



Participants performing yoga during a workshop organized by 'Life of Balance' in Jammu on Sunday.

Yoga workshop held in Jammu

Excelsior Sports Correspondent

JAMMU, June 11: Ahead of International Yoga Day celebrations, 'Life of Balance' held an integrated yoga workshop at K K Haku Stadium, here today in Jammu. The workshop was led by Shreyansh Kumar Jain, Chairman India Yoga Association (J&K UT) stressed upon the use of simple home ingredients which are disease fighting and immunity builders. Sidarth Mahajan, fitness and wellness coach motivated the participants to eat timely and say no to unhealthy junk food. Dr. Vikas Gupta (MD Ayurveda) impressed upon Ayurveda detoxification of body from time to time and role of ancient Panchakarma. He also gave free consultation to the participants. The workshop also embraced local entrepreneurs and artists who brought to the table the ideas and products they had to offer. Ayush (J&K UT) also exhibited its products.

19th Fencing C'ship from June 15

Excelsior Sports Correspondent

JAMMU, June 11: District Amateur Fencing Association Jammu is going to organise 19th Jammu Fencing Championship in all categories from June 15 to 17 June. The participants should fill up the form and submit it on 14th and 15th June. The form will be available in the Fencing Hall. For further information participants can contact to Jammu District Secretary.

Government of Jammu and Kashmir LABOUR AND EMPLOYMENT DEPARTMENT CIVIL SECRETARIAT, J&K JAMMU/SRINAGAR NOTIFICATION

Jammu, the 8th June, 2023
S.O. 313 In exercise of the powers conferred by section 112 read with 115 of the Factories Act, 1948, the Government hereby proposes to make the following amendment in the Jammu and Kashmir Factories Rules, 1972 which is published for the information of all persons likely to be affected thereby; and

Notice is hereby given that the draft amendment shall be taken into consideration after the expiry of the period of 45 days from the date on which the copies of the official gazette in which this notification in published are made available to the public; and

Objections and suggestions, if any, may be addressed to Administrative Secretary, Labour and Employment Department, Room No. 3/5 Mini Block, Civil Secretariat, Jammu and Room No. 130/1 Main Building, Civil Secretariat, Srinagar on or by email at labouremp@gmail.com.

Any objections/suggestion received after the expiry of the said period shall not be entertained.

"Rule 50 is hereby omitted".
By order of the Government of Jammu and Kashmir.

**Sd/-
Secretary to the Government,
Labour & Employment
Department.**

DIP/J-3021
Dt: 10-06-2023

Australia crush India by 209 runs to win World Test C'ship title

LONDON, June 11:

The widely-followed and much-loved Indian cricket team lost yet again when it mattered the most, the country's calibrated youth structure, the multiple superstars, and the presence of a legend in support staff coming to naught for the sport's financial powerhouse.

India's underwhelming record in ICC tournaments continued with a 209-run hammering by

Dangal organized in Nagrota

Excelsior Sports Correspondent

JAMMU, June 11: An annual event of Dangal was organised by Dangal Committee of Shibba here today in Nagrota.

The event was organised by



Former Minister, RS Chib poses for group photograph with wrestlers during Dangal in Nagrota.

Dangal Committee of Shibba headed by president, Suram Singh.

In the memory of Peer Baba Shibba, Dangal was organised by Panchayat of Shibba every year in which thousands of people took part as spectators and a large number of wrestlers from Jammu and Kashmir and neighbouring states.

RS Chib, former Minister and General Secretary, Democratic

Progressive Azad Party, was the chief guest and Jugal Kishore Sharma, Provincial President was the guest of honour on this occasion.

The main contest for the first prize ended up draw between the

wrestler, Imam Hussain of Domail and wrestler Babba of Kote Bhalwal. The prize money was divided equally.

RS Chib said the wrestling is the most popular sport among the rural population of Jammu province and younger generation should be encouraged to take part in the sports activities so that they would not indulge in drug abuse and anti-social activities.

Badminton tourney organized in Jammu

Excelsior Sports Correspondent

JAMMU, June 11: A one day tournament of Badminton was organized by Jain Yuvak Sangh, the youth wing of S.S



Dignitaries of Jain Yuvak Sangh along with players pose for group photograph during Badminton event in Jammu.

Jain Sabha (J&K) at Police Badminton Hall, police line, here today.

Both male and female players from all age groups participated with full enthusiasm. The tournament was inaugurated by President S.S Jain Sabha,

senior category Mohit Jain stood first. Women's singles category was won by Suvriti Jain. The trophies and gifts were distributed among winners by Chandan Kohli, Senior Superintendent of Police Jammu.

Australia in the World Test Championship (WTC) final here on Sunday.

Australian pacer Scott Boland produced a bowling spell of rare quality to get rid of Virat Kohli



and Ravindra Jadeja in the same over, effectively shutting the door on India, who were bowled out for 234 in their second innings on the final day at The Oval.

Australia were clearly the better team on all fronts while India had only themselves to blame for yet another loss in a global event. India's last ICC title came way back in 2013 and it was their second successive defeat in the WTC final, having gone down against New Zealand two years ago.

India lost seven wickets for the addition of 70 runs on the final day.

Australia thus became the first team to win all ICC titles. The Aussies won the ODI World Cup in 1987, 1999, 2003, 2007 and

2015. It has also also claimed the ICC Champions Trophy in successive editions in 2006 and 2009. Australia had ended its T20 World Cup title drought during the 2021 edition held in the

United Arab Emirates, beating New Zealand in the final under the leadership of Aaron Finch. While the non selection of R Ashwin was the big talking point on the opening day, India lost the title contest mainly due to the failure of their high-profile batting line-up.

The top four comprising Rohit Sharma, Shubman Gill, Cheteshwar Pujara and Kohli failed to deliver in the high-stake game.

Brief Score: Australia 469 and 270/8 declared

India 296 and 234 all out in 63.3 overs (Virat Kohli 49, Rohit Sharma 43, Ajinkya Rahane 43; Nathan Lyon 4/41, Scott Boland 3/46). (PTI)

Rohil selected for Asia Cup Softball C'ship in Japan

Excelsior Sports Correspondent

SRINAGAR, June 11: Hailing from the village Taky Behram Shah of district Anantnag of Jammu and Kashmir, Rohil Rashid has made a big stride in the field of Softball.

He has been selected for the Asia Cup (Men) Softball Championship to be held at Kochi, Japan from June 25 to 28, wherein he is representing India.

Rohil Rashid is the younger son of prominent Sports promoter Abdul Rashid Ahanter.

He started playing Softball at the age of 11 years and played Inter School, Inter District, Inter Division, District Level, State and National Level Championships. After 21 years of struggle, Rohil got selected for India team during the final selection trials called by Softball Association of India.

He had also attended India camps conducted by SBAI in Anantpur, Andhra Pradesh, Jalgaon, Maharashtra and Pondicherry.

Perintently, Rohil became the 2nd Athlete from Jammu and

Kashmir who is participating in International Softball Championship before that Harleen Kour from Jammu was part of Indian National Women team who participated in Women Asia Cup Softball Championship at South Korea.

Honorary General Secretary, J&K Softball Association, Waseem Raja Khan applauded Rohil Rashid for his hard work.

He said that J&K Sports Council is providing every possible support for the development and promotion of Softball Sport in Jammu & Kashmir for making dreams of Softball Athletes true to achieve great height in the Sport of Softball which is an Olympic Sport and presently playing in 134 Countries around the world.

He also said that Secretary Jammu and Kashmir Sports Council, Nuzhat Gul has been playing an important role for the upliftment of Sports and Games in the Union Territory of Jammu and Kashmir.

NIS topper 2006 of Softball, Harvinder Singh is accompanying the Indian Men team as Coach for Asia Cup (Men) Softball Championship at Japan. Indian National Softball team will leave from New Delhi for Japan on 23rd of June under the banner of Softball Association of India.

Junior hockey team leaves for National C'ship

Excelsior Sports Correspondent

JAMMU, June 11: Jammu and Kashmir Union Territory (JKUT) Junior National Hockey (Men) team was flagged from Jammu today to participate in the 13th Hockey India Junior Men National Championship.

The National Championship is scheduled to be held in

Rourkela, Odisha from June 12 to 22. Rajinder Singh (Former President and General Secretary Hockey India), Ishan Sharma (Treasurer Hockey J&K) and other members were present on this occasion. Before, leaving for the national championship trials, coaching camps and screening was conducted.

J&K UT Team lifts 18th All India Senior Super Sevens C'ship

Excelsior Sports Correspondent

SRINAGAR, June 11: The 18th All India Senior Super Sevens Cricket Championship reached its thrilling conclusion at the Kashmir University ground, here today.

The final match, contested between the J&K UT team and the Kashmir University team, culminated in an exciting victory for J&K UT, as they successfully chased down a target of 97 runs in just 6 overs.

The championship witnessed the participation of nearly 24 teams from across the country, with the J&K UT team ultimately lifting the coveted trophy. The Kashmir University team secured second place, while the West Bengal team clinched the third spot.

Distinguished personalities graced the final event, including MP Assam Naba Kumar Sarnia, who served as the Chief Guest, as well as renowned businessman Mushtaq Ahmad Chaya, Superintendent of Police (SP) Hazratbal, and other officials.

MP Assam Naba Kumar Sarnia expressed his delight at the spirited performance displayed by the young players. He stated, "It was a pleasure to witness this event; it provided a unique experience. The true essence of sportsmanship was evident here, and it was heartening to see the young athletes channelling their potential."

Mushtaq Ahmad Chaya, the businessman, expressed his hope that similar tournaments should be organized more frequently in Kashmir. He emphasized that such events not only spread positivity but also

offered a mesmerizing experience, witnessing the talent perform in such a picturesque setting.

President Mohd Arif Surma and General Secretary Amir Shafi, who head the J&K Super Seven Cricket Association, organized the tournament. President Surma expressed his gratitude towards all the stakeholders who provided essential assistance. He further revealed that the top four positions in the tournament were secured by teams from Uttar Pradesh, West Bengal and two different teams from J&K.

"I extend my thanks to all those who extended their support in facilitating the smooth conduct of the tournament. VC KU Prof. Nilofar Khan and the Director of Physical Education, KU, made every effort to assist us. It was indeed a unique experience," President Mohd Arif Surma acknowledged.

It is to be noted here that the 18th All India Senior Super Sevens Cricket Championship showcased the exceptional talent and witnessed intense competition throughout the tournament.

Shikara race organized at Dal Lake

Excelsior Sports Correspondent

SRINAGAR, June 11: The Sub-Divisional Magistrate East Srinagar, Murtaza Ahmad today flagged off the 2nd Shikara Race here in world famous Dal Lake in presence of Chairman, Aryans Group of Colleges, Rajpura, Dr. Anshu Kataria. The rally attracted the attention of hundreds of tourists and locals who enthusiastically witnessed the event.

After the culmination of the race Imran achieved 1st position while Shahid and Javed got 2nd & 3rd positions respectively. The winners were rewarded during the felicitation ceremony by SDM and other dignitaries.

Speaking on the occasion, SDM Srinagar congratulated the winners and said that Kashmiri youth have great potential in every sphere to lead the country.

He underlined that Kashmiri students are multi-talented who have proved their mettle in all fields at national and international competitions.

He further lauded the Aryans Kashmir students for performance in academics as well as in innovations. He also appreciated the copy right awarded to Aryans Shikara app by Govt. of India and termed it as remarkable step.

Dr. Kataria said that Aryans is the only campus where majority of students from Kashmir are studying. "Our Kashmiri students are good in academically, innovations, sports, cultural activities and every other field", he added.

and Ravindra Jadeja in the same over, effectively shutting the door on India, who were bowled out for 234 in their second innings on the final day at The Oval.

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KC Public School students posing for group photograph.

Six KCPS students attend Round Square Conference

Excelsior Correspondent

JAMMU, June 11: Six students of KC Public School (KCPS) participated in the 5 day-long Round Square Conference hosted by The Lawrence School, Sanawar from June 5 to 9.

The delegates in the age group of 11 to 13 years were Aseemta Gupta, Aviral Kapoor, Ahaana Kohli, Garv Sharma, Harshit Kotwal and Vivaan Saroch.

About 244 delegates from various Round Square member schools such as Lawrence School Lovedale, Dhirubhai Ambani International School, Mumbai, Mayo College-Ajmer, Welham Boys' School-Dehradun, The Doon School-Dehradun, The Daly College-Indore, Indian High School-

Dubai, Hyderabad Public School and Emerald Heights International School-Indore, attended the Conference.

The theme of the Conference was 'Protect, Preserve, Progress for Sustainable Happiness,' which aimed at focusing on the significance of future for the global generation of today and to what extent collective and joint preparations could be made to steer human destiny into a positive direct in view of the new challenges emerging at a fast pace in the 21st century.

A wide range of activities such as the opening ceremony, thought-provoking keynote addresses by eminent speakers, Kartik Satyanarayan (Co-founder and CEO, Wildlife SOS), Arjun Kochar (Founder and Programmer- LeoDeo), Lt. General Kamal Davar, Rituparna Ghosh (Founder - 'Your Story Bag') who spoke on how one person's happiness is sustained by that of another only by educating young minds, hearts and souls kept the delegates busy throughout the conference.

The guest of honour for the opening ceremony was Rajbir Sandhu (Round Square schools' Support Director - South Asia and Gulf). Samarth Pathak (Representative of United Nations office on Drugs and Crime and Advocacy lead and Regional Focal point - South Asia) and Marco Teixeira (Representative of United Nations office on Drugs and Crime - South Asia) were the guests of honour for the closing ceremony.

UNION TERRITORY OF JAMMU AND KASHMIR OFFICE OF THE SUPERINTENDING ENGINEER PWD (R&B) JAMMU-KATHUA CIRCLE JAMMU

SHORT NOTICE INVITING TENDER

e-NIT No. SEJ/18 of 2023-24 Dated 08-06-2023

For and on behalf of the Lt. Governor of Union Territory of J&K, e-tenders are invited on **percentage** rate basis from approved and eligible Contractors registered with **Union Territory of J&K/CPWD / BRO/ Railways/ MES and other State/ Central Government** for the work mentioned below:-

S. No	Name of Work	Name of Division	Advertised Cost (Rs. in lacs)	Cost of document (in Rs.)	Earnest Money (in Rs.)	Time Allowed for complete-on	Time and date of opening of tender	Class of Contractor
1	Widening / Up-gradation of R.S. Pura-Suchetgarh road upto Four Lanung in Kan 1 st to 7 th RD 800 (Phase-I) Under CRF (Part-II).	PWD (R&B) Const. Divn. No. I, Jammu	384.90	6000	769800 (2% of the Advertised Cost)	07 Months	(1200 Hrs) on or after 22-06-2023	"A" Class

Position of AAA = **Accorded**
Position of Tech. sanction = **Accorded**

The Bidding documents consist of qualifying information, eligibility criteria, specifications, bill of quantities (B.O.Q). Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website <http://jtenders.gov.in> as per below schedule:-

1.	Date of Issue of Tender Notice	08.06.2023
2.	Period of downloading of bidding documents	From 08.06.2023 to 21.06.2023, 1800 Hrs
3.	Date, Time and place of pre-bid meeting	15.06.2023 at 1400 hours in the Office of the Superintending Engineer PWD (R&B) Circle Jammu-Samba-Kathua Circle, Jammu
4.	Bid submission Start Date	08.06.2023 From 1800 Hrs
5.	Bid Submission End Date	21.06.2023 up to 1800 Hrs
6.	Date & time of opening of Technical Bids (Online)	22.06.2023 at 1400 hours in the Office of the Superintending Engineer PWD (R&B) Circle Jammu-Samba-Kathua Circle, Jammu
7.	Date & time of opening of Financial Bids (Online)	To be notified after technical bid evaluation is completed

1. Bids must be accompanied with cost of Tender document in shape of challan through Treasury indicating the name of work and e-NIT No. favouring **Superintending Engineer, PWD (R&B) Circle Jammu-Samba-Kathua Circle, Jammu by crediting to 0059-PWD (Revenue) issued after issuance of e-NIT No. & Date** uploading a copy of treasury challan/receipt issued after the advertisement of e-NIT. The date on challan should be between date of start of bid submission and bid submission end date.

2. The date and time of opening of Financial-Bid shall be notified on Web Site www.jtenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address. The Financial-bids of Responsive bidders shall be opened online in the Office of the Superintending Engineer, PWD (R&B) Circle Jammu-Samba-Kathua. The date for same shall be intimated separately.

3. The bids for the work shall remain valid for a period of 90 days from the date of opening of Technical bids.

**Sd/-
(Er. Saleem Ul Sabah)
Superintending Engineer
PWD (R&B) Jammu-Kathua Circle
Jammu**

DIP/J-3045/23
Dt: 10-06-2023



Climbers and dignitaries of Tawi Trekkers J&K pose for group photograph in Jammu.

2nd round of 'Sunday Series' held in Jammu

Excelsior Sports Correspondent

JAMMU, June 11: Prama Charak, Payal Sharma and Shagun Sharma of Government College for Women, Parade, Jammu who secured the first three positions in the women's category in the first round of the Sunday Series of Sport Climbing Competitions held on June 4 retained their respective positions in the 2nd round of the competition conducted today.

However, in the Junior boys category, Aradhya Manhas who had secured 3rd rank in the first round of the 'Sunday Series' emerged victorious today pushing the champion of the 1st round Harman Samnotra to sec-

ond place. Saksham Slathia, the runner up of the 1st round thus slipped into the 3rd place in the 2nd round.

Only 44 climbers participated in different categories of the 2nd round of the Sunday Series of Sport Climbing competition because of inclement weather. The competition was organised under the overall supervision of Shawetica Khajuria, General Secretary of Tawi Trekkers J&K.

President, Tawi Trekkers J&K Ram Khajuria also remained present and keenly watched the performance of the budding climber. The 3rd round of the competition shall be conducted on 18th June.