



Local public and students protesting against closure of street in Rajouri town on Tuesday. — Excelsior/Imran

People protest against blocking street in Rajouri

Excelsior Correspondent

RAJOURI, Jan 31: The locals of a locality in Rajouri town along with students protested against the act of a person from Radha Potha area who blocked the street and left about 40 families and students of a school to suffer.

Due to closure of the street, the locals turned sufferers as they have no alternate passage. They raised slogans against the anti-social act of a local resident and later called on DC Rajouri Vikas Kundal, who immediately deputed ACR Rajouri Imran Rashid Kataria to resolve the issue.

ACR Rajouri personally visited the spot along with staff and

resolved the issue by opening the street and warned the local namely Naseem Shah not to repeat such act again otherwise strict legal action will be taken against him. Locals told that Naseem Shah who has sold land to these families had promised them for providing a 10 ft wide street and later he closed the street for blackmailing these families and left these people to suffer.

The protesting students told that due to closure of this street they are suffering a lot as they failed to reach school and their studies were also suffering. They extended gratitude to DC Rajouri and ACR Imran Rashid for resolving the long pending issue.



Director Ayush J&K Dr Mohan Singh addressing people during an awareness program at Ayush Gram Shamachak in Jammu.

Awareness program on Ayush Gram scheme held at Shamachak

Excelsior Correspondent

JAMMU, Jan 31: A one-day awareness program on Ayushgram scheme of National Ayush Mission was organized today by Directorate of Ayush J&K in village Shamachak of Block Marh of Jammu district.

The program was attended by Block Development Council Chairman, officers of the line department, Block Medical Officer Marh, CDPO, Anganwadi supervisors, representatives of the Panchayati Raj Institutions and public from all walks of life.

Dr Mohan Singh (Director Ayush J&K) presided over the program. He was accompanied by Dr Rakesh Kumar Raina (Assistant Director Ayurveda) and other senior officers of the Ayush Department.

On the occasion, a yoga demonstration was also organized by Yoga instructors and school children led by Yoga expert Dr Neha Jolly while Dr Suresh Kumar Sharma introduced the general public about the scheme of Ayush Gram and its various components.

Dr Aftab Iqbal Divisional Nodal Officer for development of Herbal Gardens in AHWCs delivered an awareness lecture on the common medicinal plants which are available in the surroundings of the Ayush Gram.

Dr Arun Gupta highlighted on the holistic nutrition and emphasized on the role of millets in health promotion and eradication of non-communicable diseases while Dr Wahid Ul Hassan delivered a lecture on various schemes of cultivation and marketing of medicinal plants.

In his address, Director Ayush J&K urged the residents of Shamachak to avail various Ayush components which are being delivered under this scheme like Yoga classes by Yoga instructors. He also highlighted various benefits of cultivation and consumption of millets and their value added products.

He also visited AHWC Shamachak and directed the concerned officers to develop a nursery of medicinal plants in the AHWC so that general public can have an easy access to medicinal plants for cultivation and growing home herbal gardens.

On the occasion, Dr Pawan Kumar Sharma, Dr Neetan Dutt and Dr Anuradha examined more than 200 patients who were provided Arogya Raksha kits and other necessary medicines in the camp organized on the venue.

Locals protest for repair of Nagrota road

Excelsior Correspondent

UDHAMPUR, Jan 31: Agitated over the extremely bad condition of Nagrota road connecting with Battal Balian road, locals held a strong protest at Nagrota against the Public Works Department, PWD (R&B) authorities, here today.



Children walking on extremely damaged Nagrota road to reach school. — Excelsior/K Kumar

The protesting locals were raising slogans against the PWD and the District administration. They said that this road was totally damaged, which needs immediate repair and black topping.

“Due to the road condition, school going children have to face big difficulties and sometimes small children fall into these big potholes they have to come back home instead of going to school,” the people explained.

They further said that the condition of this road was deplorable to the extent that walking on foot as well as plying the vehicle on this road, was not possible. Even as the higher authorities were variously apprised about bad condition of the road, no action was taken in this regard till date, they added.

The protest demonstration was addressed by Kuldeep Kumar, Tilak Raj, Najir Ahmad, Rajindar Kumar, Pars Ram, Mul Raj, Mohd Latif, Vicky and Dil Mohd.

SHO among 3 cops suspended

Excelsior Correspondent

RAMBAN, Jan 31: Three cops including a Station House Officer (SHO) have been placed under suspension.

An order by SP Ramban stated that as communicated by Deputy Inspector General (DIG) of Police (DKR) Range Headquarters Batote, a departmental action has been taken against Inspector Sandeep Charak, SHO Police Station Ramban; PSI, Mudasar Ahmed of IRP-16 Battalion, presently deployed at Police Station Ramban on probation and Constable, Mubeshar Ahmed for their alleged service misconduct.

These three cops were ordered to be placed under suspension with immediate effect and departmental enquiry has been initiated against them.

The order also stated that these cops will report at DPL Ramban and deposit their uniform articles/arms and ammunition in Store/Kot DPL Ramban.

They will be entitled to draw substance allowances under rule. Nihar Ranjan, SDPO Gool District Ramban will conduct departmental enquiry into the matter and will submit his findings and recommendation within a week, subject to confirmation by DIGP DKR Range, Headquarters Batote, the order mentioned.



SP Traffic, Jammu city, Raj Paul Singh addressing a seminar at Jammu on Tuesday.

Road Safety Club organises seminar on safety measures

Excelsior Correspondent

JAMMU, Jan 31: Road Safety Club of Government SPMR College of Commerce organised one day Seminar on the topic "Awareness regarding road safety measures" here, today to commemorate Road Safety Week under the patronage of Dr. Surinder Kumar, Principal Government, SPMR College of Commerce.

Dr. Sakshi Sharma welcomed all the distinguished guests and introduced the theme of the seminar to the audience. The resource person, Raj Paul Singh, SP Traffic City, Jammu guided the students about traffic rules and road safety measures to reduce casualties due to road accidents. He encouraged the students to wear helmets, seat belts, not drive under the influence of alcohol and drive within the permissible speed limits.

He also made students aware about lane discipline, not driving against the flow of traffic (one way violation or wrong side driving), obey the traffic signal (red light jumping) and not use mobile phone while

driving. He further emphasized to maintain a safe distance to reduce the chance of collision and ensure the safety while driving.

Dr. Sakshi Sharma presented the vote of thanks. A large number of students from M.Com and BCA Department enthusiastically participated and interacted in the seminar. The faculty members present were Dr. Kanwaljit Kaur, Dr. Jaswinder Singh (member), Dr. Sumeet Kour (Member) and Dr. Divya.

In addition, road safety week is being observed in the college wherein the faculty members Dr. Shamim Ahmad, Dr. Sakshi Sharma, Dr. Jaswinder Singh, Dr. Sumeet Kour and Dr. Rajneesh Karloopia checked the traffic rules followed by the faculty members and students within college premises like wearing helmet, seat belts, carrying driving license, pollution check certificate and only two riders on two wheelers (both wearing helmets) etc. The Principal of the College appreciated the efforts of the Committee members in ensuring the safety initiative in the college campus.



Dignitaries releasing a devotional song on Vasuki Naag at Jammu on Tuesday.

Devotional song on Vasuki Naag released

Excelsior Correspondent

JAMMU, Jan 31: In a well organized programme at K.L. Sehgal Hall here today, devotional song on Vasuki Naag in Bhardwahi was released by Dalip Singh Blouria, Retired Dy.SP under the banner of Shivishwar Productions.

The chief guest on this occasion was Prof. J.L. Kotwal-a renowned educationist and social reformer and he hailed the efforts of Dalip Singh Blouria for encouraging and promoting Bhardwahi Culture through his

song. The guest of honour was Bharat Singh, Secretary J&K Academy of Art Culture and Languages and he extended best wishes to Shivishwar Productions for upcoming Bhajans and other songs under their banner.

The Bhajan is written by Dalip Singh Blouria, sung by Suresh Chauhan and Music was given by Surinder Manhas.

The event was attended by people from all walks of life.

At the end a vote of thanks was given by Dalip Singh Blouria.

DLSA Kathua holds Mentoring & Monitoring Committee meet

Excelsior Correspondent

KATHUA, Jan 31: In a well organized programme at K.L. Sehgal Hall here today, devotional song on Vasuki Naag in Bhardwahi was released by Dalip Singh Blouria, Retired Dy.SP under the banner of Shivishwar Productions.

The chief guest on this occasion was Prof. J.L. Kotwal-a renowned educationist and social reformer and he hailed the efforts of Dalip Singh Blouria for encouraging and promoting Bhardwahi Culture through his

ginalized sections of the society selflessly; ensure punctuality in attending the Legal Aid Cases pending in the Courts of District Kathua; to report the proceedings of the Legal Aid Cases at the Front office and to seek necessary guidance, if required, from the Committee.

Vote of thanks was conveyed by Secretary, DLSA Kathua.

Dr Puja Vimesh appointed Principal GMC Doda

Excelsior Correspondent

JAMMU, Jan 31: Government of Jammu and Kashmir today assigned the charge of the post of Principal, Government Medical College (GMC) Doda to Dr Puja Vimesh (Professor and HoD Cardio Thoracic Anaesthesia in Super Speciality Hospital, Jammu).

As per the order issued in this connection by J&K Health and Medical Education Department, Dr Puja Vimesh shall temporarily look after the charge of the post of Principal GMC Doda, in addition to her own duties, in her own pay and grade, with immediate effect, till regular appointment to the post is made.



A bus which met with an accident on Rajouri-Poonch highway near Tota Gali of Mendhar on Tuesday. —Excelsior/ Rahi Kapoor.

25 injured in bus accident

Excelsior Correspondent

POONCH, Jan 31: At least 25 passengers were injured when a bus in which they were travelling turned on its side on Rajouri-Poonch highway near Tota Gali.

The bus bearing registration number JK02BL-54570 turned on one side. All the passengers were safely evacuated by Police, locals and army through window panes of the bus. The police team led by SDPO Mendhar Shezan

Bhat reached the spot and evacuated the passengers.

Meanwhile, 155 TA Battalion of Army played great role in saving life of 25 passengers as they evacuated the passengers from the bus by reaching timely as both entry/exit doors of the bus were blocked. After providing 1st-aid at the local health centre all the passengers were sent to their destinations in another vehicles. All of them has sustained minor injuries and were safe, a police official said.

Astro India Automobile launches XUV 400 electric SUV

Excelsior Correspondent

JAMMU, Jan 31: Astro India Automobile Private Limited, an authorized dealer of Mahindra and Mahindra, launched XUV 400 electric SUV in the presence of Chairman, Mohinder Gupta; MD, Vikram Mahajan, and

additionally come with a warranty of 8 years or 160,000 kms (whichever is earlier) for the battery & motor.

The all-electric XUV400 has the fastest acceleration in the non-luxury segment; 0-100 kmph in a mere 8.3 seconds, top speed of 150 kmph. Operating in



XUV 400 electric SUV being launched by Astro India Automobile Pvt. Ltd. Jammu on Tuesday.

Directors, Satyam Gupta and Dr CD Gupta.

As per a statement, the XUV400 is the first EV from Mahindra to feature the electrifying copper twin peak logo, giving it a distinctive presence on the road. Available in two variants - XUV400 EL powered by a 39.4 kWh battery and XUV400 EC powered by a 34.5 kWh battery, the eSUV will come in five exciting colour options - Arctic Blue, Everest White, Galaxy Grey, Napoli Black and Infinity Blue with dual tone option of Satin Copper. The eSUV comes with a standard warranty of 3 years/unlimited Kms and will

the C-segment, SUV category, the XUV400 is 4200mm long and boasts a wheelbase of 2600 mm, which offers its occupants not only excellent cabin space and legroom to luxuriate in but also best-in-class boot space of 378 liters /418 liters (up to roof). The XUV400 provides the highest power 110kW (150PS) and torque 310 Nm in its segment, powered by a high capacity 39.4 kWh and 34.5 kWh lithium-ion battery, delivering an anxiety-free range of 456 kilometres and 375 kilometres respectively, as per Indian driving cycle standards (MIDC). The price starts from 15.99 Lakh.

Govt SPMR College organizes national workshop on multidisciplinary research

Excelsior Correspondent

JAMMU, Jan 31: Research and Development Cell (RDC) and Institution Innovation Council (IIC) of Govt SPMR College of Commerce, Jammu organised one day national workshop on multidisciplinary research under the theme "Workshop/ Seminar Series in Academic Research".

More than 100 participants from different colleges attended the workshop. Dr. Pooja, Convener RDC of the college highlighted the importance of research in teaching and learning as well as for the growth of an individual.

Dr Surinder Kumar, Principal of the College appreciated the efforts of the committee members for organising workshop on the relevant theme and also motivated the organising committee to organise more such events in future.

The resource person for the first session of the workshop was

Motorcyclist killed in road accident

Excelsior Correspondent

JAMMU, Jan 31: A motorcyclist was killed today in a road accident at Panama Chowk, Jammu.

"Joginder Kumar (24) son of Ajeet Raj, resident of Khada Madhana (Samba) died on spot when a bike (bearing registration number JK02BD-2370) he was riding collided with a tanker bearing registration number JK02BA-9637 at Panama Chowk, police sources said.

They said after getting conducted postmortem at Government Medical College and Hospital (GMCH) Jammu, the body of the deceased was handed over to his family while a case in this connection was registered at Police Station Trikuta Nagar and the driver of the tanker involved in the accident was arrested.

PoJK integral part of India: Vibodh

Excelsior Correspondent

RAJOURI, Jan 31: PoJK Visthapit Sewa Samiti, Jammu Kashmir Peoples Forum released its Calendar for the year 2023 here, today in the presence of prominent citizens and members of the Samiti.

Vibodh Gupta, Ex-MLC and general secretary BJP while releasing the calendar said this is unique and first of its kind as it depicts the religious sites like Mandirs, Gurudwaras and

POJK is an integral part of India and Indian Government is committed to bring it back. He asserted that PoJK displaced persons have vowed to settle back into their lands.

Dinesh Sharma, district president, BJP claimed that the religious places depicted month wise in the calendar are Ban Ganga Temple at Khuratta, Kotli, Gurdwara near Mangla Dam located in Mirpur, Gurdwara Har Govind Singh, Muzaffarabad, Rawlakot Poonch, Kirtangarh Gurdwara



BJP general secretary, J&K UT, Vibodh Gupta along with PoJK Visthapit Sewa Samiti releasing annual calendar at Rajouri on Tuesday.

Buddhist sites located in Pakistan Occupied Jammu and Kashmir (PoJK). The main purpose is to make displaced persons of Pakistan Occupied Jammu Kashmir (POJK) particularly all the citizens of India generally aware about the pious places of worship left in POJK which form our rich cultural heritage.

POJK comprises of districts of Mirpur, Muzaffarabad, few tehsils of Poonch, Gilgit and Baltistan which are strategically and geo-politically very significant. He also said that Parliament of India has already passed a resolution on 22nd February 1994 which states that Pakistan must vacate the territories of J&K which it has illegally occupied through aggression.

Mirpur, Mangla Mata Temple, Shiv Temple of Bimber, Shiv Temple Main Bazaar, Mirpur, Gossai Temple Mirpur, Namkian Sahib Gurdwara Skardu, Gilgit-Baltistan, Raghunath Temple, Mirpur, Sharada Peeth Temple, Neelum Valley and Manthal Buddhist Rock at Skardu, Gilgit-Baltistan and Sun Temple at Mandole, Poonch. Earlier the calendar was released at Jammu.

Subash Sharma(retd ADC) pointed that POJK Visthapit Sewa Samiti has been working for the welfare of PoJK displaced persons living in Jammu Kashmir and different states of India. The Samiti has been making people aware of their rights and the genuine issues and demands of the PoJK Displaced Persons.

GMC holds lecture on Perspective planning in Health Sector

Excelsior Correspondent

SRINAGAR, Jan 31: A guest lecture on "Perspective Planning in the Health Sector" was held today at the Government Medical College (GMC), Srinagar, under the aegis of the state chapters of the Indian Association of Preventive and Social Medicine (IAPSM) and Indian Public Health Association (IPHA).

The lecture was organised by GMC's Department of Community Medicine and was delivered by Mohammad Yaseen Lone- Joint Director, Planning and Chief Planning Officer, Srinagar.

In his detailed PowerPoint presentation, he covered the complexities of perspective planning in the Health sector and its function in the twenty-first century with inter-sectoral coordination and collaboration with other departments.

He emphasised the importance of numerous health determinants, particularly social factors such as education, environment, housing, sanitation, nutrition, etc. in the growth of the nation's general health.

The chief guest at the event, Prof. Masood Tanvir, Principal and dean of GMG, Srinagar presented the speaker with a souvenir and a certificate of gratitude. The presentation was followed by a question and answer session.

"The audience comprised HODs, faculty, doctors, planning officials of government medical college, Srinagar and BMO Hazratbal who appreciated the guest lecture by Muhammad Yaseen Lone, CPO Srinagar in better understanding of perspective planning," Dr S. Muhammad Salim Khan, HOD Community Medicine who was the organising chairman of the guest lecture said.



Students of Sericulture Deptt in Poonch Campus of JU during 'Farmer Classes'.

Poonch Campus organizes 'Farmer Classes' for awareness on Sericulture

Excelsior Correspondent

POONCH, Jan 31: Poonch Campus of Jammu University organized "Farmer Classes" in the Department of Sericulture here today to aware farmers about the Sericulture being an agro based industry mainly operated by rural masses living in villages.

The Farmers Classes were organized on the direction of Director Poonch Campus, Prof Dipankar Sengupta. Students of M Sc Sericulture, Semester 1st and 3rd along with the teaching faculty of the Department of Sericulture attended the Farmer class.

The lecture was delivered by an expert farmer namely

Gulab Din Janyar from Poonch. He delivered a detailed lecture on silk worm rearing, its importance, significance and precautions to be taken before and during rearing. He also interacted with the students and replied to their queries. He encouraged the students to participate actively in the same profession.

The lecture and interaction session lasted for one hour and the class ended as a successful one with the positive feedback of the students who said that such kind of classes should be arranged on regular basis.

Dr Suraksha Chanotra, Incharge Department of Sericulture presented the formal vote of thanks.

One held with heroin

Excelsior Correspondent

JAMMU, Jan 31: Bishnah Police today arrested a drug peddler at Sikanderpur naka and recovered 4 grams of heroin from his possession.

"During a special naka laid by a team of Police Station Bishnah led by SHO Bishnah Inspector Vikram Sharma, a suspect identified as Mandeep Singh alias Manu son of Jaswant Singh, resident of Lower Gadigarh (Jammu), was intercepted when he was travelling in a vehicle bearing registration number JK02AW-1693," a police spokesman said.

He said on search, 4 grams of heroin was recovered from the possession of the accused. "In this regard, a case under FIR Number 34/2023 U/S 8/21/22 NDPS Act was registered at Police Station Bishnah and the accused arrested," the spokesman said, adding, further investigation of the case was going on.