

Indian athletes could not shine in past due to nepotism, graft: PM at National Games opening

LAuding Indian athletes for winning medals at various international events such as the Olympics in recent times, Prime Minister Narendra Modi today said despite having the capability, sportspersons could not perform well in the past at the world stage because of nepotism and corruption.



Prime Minister Narendra Modi at the opening ceremony of the 36th National Games at Narendra Modi Stadium in Ahmedabad. Gujarat on Thursday. (UNI)

He made the comments after declaring open the 36th National Games at a glittering ceremony at the Narendra Modi Stadium in Ahmedabad city's Motera area. "The country's sportspersons were capable in the past too. This movement of winning medals (at international sporting events) could have started earlier too. But, instead of professionalism, there was nepotism and corruption in sports. We have cleaned the system and pumped in new confidence among the youths," said Modi in his address to a cheering crowd at the sprawling stadium.

He said when people around the world eagerly waited for popular and prestigious global sports events like the Olympics, such competitions were just subject of general knowledge in India for many years. "But now, the mood and temperament of the nation has changed. Our sportspersons have continued a tradition of being the first and the best which started in world eight years back, but this number has now gone up significantly. "Today, they take part in 300 such international events. Similarly, as against 25 to 30 games our sportspersons used to participate eight years back, we now take part in nearly 40 different games. Both the medal tally as well as the country's reputation in global sporting arena are increasing," he said.

The PM maintained his Government took good care of sportspersons during the difficult time of the coronavirus pandemic and provided them all the required resources and even sent them abroad for training. "Thanks to schemes like TOPS (Target Olympic Podium Scheme), our sportspersons are making new records and breaking their own records. India gave its best performance in the Tokyo Olympics (organised in July-August 2021)," he said.

Modi informed the audience that the sports budget of the central government has increased up to 70 per cent after he assumed office in 2014. He urged athletes not to get disheartened after facing defeats and gave the mantra of "commitment and continuity" to win the competition. On the occasion, Modi also inaugurated the new campus of the Swarnim Gujarat Sports University. (PTI)

2014," said Modi, referring to the year when the Bharatiya Janata Party (BJP) came to power at the Centre after getting clear majority in the general elections and he became PM. "Your victory in sports will pave the way for the country's success in other fields. The soft power of sports will significantly improve our country's image," the prime minister said in a message aimed at athletes.

According to the prime minister, Indian sportspersons used to take part in less than 100 sporting meets at various levels in the

45th District TT C'ship Samar, Ahaan sail into Hopes under-11 finals

Excelsior Sports Correspondent Jammu, Sept 29: The 45th Jammu District Table Tennis Championships, organised by District Association under the aegis of J&K Table Tennis Association is going on full swing at Indoor Complex MA Stadium, here today.

In the championship, Samar and Ahaan sailed into finals of Hopes under-11 boys category, whereas in the semi-finals Samar defeated Akshar by 3-1 and Ahaan beat Sayam by 3-1 and Nitya Arora trounced Gunjan by 3-0 and Yasha beat Bhavin by the same margin to enter the cadet girls final, besides in cadet boys quarter finals, Ritvik beat Sayam by 3-0, Hiteshar defeated Ahaan by 3-1, Gourav trounced Satyam by 3-1, and Rudraksh beat Samar by 3-1.

In cadet girls semi-finals, Nitya beat Gunjan by 3-0 and Yasha defeated Bhavin by 3-1, while in Hops boys semi-finals, Samar beat Akshar by 3-1 and Ahaan trounced Sayam by 3-1. In the veteran men first round, Vasu beat Jamwal by 3-0, Sunil Jain defeated Prof Vaid by 3-1, Rajan Sharma, I.P Singh, Satish Gupta, Ajay Sharma, Saleem Bandy (Secretary Poonch District TT Association), Ashok Singh (Sports Officer Jammu Province), Vikas Gupta, Vasu Dewan, Sandeep Khadotra, Narinder Singh, Sheetal Gandotra and Sanjeev Gupta were among the prominent persons who graced the event.

The tournament is being organized by J&K Table Tennis Association in collaboration with J&K Sports Council under the initiative of 'My Youth My Pride'.

Jeet Raj defeated Rajinder by 3-0 and Amit trounced Purshotam by 3-0, while junior girls first round matches were underway till the last reports came in. Satbir Singh, Sanjay Wahi.



Winners posing with an official at MA Stadium on Thursday.

District Ganderbal Judo C'ship concludes

Excelsior Sports Correspondent GANDERBAL, Sept 29: Three days long 2nd District Ganderbal Judo championship, organised by Judo Association of J&K under the aegis of J&K



Winners posing for a group photograph at Ganderbal on Thursday.

Sports Council, concluded at Sports Stadium, here today. More than 500 students from different Schools and Clubs participated in this event. The students of below mentioned Schools and Clubs showed their tremendous performance in this event including River Hills Educational Institute Kachan, Islamia Hanfiya Harraan, Hanfiya Guldirehman, Army Goodwill Kangan, DPS Sephora, Govt. Primary School Sephora, Govt. Middle School Sephora, and Khelo India Judo Centre. The River Hills Educational Institute won the overall title and The Hanfiya Gundrahman stood second. Major Vinay (2ARR Ganderbal) was the chief guest and Farooq Gandarbali was the guest of honour of this event.

In under-12 girls below 16 kg: Aayat, Afra, and Adeebah Jaan won top three medals respectively, in below 21kg: Gold was won by Khansa, Silver by Falak and Bronze by Zohra, in below 24kg, the Gold was secured by Minha Bilal, Silver by Humariya and Bronze by Arjuman, in below 28kg, the Gold was won by Tahira, Silver by Zainab and

Bronze by Afshana, in below 32kg, the Gold medal was secured by Hibbah-ul-Ismaail, Silver by Ayma and Bronze by Flak, in below 36kg, the Gold was won by Baiza Tariq, Silver Auroof, in under 15boys in below 20kg, the Gold was won by Muzamil, Silver by M. Anus, 1st Bronze by Ayaan and 2nd Bronze by Zahid, in below 30kg: the Gold was clinched by Saifullah, Silver by Reyhan, 1st Bronze by Tufail and 2nd Bronze by Shakir, in below 35kg: the Gold was won by Ibrahim, Silver by Irfan, 1st Bronze by Raqib and 2nd Bronze by Danish, in below 40kg: the Gold was won by Shuraim, Silver by Mehraj, 1st Bronze by Faizan and 2nd Bronze by Mohsin, in below 45kg: Gold by Zahid, Silver by Mohsin, 1st Bronze by Rahil and 2nd Bronze by Mansoor, in below 50kg, the Gold by Rashid, Silver by Uzair, 1st Bronze by Fasil and 2nd Bronze by Tariq, in below 55kg: the Gold was secured by Mehfooz, Silver by Mubarik, 1st Bronze by Shakir and 2nd Bronze by Sahil, in below 66kg: the Gold by Arsalan, Silver by Ubaid-Ullah, 1st Bronze by Adnan, 2nd Bronze by Kamraan, in under 17 cadet, below 50kg: the Gold was won by Mysar, Silver by Sahil, Bronze by Ruban, in open weight: the Gold by Asrar, Silver by Sajad, and Bronze by Suhaib, in junior boys below 60kg, the Gold by Wajid Ali, Silver by Ajmal, 1st Bronze:-Asif and 2nd Bronze by Mohsin, in senior boys below 66kg, the Gold was clinched by Wahid, Silver by Yawar and Bronze by Umer, in open weight category of boys: the Gold was won by Asrar, Silver by Rashid, 1st Bronze by Wajid and 2nd Bronze by Zahid.

Distt level Archery C'ship begins

Excelsior Sports Correspondent SRINAGAR, Sept 29: District level competition in Archery for all age group boys started at Youth Hostel Srinagar here, today.

The under 14, 17 and 19 years boys will compete in their respective age groups for the championship. The championship was inaugurated by District Youth Services and Sports Officer Srinagar, Balbir Singh. Before the commencement of the routine competitions, an anti drug abuse pledge was administered to all the participants under 'Nash Mukht Bharat Abhiyan' and 'Mission Waapsi'. More than 50 boys will compete for three days in their respective age groups for district level title. Meanwhile, Rifle shooting basic training course for boys also started at Indoor Shooting Hall Youth Hostel Srinagar today.



Govt College of Education Jammu student Richa Sharma secured first position in District and Divisional Level Declaration Contest and Arushi Sharma got second position in Poster Making Competition in both the levels. The competition was organised by Higher Education Department. The winners are posing with Principal Prof. Aketa Gupta and Senior Faculty members.

UT level Carrom C'ship concludes

Excelsior Sports Correspondent SRINAGAR, Sept 29: J&K UT level 3rd Carrom Championship, organised by Carrom Association of J&K in collaboration with Decathlon Sports India, concluded here today.

Saloni, Director Industries & Commerce distributed the prizes among winners and runners up, while Zeeshan Khan, Assistant Director Tourism Kashmir, Adil Rashid Shah general secretary J&K Carrom Association, Adfar Jan organising secretary of the championship, Arif Sultan, Dawar Rashid, Gulzar Khan and many others were present during the event. Adil Rashid Shah welcomed chief guests and other dignitaries present at the closing ceremony function of the event. Around 265 players participated from 11 districts which were played under the international Carrom Federation rules in four different categories: senior, junior, sub junior and cadet in both boys and girls, men and women section. The Champions of this championship will represent J&K UT in 50th Golden Jubilee Senior National Carrom Championship which will be held in Kalkotari Indoor Stadium, New Delhi. Saloni Rai, Director

Industries & Commerce congratulated the winners and runners up of the championship and wished them best of luck for the 50th Golden Jubilee Senior National Carrom Championship. Zeeshan Khan, Assistant Director Tourism Kashmir encouraged the players and asked them to bring laurels for J&K and make us proud. In cadet boys section, Salman, Ziyun ul Haq and Amaan Farooq stood 1st, 2nd and 3rd respectively, while in girls section, top three places were secured by Halla Middha, Khair ul Nissa and Syed Soliha respectively, in sub junior boys, first three places were won by Aiyun Nabi, Mohd Ayaan & Shayaan Ashiq and in sub junior girls, Zainab, Aaliza and Hurrain won top three places respectively. In junior boys, Zaid Aijaz, Amaan Parvaiz and Numan stood 1st, 2nd and 3rd respectively, in junior girls, Muntazir Muneer, Iram & Nousheen remained 1st, 2nd and 3rd respectively, in senior men, first three places were clinched by Furqan Nazir, Arsalan Mehraj and Romin Fayaz won top three places and in senior women, Aqsa Jan, Anzalan Rafiq and Mehak Nabi stood 1st, 2nd and 3rd respectively. Adfar Jan presented a vote of thanks to dignitaries.

Walkathon organized by Cardiology Deptt, USA Society

Excelsior Sports Correspondent

JAMMU, Sept 29: Emphasizing the need of changing lifestyle to prevent heart-related problems, Dr. Sushil Kumar Sharma, Head of the Department, Department of Cardiology, Government Medical College Hospital (GMCH) Jammu focused on the need for preventive measures like maintaining a healthy lifestyle, dietary preferences and physical activity to remain healthy.

Lok Sabha member from Jammu-Poonch constituency Jugal Kishore Sharma called for coordination among all sections of the society to create awareness among people about such diseases. Appreciating the participation of a large number of people in the Walkathon, the Lok Sabha member observed that it is a good sign that a large number of people have participated in today's event. He said that every section of society must create awareness among people to prevent such diseases. He also emphasized the need for regular exercise to remain healthy. Lok Sabha member appreciated



People participating in Walkathon in Jammu on Thursday.

Dr. Sushil Sharma for organizing health camps in remotest and far-flung to educate people and also to provide health facilities to the people at their doorsteps.

Dr. Shakti Gupta also appreciated the Walkathon and said that such events are most to create awareness among people. Walkathon started from Bikram Chowk and culminated at Superspeciality Hospital, Jammu. At the outset, Dr. Mohan Lal, Dr. Gurjit Singh, Dr. Arvind Kohli, and Dr. Nasir Ali Choudhary informed the participants on how to stay healthy and how to prevent any complications in patients who already have cardiovascular disease.



Shivani Charak along with dignitaries at the send off function at Press Club Jammu on Thursday.

Tug of War C'ship from Oct 3

Excelsior Sports Correspondent

JAMMU, Sept 29: Jammu & Kashmir Tug-of-War Association shall hold a two day 4th UT level Senior Men and Women Mixed 4+4 Tug-of-War Championship at Unique Public Higher Secondary School Ground Gadi Garh, here from October 3 to 4.

The team selected during the championship will take part in the 35th Senior (Men & Women) Mixed 4+4 National Tug-of-War Championship outdoor category to be held at Kurukshetra, Haryana from October 28 to 31. The Association has advised the affiliated unit, registered player, and sports club to report with their teams at the venue. In case of any clarification, the players can contact Gorav Kumar Dubey (7780846505).

Shivani selected for Asian Climbing C'ship, WC

Excelsior Sports Correspondent

JAMMU, Sept 29: Shivani Charak, golden sport climber of J&K, has been selected by Indian Mountaineering Foundation for representing the country in the upcoming Asian Climbing Championship as well as World Cup (Olympic Format), scheduled to be held at Seoul in South Korea from October 10 to 16, while World Cup is slated to be held at Marioka, Japan from October 18 to 23.

Shivani Charak, the top ranked women climber of India along with Anisha Verma of East Zone has been selected to participate in both the Asian Climbing Championship as well as World Cup, two other women climbers Sania Farooq

of West Zone and Pratiksha Arun of South Zone shall compete in Asian Championship. It is pertinent to mention here that 21 years old Shivani Charak is an incredible sport climber of India who has won a Bronze medal at the Asian Youth Championship besides a staggering 26 medals including 11 Gold and 12 Silver medals at the National level. Tawi Trekkers J&K, parent club of Shivani Charak, led by its chairman Anil Goswami, former Union Home Secretary along with other office bearers of Mountaineering Association of J&K gave an emotional send off to Shivani and wished her good luck for the upcoming international competitions in a function organized at Press Club of Jammu.

Government of Jammu & Kashmir

DIRECTORATE OF ANIMAL HUSBANDRY JAMMU

Do's & Dont's Lumpy Skin Disease

Viral disease affecting cattle & buffaloes transmitted by vectors such as biting flies, mosquitoes & ticks.

Major Symptoms			
Round Nodules on Skin all over body	Fever	Reduction in milk yield	Lymphnode Enlargement

Do's

- ✓ Separation of affected animals from healthier ones including their feeding & watering.
- ✓ Control of vector population using insect repellents.
- ✓ Banning of cattle fairs/shows/trade markets upon confirmation of disease.
- ✓ Strict control over animal movement in affected areas.
- ✓ Cleaning & disinfection of affected premises, sheds using phenol (2% for 15 mins.) / formalin (1%) / sodium hypochlorite (2%-3%) / ether (20%).
- ✓ Treatment of affected animals at farm itself.
- ✓ Deep Burial of Dead Animals.

Don't's

- ✓ Do not use infected feed and bedding material.
- ✓ Do not introduce suspected animal(s) into unaffected farm / herd.
- ✓ Do not allow handling of infected and healthy animals by same personnel.
- ✓ Do not shift affected animals to hospital / dispensaries for treatment.

Treatment

- ✓ Symptomatic treatment using antibiotics, antipyretics, antihistamine, multi vitamins & application of antiseptic skin ointments / sprays with fly repellent properties, under direct supervision of veterinary doctor.
- ✓ Feeding of liquid feed, soft feed & succulent fodder is recommended.

Mitigation Steps Taken by Animal Husbandry Department Jammu

Set-up of Rapid Response Teams, launching of Door to Door Awareness Campaign, Issuing Advisories, Set-up of Monitoring and Surveillance Teams, Sampling & Treatment of affected animals.

Helpline Numbers

Central Control Room : 1962

Jammu : 8082167130, Samba : 9469211531, Kathua : 9419324303, Udhampur : 9419124929, Reasi : 9419105373, Ramban : 9419208874, Kishtwar : 7051785998, Doda : 9419967280, Poonch : 7006275204, Rajouri : 9419123300

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