

Div Com inspects progress on National Highway maintenance in Ramban

Excelsior Correspondent

RAMBAN, June 25: Divisional Commissioner Jammu, Ramesh Kumar today visited district Ramban to review the arrangements being put in place for Shri Amarnath Ji Yatra-2023 and to inspect progress on national highway four laning works.

Deputy Commissioner Ramban Mussarat Islam, SSP Mohita Sharma, SSP Traffic National Highway, Rohit Baksotra, ADC Harbans Sharma, PD NHAI Parshotam Kumar besides senior officers of SASB, JPDC, Jal Shakti, PWD, NHAI and other concerned officers accompanied the Divisional Commissioner.

During the tour, the Div Com visited Yatri Niwas Chanderkote and inspected the arrangements being put in place for smooth conduct of Yatra. He also inspected Langer sites along National Highway besides inspected national highway works.

He directed NHAI and construction companies to maintain NH-44 and stationed adequate machinery at all vulnerable places to clear roads without any delay.

He instructed the executing agency and other stakeholders to



Div Com interacting with officers at Ramban.

ensure completion of works by implementing all plans and directions issued from time to time for the smooth conduct of holy yatra.

He also directed officers of NHAI to complete the maintenance work to provide safe passage to commuters. He stressed on expeditious maintenance of highway, Traffic regulation, follow lane enforcement, Surface maintenance.

The Div Com also chaired a meeting and emphasized upon the stakeholder departments to synergize efforts to make adequate arrangements well in advance for smooth conduct of the holy Yatra.

The Div Com instructed the Traffic Department to formulate a traffic plan for smooth flow of

traffic on important routes. He asked the district administration Ramban to ensure the availability of water, power and toilets at each lodgement centres.

The Div Com also reviewed in detail about the facilities at Yatri Niwas Chanderkote and issued directions for putting in all necessary arrangements in time.

He instructed all the concerned departments to expedite the works to ensure that all necessary arrangements are put in place well before commencement of the Yatra.

Abdullahs, Muftis dancing to tune of Pakistan: Chugh

Excelsior Correspondent

JAMMU, June 25: Launching a scathing attack on former Jammu and Kashmir Chief Ministers, Omar Abdullah and Mehbooba Mufti, BJP national general secretary, Tarun Chugh today said that Pakistan-sponsored terrorism flourished in Jammu and Kashmir under their rule following which the J&K economy was derailed and there was no progress and development.

Chugh said that the three families including Gandhis, Muftis and Abdullahs plundered Jammu and Kashmir and that terrorism was at its peak during their tenures.

The situation has improved dramatically in J&K after Prime Minister, Narendra Modi took over and brought the law and order situation under control. A new era has set in J&K now, he said.

Chugh's comments came in the backdrop of statements made by Omar Abdullah and Mehbooba Mufti in a press conference after Opposition parties' meeting in Patna on June 23.

Attacking the three families, Chugh said that on one side they talk about democracy and on the other side they talk about China and Pakistan.

"During their tenure they suppressed people of Jammu and Kashmir and hindered development. There was no peace and progress. There was only bloodshed, while under PM Modi Jammu and Kashmir has become the centre of tourism activities. Since BJP's rule Jammu and Kashmir has only seen peace, development and progress," he said.

He also said that due to shrinking space for politicians in Jammu and Kashmir, they are now visiting Bihar to address press conferences. "This shows how people of Jammu and Kashmir have rejected them. They don't find any space here to talk about anything," he said.

Chugh said that it is because of pro-people policies of PM Modi that Jammu and Kashmir is seeing a new dawn of development and progress and tourism is flourishing here, while during three families rule only terrorism flourished.

Stress on limiting outdoor activities to reduce exposure

Stay hydrated amid soaring temp: Experts

Irfan Trambo

SRINAGAR, June 25: As the scorching heatwave continues to grip Kashmir, experts today highlighted the crucial need to stay hydrated and take precautionary measures to avoid heat strokes, especially for vulnerable groups such as the elderly and children.

Dr. Shariq Masoodi, Professor of Endocrinology at SKIMS Soura, emphasized the significance of adopting necessary precautions to combat the heatwave. He addressed various aspects, including physical activity, caring for vulnerable individuals, and preventing heat-related incidents.

He talked about the importance of taking regular breaks from strenuous activities during hot weather, noting that if exercising is unavoidable, it would be better to do it during the early morning or late evening when temperatures are cooler.

Dr. Suhail Naik, Consultant Pediatrician at Children's Hospital, Bemina, highlighted the potentially fatal consequences of the scorching heat for children if proper measures are not taken. He warned that rising temperatures can lead to exhaustion, dehydration, and heat strokes among children. "Therefore, it is crucial to take all necessary steps to regulate their body temperature and, most importantly, keep them properly hydrated."

Dr. Masood Rashid, an anaesthesia specialist and critical care expert working in the Health Department, advised the public to avoid venturing outside during the peak hours of heat, specifically between 12:00 noon and 3:00

p.m., when the sun's rays are most intense. "By limiting outdoor activities during these hours, people can significantly reduce their exposure to excessive heat and potential heat injuries," he said.

He also emphasized the importance of staying hydrated to combat the effects of heat while advising to drink sufficient water, even when not feeling thirsty. "Because it aids in regulating body temperature and reduces the risk of dehydration."

Furthermore, Dr. Masood advised the public to opt for appropriate clothing choices to stay cool and comfortable, recommending wearing lightweight, light-colored, loose-fitting, and breathable cotton garments, which help mitigate the impact of high temperatures by allowing better air circulation and minimizing heat absorption.

He also emphasized the importance of maintaining personal hygiene to avoid fungal infections, strongly advising taking regular showers, changing clothes daily, especially undergarments, and ensuring the body remains dry in areas such as the groin, axilla, and inframammary region.

Need for deploying Anti-Sabotage teams along Yatra route: ADGP

Excelsior Correspondent

SRINAGAR, June 25: The Additional Director General of Police (ADGP) Kashmir Vijay Kumar today stressed the need for strengthening the existing security infrastructure and deploying Anti-Sabotage teams along the Yatra route in view of the annual Amarnath Yatra, which is set to begin from July 1.

He issued these directions while chairing a joint meeting with the officers of the Police, BSF and CRPF at the Police Control Room. The meeting involved detailed discussions regarding overall security arrangements to be adopted for the safe and smooth conduct of the upcoming yatra.

During the meeting, the ADGP emphasized the need for a multi-layered security approach, incorporating the expertise and resources of multiple security agencies.

ADGP also directed the officers to enhance security and mitigate potential threats by deploying Anti-Sabotage teams along the Amarnath Yatra route to identify and neutralize any possible terror threat.

The officers were also guided to boost surveillance and threat detection by using advanced drone technology, as well as real-time aerial surveillance over the pilgrimage route.

Discussions during the meeting revolved around strengthening the existing security infrastructure, enhancing surveillance measures, and augmenting personnel deployment along the pilgrimage route.

Various aspects of security, including threat perception, crowd management, traffic control, and emergency response mechanisms, were thoroughly analyzed and reviewed.

Besides revising and modifying various SOPs related to countering all types of terror attacks, counter-drone attacks, natural disasters, and Law and order situations, the ADGP urged the officers to remain vigilant and proactive, keeping abreast of the latest security protocols and intelligence inputs.

The meeting was attended

by IG BSF Ashok Yadav, DIG CKR Srinagar Sujit Kumar, DIG SKR Rayees Mohammad Bhat, DIG CRPF (South Srinagar) Mathew A John, DIG CRPF Panthachowk Pramod Kumar Mehra, DIG CRPF Anantnag range Kulvir Singh Deswal, SSP Srinagar Rakesh Balwal, CO CRPF Harjinder Singh Bhupal, and others.

Additionally, the meeting addressed the coordination among different agencies involved in the security arrangements. ADGP Kashmir emphasized the significance of seamless collaboration and information sharing to ensure a cohesive and effective security apparatus.

The senior officers present at the meeting shared their insights and recommendations, highlighting the importance of

robust communication channels, regular training programs, and real-time monitoring systems.

The ADGP expressed confidence in the capabilities of the security personnel and their commitment to ensuring the safety of the devotees.

He urged them to work in close coordination with the local communities and religious leaders to foster a peaceful and secure environment throughout the Amarnath Yatra. As the pilgrimage approaches, the ADGP assured the public that every possible measure would be taken to provide a secure and hassle-free experience for the devotees.

He also urged the general public to cooperate with the security forces and follow the prescribed guidelines for their safety.

Case of alleged missing man turns out to be murder by son, others

Excelsior Correspondent

REASI, June 25: A case of alleged missing of a middle aged man turned out to be murder and that too by his own son along with others who disposed off the dead body and cooked a story about missing of his father.

While three out of the four accused have been arrested, preliminary investigations hint that illicit relations of the accused led to the murder. More arrests are likely to be made in this connection as further investigation into the case is going on.

The incident took place at village Tote in Tehsil Bhomag in Reasi district and the deceased was identified as Paramjeet Singh, son of Gopi Chand, resident of Tote.

While sharing the details, SSP Reasi Amit Gupta said that on March 30, 2023, a person namely Dalip Singh, son of Gopi Chand, resident of Tote, appeared at Police Station Reasi and lodged a written complaint stating that his brother Paramjeet Singh had gone missing from Reasi on since March 27, 2023.

On this, a missing report was lodged at Police Station Reasi and during the course of investigation, Police rounded

up some suspects who disclosed that Paramjeet Singh was murdered by his son Vikas Thakur and three others. After raiding at different location, the Police teams from PS Reasi arrested the accused persons, who were identified as Sushil Chander, son of Sansar Chand, resident of Chorakote, Tehsil- Bhomag; Vikas Thakur, son of deceased Paramjeet Singh and Vipan Kumar, son of Rattan Lal of Kotli Manotrian.

The accused persons confessed that the trio, along with Seeta Ram, brother of Sushil Chander, had killed Paramjeet Singh on March 27 and buried the dead body near Serla Bhaga area. After the confession of accused persons, a team of PS Reasi, headed by SHO Reasi and FSL exhumed decomposed body of the deceased in presence of an Executive Magistrate. After completing the legal formalities, the body was shifted to GMC Jammu for post-mortem and further medical opinion by the experts.

The whole operation was conducted by the teams of PS Reasi, headed by Inspector Vijay, SHO Reasi and Neeraj Padyar, DySP Hqrs Reasi, under the supervision of SSP Reasi Amit Gupta.

Irrigation Deptt's negligence destroys over 500 kanal watermelon crop in Garkhal

Excelsior Correspondent

JAMMU, June 25: Watermelon growers in Garkhal village are in major trouble due to the negligence of Jammu and Kashmir Irrigation Department in opening another channel which was otherwise resisted by the Sarpanch sensing flood like situation in land measuring over 500 kanals, affecting over 500 farmer families.

This flood which has filled over 10 feet water in our fields had totally damaging our watermelon crop, narrated Sarpanch Kuldeep Singh to former minister and senior BJP leader Choudhary Sukhnandan Kumar when the latter visited the spot on the demand of local villagers of Patwar Khundpur and Leharian in Garkhal area falling under Akhnour constituency.

"We had told the Irrigation Department officers for not opening the additional water channel," said villagers adding that now they can't even reach in their fields to collect the crop. It's life threatening to go there, they added.

Choudhary Sukhnandan also assessed the situation on the spot and spoke to the Additional Deputy Commissioner on telephone to immediately intervene for the rescue of the villagers, who were threatening to commit suicide if their crop is damaged in flood like situation in their fields.

"There are two options---one the canal water level be reduced by reducing water in river Chenab by requesting the Salad dam authorities or request Army to make a temporary water bride so that the villagers can go to their fields and collect their crop emerged in area," said the senior BJP leader.

"The fruit dealers from Valley, and other places are stationed at our village to lift the watermelons and we are unable to go to our fields," lamented a local villager, adding "we have taken loans from Banks for cultivation and if we are not able to supply crop to the dealers we are finished."

Sukhnandan assured the villagers to resolve their issue by taking up the matter with Divisional Commissioner Jammu also.






THE MORE YOU USE THE LESS YOU LIVE

SAY NO TO DRUGS



INTERNATIONAL DAY AGAINST DRUG ABUSE and illicit trafficking

MESSAGE

The fight against drugs is a fight to save our youth, a fight to protect humanity.

On this international day against drug abuse, lets all join hands and stand as a wall against this evil. Lets resolve that we will all contribute individually and collectively to eradicate this menace from our society.

Shri. Manoj Sinha
Hon'ble Lieutenant Governor
UT of Jammu and Kashmir

MESSAGE

On this International day against drug abuse, let us all as a community, society and country resolve that every day will be a day against drug abuse and that we shall wage a continuous, sustained and untiring war against this menace till we win. This war is to save our lives, our families, and our existence as civilized people. If we wish to protect our present and future generations, we have to stand united against drug abuse.

Drug is disaster. Drug is poison. Drug is death. Let us embrace life, not death. Let us say no to drugs and yes to life. Let us pledge ourselves to zero tolerance to drugs. Let us pledge that we shall neither take drugs nor let others take the path of drug and deaths.

Dr. Arun Kumar Mehta, IAS
Chief Secretary
Jammu & Kashmir

MESSAGE

International day against drug abuse is a reminder for all of us that despite our efforts, the vice is surviving and thriving. Much has been done but much more needs to be done to wean off our youth from this life consuming habit. Our youth is educated, sensitive and aware and I urge upon them to join hands with us in this campaign and become the torch bearers for a consistent and persistent fight against drugs. Let us not rest till we succeed, till we are sure that our children, our future generations are safe from drug abuse.

Ms. Sheetal Nanda, IAS
Commissioner Secretary to Government
Social Welfare Department
Jammu & Kashmir



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