

CS declares 2nd edition of University, College level sports festival open

Excelsior Sports Correspondent
GANDERBAL, Aug 29: On the eve of National Sports Day, Chief Secretary, Dr. Arun Kumar Mehta today declared 2nd Edition University, College level sports festival open at Government College of Physical Education



Chief Secretary Dr Arun Kumar Mehta receiving memento at Ganderbal on Tuesday.

(GCOPE) Gadoora, Ganderbal. The Department of Youth Services and Sports bestowed the honour to Government College of Physical Education to organize the Festival from August 29 to September 2 in this sprawling and magnificent college campus that affirms an impressive merger of 10 events covering Football (Men), Volleyball (Men & Women), Basketball (Men), Handball (Men), Tug-of-War (Men & Women), Kho-Kho (Women),

Table-Tennis (Women) and others. A participation of around 5000 students both Men and Women of 160 teams across the colleges and universities of Kashmir valley would showcase their sports talent besides over 26 cultural programmes shall be showcased during the event.

The Chief Secretary encouraged the students to understand their interests, abilities and challenges in sports and to integrate sustainable development goals with Physical Education and sports in the Curriculum. Dr Mehta also appealed teachers and parents to encourage the people of all walks of life to participate in sports which is must to create positivity and all should be determined to say No to Drugs and Yes to Life' adding that it is our moral responsibility to inculcate sports culture among the youth to keep them away from drugs.

Declaring the festival open, Chief Secretary congratulated all the participants on the eve of National Sports Day and said that people of J&K are vibrant who are actively participating in sports and it is because of them that sports culture in emerging like never before when compared to population ratio and we are determined that over 75 lakh people will participate in various sports events in current year, which was hardly 3 lakh in 2019, he added.

Shaheed Amar Veer Memorial Trust organizes Football tourney

Excelsior Sports Correspondent
KATHUA, Aug 29: A football tournament organized in the name of 'Veer Sainiks' by the Shaheed Amar Veer Memorial Trust Kathua was held at the J&K Sports Stadium, Basohli, here today. The tournament was sponsored by a couple of business entities under the broad initiative of ex-Deputy Commandant Abhinav Mehta and his associates. Colonel Mahan Singh (Retd.), DDC Chairman of Kathua, was the chief guest at the event. DDC Member Marheen Karan Atri and Principal of Sanskriti School, Darambal Jasrota were the Guests of Honor. Baljinder Singh, J&K Sports Authority District

Manager, was also present. Six teams of boys and girls each participated in the tournament, which took place over the course of a week. The first final was played between Girls Football Club Kathua and Girls Football Club Hiranagar, in which the Hiranagar team won the tournament with a score of 3-0. The second final was played between Kathua Football Federation Team and Hiranagar Football Club. The Hiranagar team won with a substantial margin. Medals and trophies were distributed to the winners and runners-up by the Chief Guest. The Veer Naris and next of kin of Shaheed Amar Jaws were honored and presented with trophies during the event.

U-17 mixed relay race held at Leh

Excelsior Sports Correspondent

LEH, Aug 29: In the U-17 Girls 200-meter race, Moravian Public School won the gold medal, Islamia Public School; Leh won the silver medal and Government High School, Khanakling, Leh won the bronze medal. In the U-17 Boys 200-meter race, Islamia Public School, Leh won the gold medal, Moravian Public School, Leh won the silver medal,

while Govt. Boys Higher Secondary School, Leh won the bronze medal. In the futsal, the Grey team emerged as the winner while the Green team was the runner-up. In Traditional Archery, Team A emerged as the winner, and Team B was the runner-up of the game. In the game of Tug of War played between students and the Spouse team, the spouse team emerged as the winner while the students' team was the runner-up in the game.



Players posing with dignitaries in Leh.

Director YSS, Subash C. Chibber while presenting the welcome address shared the details of unprecedented initiatives and achievements recorded in the sports sector of Jammu Kashmir. While giving details about the activities in the current year, the Director said that the department is engaging old age persons and specially abled persons in sports activities besides the department is also targeting to engage Transgender persons in such activities.

pants for their remarkable efforts and dedication, highlighting the commitment of the UT Administration and Ladakh Autonomous Hill Development Council, Leh to enhance sports infrastructure within UT Ladakh. Moses Kunzang passionately encouraged students to actively participate in both national and international level sports competitions, fostering a culture of excellence and sportsmanship. Promoting sports and providing proper sports facilities not only fosters a culture of physical activity and healthy competition but also contributes to the overall development and well-being of the youth in the region, he stated. Youth Services and Sports Officer, Leh, Tsering Tashi commenced the event with a warm welcome speech, commending all participants for their dedication and hard work.

The event was designed for the selection of upcoming 26th J&K UT level Taekwondo championships wherein around 350 players participated from different Clubs and Schools throughout the District. KV 1 Gandhi Nagar Jammu emerged the winner as he bagged the Winner Team trophy while 2nd Runner Up Trophy went to Shaurya International School Jammu and 3rd Runner Up Trophy to Sanskriti School Jammu.

Inter-School Zonal Level competitions conclude

Excelsior Sports Correspondent

JAMMU, Aug 29: The four-day long Inter-School Zonal Level Kho-Kho, Kabaddi, Volleyball, Tug-of-War, Cricket, Football, Basketball, Chess, Carrom, Badminton and Wrestling competitions for Under-19 boys and girls reached an exciting conclusion at the Indoor Stadium, Akhnoor here today.

not only cultivate physical prowess but also shape character. The results were in Under-19 Boys- Kabaddi: GHS Kotli Tanda defeated APS Akhnoor by one point. Kho-Kho: GBHSS Akhnoor outplayed GHSS Narrari Bala by four points. Volleyball: APS Akhnoor outplayed GHSS Sohali by five points. Tug-of-War: APS Akhnoor defeated GHSS Narrari Bala.

Earlier, March Past, Drug pledge and Cultural programmes were presented by the students of the colleges, officials of the Department of YSS. Among others present on the occasion were DDC Chairperson Ganderbal, Nuzhat Ishfaq; Secretary, Youth Services and Sports (YSS), Sardar Hafeez; Secretary, J&K Sports Council, Nuzhat Gul; ADDC Ganderbal, Mushtaq Ahmad Simnani and officers from JK Sports Council.

In under-19 Girls- Kabaddi: GHSS Akhnoor defeated GHSS Sohali by three points. Kho-Kho: GHSS Akhnoor beat GHSS Narrari Bala by four points. Volleyball: GGHSS Akhnoor outplayed APS Akhnoor by 10 points. Tug-of-War: St. Fr. Hr. Sec. School defeated GHSS Sohali.

Director of the Department of Youth Services and Sports, UT Ladakh, Moses Kunzang was Chief Guest. He appreciated all the participants for their dedication and hard work. The event concluded with a prize distribution ceremony, where deserving participants were honoured for their exceptional performances in various games.

The event, organized by the Department of Youth Services & Sports Zone Akhnoor, witnessed intense matches and showcased the exceptional sporting talents of young athletes from various institutions. About 530 students including 280 boys and 250 girls from Govt. and Private Institutions of Akhnoor Zone participated in the competitions.

J&K, Ladakh celebrate National Sports Day with great enthusiasm, fervour

Excelsior Sports Correspondent

JAMMU, Aug 29: Different Schools, Colleges, University Campuses and Sports bodies across Jammu and Kashmir and Ladakh celebrated National Sports Day with great enthusiasm and fervour which is celebrated every year on the birth anniversary of Hockey legend Major Dhyani Chand.

The Department of Physical Education and Sports Department in collaboration with NSS units of Government SPMR College of Commerce organized various Sports activities to celebrate National Sports Day here today. The programme was inaugurated by Vice Chancellor, Prof. Bechan Lal, Cluster University of Jammu along with Dr. Jatinder Khajuria, Registrar, Dr. Naveen Anand, Dean Academic Affair, Dr. Ranvijay Singh, DSW, Dr. Sanjay Kumar, Dean Sciences, Principal Dr. Surinder Kumar and Staff members of the college.

Paying floral tributes to Indian Hockey wizard Major Dhyani Chand on his birth anniversary, Jammu and Kashmir Sports Council organised an impressive, colourful and well attended function to celebrate National Sports Day at KK Hakhu AstroTurf Hockey Stadium, here today.



Mukesh Singh, ADGP Jammu was the chief guest on the occasion, Dr Meenakshi Kilam, Director University of Jammu; Sunaina Mehta, Joint Director Tourism Jammu; Rahul Sahai, Pradeep Dutta and Shaheen Wahid, SP South Jammu were the guests of honour. Earlier, Ranjeet Kalra, Member of J&K Sports Council on behalf of Secretary Nuzhat Gul threw light on the achievements of J&K Sports Council.

showcasing an exhilarating display of athleticism and camaraderie. Dr. Meenakshi Kilam, Rector, Kathua Campus, University of Jammu in her message expressed her happiness to see the enthusiasm and passion exhibited by students during the National Sports Day celebration.

The Directorate of Sports and Physical Education, University of Jammu celebrated National Sports Day 2023 at the University Campus. Prof. Rajnikant, Dean Research Studies, University of Jammu, was the Chief Guest whereas Prof. Meena Sharma, Dean Planning, Prof. Rahul Gupta, Registrar University of Jammu, Prof. Neelu Rohmetra Director DD & OE and Prof. Prakash C. Anthal, Dean Student Welfare were the guests of honour on this occasion. Rashid Ahmed Choudhary, DySP International Fencer, Abhishek Jain, Secretary J&K Kick Boxing Association, Shotu Lal Sharma Fencing Coach, Guljinder Singh Grappling Association, Gourav Arora Pencak-Silat Association and Pranav Bhandral Director Pir Panjal Adventures were special invitees.

The Physical Education and Sports Department Government Degree College, Marh under fit India campaign celebrated two day-long National Sports Day. The Department of Physical Education and Sports in collaboration with the NSS unit under the patronage of Principal Prof. Dr. Rakesh Kumar Koul, organized Intra-mural competitions in Chess, Badminton and Carrom.

The National Sports Day 2023 was observed throughout the two Union Territories of J&K and Ladakh by Nehru Yuva Kendra Sangathan J&K and Ladakh. Various events and programs were organised to commemorate the Birth Anniversary of the Hockey Legend Major Dhyani Chand which is celebrated every year as National Sports Day. The theme for this year is "Sports as an enabler for an inclusive and fit society".

Government Degree College, Bani celebrated National Sports Day. On this occasion a cross country race was organized in which 30 boys and 20 girls participated. In girls' category 1st, 2nd and 3rd position was secured by Kiran Jyoti, Sonu Devi and Munisha Devi of semester 3rd respectively and consolation prize was secured by Kavita Sundram. In boy's category 1st position was secured by Akshya Singh from 3rd semester, 2nd position was secured by Vinod Kumar from 5th semester, 3rd position secured by Rinku Singh from 3rd semester and 1st consolation prize was secured by Ganesh Dutt whereas 2nd consolation prize was secured by Muzfar.

Government Degree College, Ramnagar organized a series of activities to commemorate National Sports Day. Two sports activities such as Carrom in an Indoor and Volleyball as outdoor game and two fun activities, Lemon Race and Langadi Game were held. These activities were organized by the Sports Committee of the College under the leadership of Prof. (Dr.) Geetanjali Andotra, Principal of the College.

Government Degree College, Ramnagar, Department of Physical Education and Sports organized an intramural competition in Table Tennis to commemorate the birth anniversary of hockey wizard Major Dhyani Chand on the eve of National Sports Day. The Department of Physical Education and the NSS Unit of Government Degree College Marheen, Hiranagar celebrated National Sports Day by organizing a

series of sports activities from 23rd of August to 29 August. The programme was organized under the patronage of the Principal of the college Prof. (Dr.) Anupama Gupta. As a sequel to the Viksit Yuva Viksit Bharat and Fit India Movement launched by the Prime Minister under Azaadi Ka Amrut Mahotsav, a demonstration match on traditional martial Arts Gatka (M&W) was organized by the Department of Physical Education and Sports, in collaboration with National Service Scheme (NSS) Government Degree College Kathua on the eve of National Sports Day.

Government Degree College, Mahanpur organized National sports day with great enthusiasm. The week-long sports events were organized under the guidance of Dr. Sangeeta Sudan, Principal of the College and coordinated by the Department of Sports, GDC Mahanpur under the supervision of Dr. Balbinder Singh (Physical Director).

Government Degree College for Women, Kathua organized two events such as Badminton Match and Tug of war to observe the joyous celebration of athleticism, teamwork and spirit of sportsmanship on the eve of The National Sports Day. The programme was organized by Physical Director, PTI Roshan Lal Sharma in collaboration with Dr. Arun Dev Singh NSS P.O. of the college under the patronage of college under the patronage of college Principal, Dr. Savi Behl.

Department of Physical Education and Sports of Government Degree College, R.S. Pura celebrated National Sports Day, 2023, in which Intra-mural Chess and Carrom was organized under the patronage of worthy Principal, Prof. Rajni Bhagat and supervision of Kajal Premi, Physical Director (PTI). A Large number of students participated with zeal and enthusiasm in the competitions.

Post Graduate College Bhandarwah celebrated National Sports Day here today in which various activities were performed. The Department of Physical Education and Sports in collaboration with NCC and NSS organized a Sports event in celebration of National Sports Day under the supervision of Dr. Kuldeep Kumar Sharma. Prof. Naz Zargar, Assistant Professor English and Convener Sports Committee delivered an introductory speech about the National Sports Day.

A two day long Intra-College Knockout Chess and Badminton tournaments were held in

26th District Jammu Taekwondo C'ship concludes

Excelsior Sports Correspondent

JAMMU, Aug 29: The 26th District Jammu Taekwondo Championship 2023 concluded at Dogra Brahmim Pratinidhi Sabha Parade here today.

The chief guest on this occasion was Dr. S.M Bali (Founder Handball In India) along with Subash Shastri (President NMSC), Ramesh Chandra Sharma (General Secretary, JKTA) and B.S Jamwal (Retd. Deputy Commissioner).

The 26th District Jammu Taekwondo Championships 2023 was held between 28th to 29th August 2023 organised by Taekwondo Association of District Jammu headed by Anuj Sharma (Secretary TADJ) under the aegis of J&K Taekwondo Association (Regd) Supported by J&K Sports Council and recognised by Ministry of Youth Affairs and Sports Govt of India.

The event was designed for the selection of upcoming 26th J&K UT level Taekwondo championships wherein around 350 players participated from different Clubs and Schools throughout the District.

KV 1 Gandhi Nagar Jammu emerged the winner as he bagged the Winner Team trophy while 2nd Runner Up Trophy went to Shaurya International School Jammu and 3rd Runner Up Trophy to Sanskriti School Jammu.

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In under-19 Girls- Kabaddi: GHSS Akhnoor defeated GHSS Sohali by three points. Kho-Kho: GHSS Akhnoor beat GHSS Narrari Bala by four points. Volleyball: GGHSS Akhnoor outplayed APS Akhnoor by 10 points. Tug-of-War: St. Fr. Hr. Sec. School defeated GHSS Sohali.

Government Degree College, Udhampur on the eve of National Sports Day. The competition was conducted under the patronage of Principal Dr. Romesh Kumar Gupta. The events were coordinated by Dr. Ajay Kumar Sharma in collaboration with NSS, NCC, NCOR and DSW of the College.

Vidyalankar Academy celebrated National Sports Day here today in collaboration with J&K Roller Skating Association, Chairman Vidyalankar Academy, Gourav Gumble appreciated all the players and their parents for participating in Hockey Federations Cup which was recently concluded in Jammu where more than 11 states participated enthusiastically.

In order to celebrate National Sports Day, a series of events were organized by Sports, NCC and NSS units of Government Degree College, Paloura. The National Sports Day is celebrated every year on 29th August to commemorate the birth anniversary of legendary hockey player Major Dhyani Chand.

Dr. Ashu Vashisth, Principal of the college emphasised the importance of sports in the overall development of the students and encouraged them to actively participate in such events regularly.

Government Higher Secondary School Chirala celebrated National Sports Day by organising Inter-School Sports Competition at Cluster level in which 129 students hailing from different schools of cluster Chirala actively participated in the discipline of Cricket and Volleyball. Principal of the institution, Hem Raj Chalotra was chief guest. Prior to the inauguration of the match, a rich tribute was paid to Major Dhyani Chand the legend of Hockey by the Principal, Staff and students.

Government Higher Secondary School, Paloura, Jammu celebrated National Sports Day here today. Number of sports activities such as Tug of War, Sack race, lemon race were performed in the premises of the school.

Shri Sain Charitable Trust commemorated the National Sports Day with great enthusiasm and fervour here today. The Trikuta College of Physical Education was the host college, wherein the Chairperson, Suman Sharma was the chief guest whereas MD Ravish Sharma, CEOs Jasudha Sharma and Japna Sharma of Trikuta Group of Colleges, Principals of all Institutions of Trikuta Group of Colleges and many others were guests of honour.

India rout Bangladesh by 15-1 in men's Asian Hockey 5s World Cup Qualifier

SALALAH (OMAN), Aug 29:

India crushed Bangladesh by a massive margin of 15-1 in the men's Asian Hockey 5s World Cup Qualifier contest, here on Tuesday.

While Maninder Singh was the leading scorer with four goals, Mohammed Raheel netted three whereas Sukhvinder, Gurjot Singh, and Pawan Rajbhar hit two goals each. Mandeep Mor and Dipsan Tirkey scored one goal apiece.

On the other hand, Sawon Sarowar (2nd) scored the solitary goal for Bangladesh. India began on a dominant note, allowing Pawan Rajbhar to penetrate the opponent's box early on.

While Bangladesh denied him a scoring opportunity, they counter-attacked with Sarowar (2nd) netting the opening goal of the encounter. However, India levelled the scores immediately with Raheel (2nd) providing the equaliser.

In the eighth minute, skipper Mor put India in the lead, which was instantly followed by goals from Turkey (9th) and Maninder (10th). Suraj Karkera then made a sensational save which saw India counter-attacking again, and

Gurjot (13th) scored the fifth goal. Sukhvinder (13th) and Raheel (15th) struck one goal each to take India to 7-1 at the half-time.

India began with another attack from the right as Maninder (18th) found the back of the net to make it 8-1. Less than a minute later, Rajbhar (19th) also entered the scoresheet with India's ninth goal.

India continued to overwhelm Bangladesh with possession and pressed deeper into the opponent's half.

Sukhvinder's (22nd) strike propelled India into double figures in the goal tally, as his effort from near the halfway mark was successful. A minute later, Gurjot (23rd) beat the Bangladeshi keeper once again for India's 11th goal.

In the following minute, Raheel (24th) produced a reverse hit to complete his hat-trick. Rajbhar (26th) hit the back of the net to ensure the flurry of goals continued for India, as with a couple of minutes left, Maninder (28th and 30th) also completed his hat-trick. India will take on Oman, followed by a clash against Pakistan, on Wednesday. (PTI)



Gymnasts posing for photograph along with President GAJK Er Kiran Wattal and Coach S P Singh.

Seven J&K Gymnasts selected for World Cup, Asian C'ships

Excelsior Sports Correspondent

JAMMU, Aug 29: In a major achievement, six senior and one sub-junior Gymnasts have been selected for the World Cup and Asian Championships from Jammu and Kashmir here today.

J&K Gymnasts trainee at gymnastics Academy of Jammu & Kashmir, M A Stadium proved their supremacy and brought laurels as six senior and one Sub Junior Gymnasts have been selected during the recently conducted National selection Trials at Aurangabad to select Indian Aerobic Gymnastics teams for participation in FIG World Cup in Aerobic Gymnastics at Bucharest, Romania from 13 -15 October, 2023 and Asian Aerobic Gymnastic Championships at Ulaanbaatar, Mangolia from 15 to 17 Sept, 2023.

Besides, 10 NOS of International & National qualified Judges from different States

and Union Territories were nominated by GFI for the fair selection for evaluating the performances of these trials. A total of 122 Gymnasts from all the country participated in these National selection Trials.

Finally the selection committee of GFI on the recommendations of Technical Committee of GFI finalised the names of 14 Gymnasts and 14 Gymnasts for World Cup & Asian Championships respectively.

Following are the gymnasts from J&K in Seniors category got birth in Indian squad for World Cup at Romania, Yaadavi Mahajan, Sudipti Khanna, Gourav Chettri, Manav Gupta, Laksh Mahajan and Dhruv Dewan whereas for Asian Championships at Mangolia is Ruddraksh Khanna in Sub juniors category.

Er. Kiran Wattal, President Gymnastics Association of J&K appreciated all selected Gymnasts and their Coaches.

GDC Tral lifts Men, Women titles

Excelsior Sports Correspondent

PULWAMA, Aug 29: District Pulwama Softball championship organized by Softball Association of Pulwama under the auspicious of J&K Softball Association in collaboration with Jammu & Kashmir Sports Council concluded at J&K Sports Council Sports Stadium, Bajwani, Tral here today.

Over 270 young players from different Registered Clubs, Colleges & Schools of Pulwama District participated in Sub-Junior (Boys & Girls), Junior (Boys & Girls) and Senior (Men & Women) age groups.

Mohammad Iqbal Beigh Softball NIS Coach presided function as Guest of Honour. Physical Director of Govt Degree College Tral, Principal of participating Schools, Physical Education Teachers of various schools & Club Heads were also present as Special Guests on the valedictory ceremony.

The Chief Guest said that the Softball Association of Pulwama organized such a beautiful championship in an extreme professional manner, he added that we hope regular club level tournaments will continuously be organised by Softball Association of Pulwama and take this beautiful sport to great heights in Pulwama.

Later, the Chief Guest distributed medals, Trophies among the Winner and Runner-up and Third place teams and encouraged them for further upgrading their sports skill in this potential game.

The results were in the men's section, Government Degree College Tral (Winners), Runner's, Leeniv Softball Academy and Third Place, Warriors Softball Club. In the women section, Government Degree College Tral (Winner), Runner's, Leeniv Softball Academy and third place, Young Queen's Softball Club.

KCIS inaugurates smart class for Superkids

Excelsior Correspondent

JAMMU, Aug 29: KC International School inaugurated Superkids' new theme based and air conditioned Smart Class here today.

Pankaj Kumar Sharma, Excise Commissioner, Jammu was present on this occasion as chief guest.

The Superkids recited poems on the topic 'Save Earth, Save Life' to throw light on the burning issue.

Pankaj Kumar Sharma shared his life experiences stating how we should learn from situations and treat young minds. Besides, he praised the efforts of Pre-primary teachers and their little performers for putting up a great show. He added that updated and comfortable infrastructure is mandatory for better learning in today's time.



Pankaj Kumar Sharma, Excise Commissioner, inaugurating theme based smart class at KCIS, Jammu.

Principal KCIS, Anupama Sinha applauded team Superkids for their determined efforts and mentioned that KCIS is committed to provide best facilities to all its students. Co-ordinator Pre-Primary Wing, Arti Raina was also present there.