFC Badhte Kadam Scholarship 2022-23 |
| Description: | HDFC Badhte Kadam Scholarship aims to provide financial assistance to help high performing students from underprivileged backgrounds to continue and complete their education. Open for students in Class 11-12, those pursuing undergraduate courses and competitive exam coaching. |
| Eligibility: | Indian students who are currently studying in Class 11 to undergraduate (general and professional). Students with Disabilities studying in Class 11-12, pursuing undergraduate courses, diploma/ITI, and vocational courses. Candidates preparing for competitive examinations such as NEET, JEE, CLAT, and NIFT at a recognized coaching institution. Must have obtained at least 60% marks (80% for coaching students) in the previous class or board exams (Note: There is no minimum marks required for Students with Disabilities). Annual family income of the applicants should be below INR 6,00,000 (for Students with Disabilities, it should be below INR 8,00,000), from all sources. Special consideration will be given to girl students and students who are going through any kind of crisis (lost a parent/both parents, terminal illness in family, etc.). |
| Prizes & Rewards: | Up to INR 1,00,000 |
| Last Date to Apply: | 31-10-2022 |
| Application mode: | Online applications only |
| Short Url: | www.b4s.in/excelsior/HTPF12 |

INNER VOICE

WOMAN

First shape of a girl is called "Daughter". Daughters are always better than Sons. Daughters are the Chirags of two homes. Whileas sons are only chirag of one home. Second shape of a girl is called "Wife". No education without college; no life without wife. Third sacred shape of girl is called "Mother". There is nothing in the world without mother. Great men like Shivaji, Subashji, Gandhiji and Napoleon owed their greatness to their educated mothers. Home is better if mother is educated. Mother is considered to be the most important wheel in the family vehicle. Her morning doesn't start with the rising Sun. Since she gets up very early in the mornings. Her contribution towards the upliftment of her children is unique and unmatched one. The popular slogan 'Beti Bachao Beti Padoo' is always commendable by all sorts of people.

Tara Chand Bhagat

BIRTHDAY WISHES

Leave the worries it's time to cheer I'm writing this for you after a year Another year older and wiser you are You sparkle in night like a shining star You spread positivity with your presence Your eyes reflect your innocence There is some magic in your personality Unique and unmatched is your quality I wish you get everything you desire Just spread your wings and fly higher I'm writing this rhyme quite sincerely That happiness and joy fill your birthdays yearly Here is wishing you all the fun Trust me you are the number one.

**Tarandeep Singh
Singhpura Miran Sahib**

FALL

Leaves are turning orange, brown, Fragrance of pumpkin lattes fill this town, Photos with aesthetic brown hues, Our fall polaroids are due, Exchanging annotated books, Fall make-up looks, Baking pumpkins pies, Lying down under the starry night,

Decorating our walls, Driving to the mall, Lying down on the bed, Listening to the girl in red, Going for a late night strolls, Pretty much why I love the fall.

**Sanvi Rajput
9th, GDG PS, Gurugram**

CIPHER DECIPHER

e-mail: cipher-decipher@dailyexcelsior.com

- Hi Friends! We are back with your favourite column for the week. Please have a look at OUR MESSAGE before you send in your message to us.**
- From Sharda Gupta to all: "Innovation is more likely to come from a person who sits down and does the same thing every single day until they become an expert than from a person who sits down once because they feel inspired".
 - From Kiran Kanchan to all: " Everything in life is writable about if you have the outgoing guts to do it, and the imagination to improvise. The worst enemy to creativity is self-doubt".
 - From K K Gupta to all: " Sometimes you meet a person and you just click-you're comfortable with them, like you've known them your whole life, and you don't have to pretend to be anyone or anything".
 - To all from Abhi Jandial: "A friend is someone who makes it easy to believe in yourself".
 - From Usha Raina to all: " Nothing is better than going home to family and eating good food and relaxing".
 - From Charu Mahajan to all: "Start where you are with what you have and do what you can do. The rest will follow".
 - To all from Deeraj Verma: "Exhale the negativity. Inhale the positivity. Turn your dreams into reality".
 - From Devinder Sharma to all: "Gratitude is the secret weapon which makes you blind to the things you lack".
 - To all from Sudesh Kumar: " Change the game, don't let the game change you".
 - From Ankita Sharma to all: "Your destiny is decided by how involved you are in each moment of your work. Live in present and give your best. Your dreams will soon come into life".

BEST MESSAGE

The award of rupees 300 for this week's best message has gone to R C VERMA, R/o H.NO. WARD NO.3 NEAR CO-OPERATIVE SCHOOL,SAMBA-184121, CONTACT:9419121252 for the message "The road always seems long and tough in the beginning, but once you put your feet on the peddle, it becomes a journey that you will remember for a lifetime".

Cut it Here

CIPHER—DECIPHER
MESSAGE CHIT

Name.....
Address.....
Message.....

Cut it Here

OUR MESSAGE

➤ Please do mention pin code number of areas while sending your message to EXCELSIOR.
➤ Your message must reach us by Friday evening.
➤ To send your message, use CIPHER-DECIPHER message chit.
➤ Your entries should be brief and original. We use those messages devoid of hurting the sentiments of the people.
➤ Out of the messages we receive, one of the message is selected for the award.

HARESH SINGH

HAPPY BIRTHDAY

Excelsior wishes many many happy returns of the day to **Shivaay Sharma** S/o Bharat Sharma & Suman Sharma R/o H.No. 404, Chandan Vihar Muthi Camp on his 4th Birthday.

Wishes also from:
**Dadu & Dadi
Papa & Mummy
Chachu & Chachi**

Shivaay Sharma

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