



Union Minister for I&B and Sports Anurag Singh Thakur along with other dignitaries posing for group photograph.

MP to host 5th edition of Khelo India Youth Games

NEW DELHI, Oct 20: happy that states like MP are coming forward to build and promote our sports eco-system. All the states should learn from it. Sports is a state subject and they need to contribute as a whole to develop it from the district to the state level," Thakur said. He also mentioned that indigenous games will once again be part of the upcoming KIYG. "I congratulate Madhya Pradesh for adopting Mallakhambh as official state sport. It will be one of the five traditional sports that will part of the Games," he added. Madhya Pradesh CM thanked PM Narendra Modi for giving his state a chance to host the Games and promised to make the event "special". A group of 15 children performed Mallakhambh while another group came up with a break-dance, which is now a part of the 2028 Olympics roster during the event. (PTI)

Senior Women's T20 Trophy Shivanti scores 2nd consecutive fifty; Nadia, Sandhya shine as J&K crush Arunachal Pradesh

JAMMU, Oct 20: Shivanti Gupta scored second consecutive fifty, while Nadia Chowdhary sparkled and skipper Sandhya Sayal continued her superb bowling display to guide Jammu and Kashmir to a big win by 85 runs win over minnows Arunachal Pradesh in the ongoing Senior Women's T20 Trophy at Barsapara Cricket Stadium, Guwahati today. Earlier, winning the toss and batting first, J&K rode on a brilliant partnership of 103 runs between Shivanti Gupta (52) and Nadia Chowdhary (49) to set a good target of 145 runs for Arunachal Pradesh. After the loss of Anju Tomar's wicket at 8 runs in 2 overs, the duo of Shivanti and Nadia took the score to 111 runs before latter's dismissal. Shivanti scored 42-ball 52 runs studded with 7 boundaries, while Nadia contributed 49 runs off 50 balls with the help of 6 boundaries. Then explosive Rubia Syed hit power-packed 19-ball 26 runs including one six and one four to help J&K score formidable 144 runs in the stipulated 20 overs, losing 5 wickets in the process. For Arunachal Pradesh S Ligu took 2 wickets by conceding 23 runs in her 4 overs, while Itika Tyagi and Nabam Para claimed one wicket each. In reply, Arunachal Pradesh managed to score paltry 59 runs in 20 overs by losing 6 wickets to lose the match by a big margin of 85 runs. Skipper Nabam Yapu (22) and Sai Rajesh Bhojyar (18) were the main contributors. For J&K, Sandhya Sayal Sayal

Police organises debate competition

Excelsior Correspondent DODA, Oct 20: Police organised a debate competition as part of 'Police Commemoration Day' at District Police Lines on the topic, "From Patriotism to Martyrdom- a big moral" in which students of various schools participated, here today.



SSP Abdul Qayoom awarding a winner in Doda on Thursday.

The aim of the programme was to pay high respect, rich tribute and to remember the supreme sacrifices of martyrs who have laid their lives for the integrity and sovereignty of the Nation. SSPAbdul Qayoom was the chief guest and while speaking on this occasion, he urged upon the students and participants to work with high spirit of patriotism and contribute towards the development and prosperity of the nation. He also advised the students and participants to help the Police in eradicating the menace

'CRICKJMU-22' Season-1 from Nov 3

Excelsior Sports Correspondent JAMMU, Oct 20: Gurvansh Singh Solar Solution Private Limited is going to conduct the maiden 'CRICKJMU-22 Season-1' cricket event from November 3 at Country Cricket Stadium Gharota, here. This was stated by Rajiv Mahajan in a press conference here today. He was flanked by organizers namely Rakesh Verma, Rohit Mahajan, Arun Singh, Verinder Singh, Manik Gupta, Rumi Singh and Anil Kumar. "In this 20-day-long event, 16 teams are going to participate to explore their talent and compete for clinching the title trophy," Mahajan said, adding that this is the first time in Jammu that new thought is being taken that we have designed 4-indoor reward and recognition events. We are also trying to uplift local cricket and bring the hidden talent in front, Rajiv said. "In our indoor events, we are inviting renowned cricket stars and singers from Jammu and Northern India," he said and appealed to all local playing boys and common masses to make this event successful.

Soham wins Bronze in Asian Chess C'ship

Excelsior Sports Correspondent International Master Norm. Atul Kumar Gupta, president All J&K Chess Association congratulated Soham Kamotra for this historic medal for India and J & K. Definitely his performance will boost other youngsters' morale, he said. It is pertinent to mention here that he had won a Gold medal in the National Under-18 Chess Championship three months back. He was fully sponsored by SAI for this Asian Championship. Earlier, he became the first ever player from J&K to get

Clinical Sri Lanka seal Super 12 berth, Netherlands qualify too despite loss

GEELONG (Victoria), Oct 20: Kusal Mendis stood tall with a gritty 79 as Asian champions Sri Lanka bounced back from their early debacle to seal their Super 12 berth with a 16-run win over the Netherlands in the T20 World Cup here on Thursday.

Despite the loss, the Dutch joined the Lankans in the Super 12 with UAE handing them a huge favour by winning against Namibia in the group A finale here later in the day. This was UAE's first ever victory in the T20 World Cup. Facing an early elimination after being shocked by Namibia in the T20 World Cup opener at the same venue on Sunday, Sri Lanka first crushed UAE by 79 runs and then on Thursday they came out on top against the Dutch to post a stiff 162 for six with wicketkeeper-batter Mendis leading the show in his 44-ball knock. In reply, the Dutch, who led group A with wins over Namibia and UAE, managed 146 for 9 as the Lankan spin twins Wanindu Hasaranga (4-0-28-3) and Maheesh Theekshana (4-0-32-2) stymied their chase with perfect death over execution. For the Dutch, opener Max O'Dowd came up with a valiant 71 not out from 53 balls (6x4, 3x6) but he lacked the final flourish with hardly any support from the middle and lower order batters. (PTI)

UAE knock Namibia out of T20 WC with historic win

GEELONG Oct 20: Muhammad Waseem came up with an all-round show as UAE scripted their first ever T20 World Cup win, defeating Namibia by seven runs in the concluding group A match here on Thursday. Courtesy UAE's win, the Netherlands qualified for the Super 12 from Group A, along with Sri Lanka, while Namibia, who were in the reckoning before the match, got also eliminated. UAE were already eliminated after Sri Lanka beat the Netherlands by 16 runs earlier in the day. Chasing 149 for a win on a two-paced pitch, Namibia lost half their side inside 10 overs and it was then left to the seasoned David Wiese to steer their ship with 55 from 36 balls. He hit three fours and as many sixes. But, the effort proved insufficient as Waseem (1/16 from two overs) came out on top with a perfect final over and dismissed Wiese to seal a memorable victory. Wiese had a superb 70-run eighth wicket partnership with Ruben Tumpelmann who played the perfect foil with occasional boundaries and clever rotation of the strike in his 25 not out of 24 balls. Namibia needed 20 runs from the last two overs, but Zahoor Khan came up with a perfect penultimate over and conceded just six runs, cleverly mixing up his deliveries and bowling with cross-seam. (PTI)

PTU Youth Fest concludes at Aryans Group of Colleges

Excelsior Sports Correspondent Chairman; Aryans Group presided over the function. Renowned Punjabi singers Sangram Hanjra, Jashan, Gursewak Likhari, Param and JAMMU, Oct 20: The 'Youth Fest of IKG-PTU Jalandhar' concluded at Aryans Group of Colleges, Rajpura, near Chandigarh, wherein BBSBEC Fatehgarh won overall winner trophy and declared overall winner, while SVIET, Banur stood 1st runner up overall during prize distribution in closing ceremony. The Aryans of Engineering, Rajpura students won in the spot 'Photography & Poem Recitation'. Thousands of students of around 10 Colleges from various districts of West Zone of IKG-PTU, Jalandhar participated in various cultural activities of the Festival. The Fest was inaugurated by Finance Minister Punjab, S. Harpal Singh Cheema as chief guest, while Neena Mittal, MLA Rajpura was the guest of honour. On the second day, MLA Ghanaur, Gurlal Singh was the chief guest and he interacted with all the students, wherein Adv Vikram Passi, Lovish Mittal, Rupinder Singh, President Anajj Mandi, Rajpura were the special guests. Sumeer Sharma, Assistant Director, Youth Affairs, IKG-PTU was present on occasion, while Dr Anshu Kataria, Kashmiri artist Popping Sam also enthralled the audience during various days in youth fest. In Music, Dance, Theatre, Bhangra, Group Shabad, Classical Music, Fine Arts, Literary, Eloquence, Poster Making, Debate, Quiz, Mehandi, Collage Making, Cartooning, Western Group Song, Light Vocal Indian etc, Baba Banda Singh College stood first. In Essay writing, Poem recitation and on the spot painting; Swami Vivekanand Institute of Engineering & Technology, Banur stood first and 2nd in Debate, Mehandi etc. ISF College Moga got 3rd position in Mehandi and short story writing, while Gurdasi Devi Institute of Technology, Budhlada secured 3rd position in Gidha and on the spot photography.



Justice Gita Mittal and Div Com Kashmir P K Pole addressing participants of 'Kids Festival' at Shopian on Thursday.

Div Com inaugurates Kids festival at Shopian

Excelsior Correspondent SHOPIAN, Oct 20: Divisional Commissioner (Div Com) Kashmir, Pandurang K. Pole today inaugurated a Kids Festival at Town Hall Shopian in presence of Deputy Commissioner, Shopian, Sachin Kumar Vaishya and SSP, Shopian, Tanushree. The Festival was organised by Jadooz India Ltd. On the occasion, a live interaction was delivered to the Table Tennis players by Justice (Retd.) Gita Mittal Chairperson, Table Tennis Federation of India (TTFI). In her virtual interaction, Mittal besides appreciating the breathtaking Scenery of Shopian, said Youth of the Valley are gifted with great talent which needs to be channelized through career counseling and engaging youth in career productive activities. She while emphasizing on Cinema added productive activities will bring a new energy which will pave a way and give fillip for great arts and literary tradition of the valley. She said that the youth of Kashmir are excelling in every field especially in sports activities including Table Tennis and exuded upon students and players present to give their best towards studies and other literary, artistic and sports activities. Kashmir from ancient times has been known for rich scholarly texts also, she said and that more and more youth should come forward and take part in sports and cinematic activities to make their career a success in every field of life. Div Com while speaking on the Edutainment said that the Cinema acts as a Mirror of Society as it reflects the social mores, social growth and trends. Health of the society can be better appreciated by engaging the vast majority of people in cinematic experiences, said Pole. He said that Cinema is a very big informative and entertaining medium and we must fully utilize its potential for the betterment of society. He said that we are delighted to bring to reality a world class literary journey in Kashmir which had been long awaited. Later, a motivational Movie was also screened on the occasion which was hailed by the audience present there, especially students and tennis players. Chairperson Municipal Council, Shopian, Subhash Koul, Director, Film Industries, Rahul Rawail, Executive Officer, Municipal Council Shopian, Suhail Malik, concerned officers, prominent Table Tennis players, Students of various schools and people in large numbers were also present.

Rain plays spoilsport, abandons matches in KPCL

Excelsior Sports Correspondent JAMMU, Oct 20: Heavy rains which lashed Jammu City and adjoining areas today played spoilsport as it abandoned both the matches scheduled for the day in the ongoing Kashmiri Pandit Cricket League, being organised by Safran Cricket Club at Country Cricket Stadium Gharota, here. In the first outing of the day, RS Cricket Club was scheduled to lock horns with Shaiputri Cricket Club, while in the second match, Whites Cricket Club was all set to take on Young Strikers Cricket Club. Sixteen teams are taking part in this mega cricket tournament which is being played on league cum knockout basis. The matches are being officiated by Ashok Singh, Rohan Sharma and Girdhari Lal as the umpires, while Arun Zalpuri, Aneesh and Vicky Raina are maintaining the online and offline scores and Ajay Peshin is doing the referees job. The tournament is being held under the overall supervision of Chief Organiser Sarthak Khoda.

SDA excels in Dance competition

Excelsior Correspondent All the dance performances were choreographed by Nitin from the Spark Dance Academy of Spark Dance Academy participated in All India Dance Sports Championship held at Shimla in Himachal Pradesh from October 15 to 16, wherein seven students excelled in the championship and won prizes. Janvi, Rishab, Prarthi, Lavya & Mahi won first prizes, while Tanish and Ashiya secured 2nd prizes. Bantallab Jammu. Winners posing for a group photograph on Thursday.

Distt Sport Climbing C'ship on Oct 29

Excelsior Sports Correspondent JAMMU, Oct 20: The 21st Jammu District Sport Climbing Championship shall be organized by Mountaineering Association of J&K in collaboration with Sprawling Buds ICSE School Bantallab on October 29. The competitions to be conducted on the pre fabricated 40ft high Tenzing Norgay Sport Climbing Wall in Sprawling Buds ICSE School campus in eight categories of men, women (born in 2005 and earlier), boys/ girls (born in 2006, 2007 & 2008); sub junior boys /girls (born in 2009 and 2010) and mini boys/girls (born in 2011 and after). The competitions in all the categories shall be held in 'lead climbing' only. Interested climbers/ institutions should contact general secretary of the Association, Shawetica Khajuria (7006099855) on or before October 26, while on the spot registration shall also be done at Sprawling Buds ICSE School from 8 am to 8.30 am on Oct 29.

Shaheed Zulfikar Ali Martyrs tournament held

Excelsior Sports Correspondent KARGIL, Oct 20: Ladakh Police organized the final match of Shaheed Zulfikar Ali Martyrs Memorial Cricket T-20 tournament at Zanskar with great enthusiasm, here today. The final match was played between United Zanskar and Smart Friends Club at Cricket ground Marthang, the match was won by Smart Friends Club and Javid Ahmad was declared man of the match. Executive Councillor, Tourism, RD and Zanskar Affairs, Er Phunsok Tashi was chief guest on the occasion, while BDCs, incharge SDM Zanskar, HoDs and religious heads also attended the event.

Advertisement for dengue prevention featuring a large graphic with the text 'NO MOSQUITO NO DENGUE' and 'SYMPTOMS OF DENGUE'. It includes a list of prevention methods such as 'Avoid water stagnation as mosquito responsible for Dengue breeds in stagnant water.' and 'Keep water containers tightly covered.' It also features a diagram of a mosquito and a list of symptoms including 'Abrupt onset of HIGH FEVER', 'Severe Frontal Headache', 'Muscle, Bone and Joint Pains', 'Pain behind the Eyes, which worsens with eye movement', 'Nausea, Vomiting', 'Skin Rash', 'Internal bleeding', and 'In serve forms of Dengue, Bleeding from Nose, Mouth & Gums due to internal bleeding'.