

# International Women's Day celebrated across J&K, Ladakh

## Excelsior Correspondent

JAMMU, Mar 8: Different organisations here today celebrated International Women's Day and organised different programmes in this regard.

Commissioner Secretary, Social Welfare Department, Sheetal Nanda chaired celebration of International Women's Day programme organized by Mission Shakti Department of Social Welfare. During the programme, various eminent women who have done excellent work in different spheres of life were felicitated by the Mission Shakti. Speaking on the occasion, Sheetal Nanda said that violence against women has consistently been rising not only in our country but throughout the world which is an alarming situation. She emphasized on massive awareness regarding gender equality and rights of the women.

**Jammu and Kashmir Rural Livelihoods Mission, UMEED** celebrated International Women's Day. Mission Director JKRLM, Indu Kanwal Chib; Additional Mission Director JKRLM Jammu, Mridhu Sathia; Director Social Audit, Shafia Naqashbandi, women from several Self Help Groups (SHGs) and others participated in the event. The event witnessed a session in which members from different SHGs of Jammu division shared their stories.

On International Women's Day, **Central University of Jammu (CUJ)** Vice Chancellor, Prof. Sanjeev Jain said that he believes that the theme 'DigitALL: Innovation and Technology for Gender Equality' along with technological integration will surely lead to Gender Equality across all spectrums. Dr. Shweta Yadav, Faculty, Department of Environmental Sciences, CUJ was felicitated for achieving INYAS membership-2023.

Acknowledging the contribution of women in agriculture sector, **Krishvi Gyan Kendra Kishtwar SKUAST Jammu** celebrated International Women's Day by organising a training-cum-seed-distribution programme for 30 women of village Shanderi, Block and Tehsil Drabshalla. The programme was organized by Dr. Narinder Paul I/C KVK Kishtwar under the guidance of Dr. S.K. Gupta, Director Extension SKUAST Jammu.

International Women's Day was celebrated at **North Kashmir University, Delina** by district administration. The Uplona Rashtriya Rifles Battalion under the aegis of Haiderbaeg Sector Kilo (K) Force in collaboration with District administration Baramulla organised a programme on the theme 'Nayi Soch'.

On International Women's Day, Vice-Chancellor of **University of Kashmir (KU)**, Prof. Nilofer Khan flagged off a rally. She said such programmes reinforce our institutional commitment to create a congenial work atmosphere in the campus and also reiterated the message of 'zero tolerance policy' for sexual harassment at workplace.

Meanwhile, Vice Chancellor Prof. Nilofer Khan also chaired a function as chief guest in **Department of Education at KU** to celebrate the Day by raising awareness on importance of gender equality in fast-changing world. In her special keynote address on the theme of 2023 International Women's Day, Prof. Reenu Nanda, Dean Faculty of Education, Jammu University, said an inspiring example of women's empowerment is KU's Vice Chancellor Prof. Nilofer Khan who stands before us by dint of her hard work and success.

The **Islamic University of Science and Technology** celebrated International Women's Day, which witnessed wide participation of students, scholars, faculty and staff. The function was presided over by Prof. Shakil Ahmed Romshoo, Vice-Chancellor, IUST who talked about the importance of this Day.

**University of Ladakh, Leh Campus** in collaboration with GB Pant National Institute of Himalayan Environment Ladakh, Regional Centre Leh celebrated International Women's Day. Speaking on the occasion Prof. Subrat Sharma, LRC, NIHE threw

## Woman's body recovered

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MENDHAR, Mar 8: Body of a 50-year-old woman was found under mysterious circumstances in Mendhar area of Poonch district today. A Police official said that the body was recovered by police from an open field near Ari bridge in Mendhar area this morning. The deceased was later identified as Shahmim Akhter (50), wife of Mohammad Ashraf, resident of Ari village. The police shifted the body to Sub District Hospital Mendhar for autopsy. The police has launched inquest proceedings in this connection.

light on the importance of the Day. P.D Nitya, Senior Superintendent of Police, Leh talked about women rights regarding the abuses under the mask of anonymity.

**Government Medical College Jammu** celebrated International Women's Day in collaboration with NGO 'Support & National Human Rights Social Justice Council of India.' Principal and Dean Dr. Shashi Sudhan Sharma while speaking on the occasion said: "We are very proud of our women doctors, staff and paramedical staff for their accomplishments and their efforts to serve the nation and humanity in the field of health care services."

**Centre for Women Studies, GCW Parade** in collaboration with Department of English celebrated International Women's Day. Various events like discussion, short film/documentary show, poster making etc were organized on the theme 'DigitALL: Innovation and Technology for Gender Equality'.

**Department of Political Science** in collaboration with IQAC of Padma Shri Padma Sachdev Government PG College for Women, Gandhi Nagar Jammu organized a 'Moot Court Trial Activity' on International Women's Day. Dr. Pooja Charak, HoD Political Science highlighted the importance of Moot Court activity. Moot Court cases were held under the patronage of College Principal, Prof. Mimu Mahajan. She motivated participants to showcase their talent, skills, confidence and creative vision by initiating their court proceedings in an organized manner.

NSS unit of **Govt. SPMR College of Commerce** in collaboration with Global Peace Organization under the aegis of G20 organised a seminar and Rangoli Making Competition on the theme 'DigitALL: Innovation and Technology for Gender Equality' to celebrate International Women's Day with enthusiasm and zeal. Dr. Monika Malhotra, Convener IQAC and Literary Club said that woman is the foundation of every society. Principal Dr. Surinder Kumar Sharma, while speaking on the occasion said that women should be respected and given their due for the prosperous society.

**Women's Studies Centre of GGM Science College** celebrated International Women's Day on the theme 'DigitALL: Innovation and Technology for Gender Equality'. The event was conducted under the patronage of Prof. Rajesh Kumar Gupta, Principal of the College.

Women Development Cell in collaboration with Department of Sociology at **Govt. Degree College Paloura (Mishrivala)** celebrated International Women's Day by organising a lecture. The resource person was Prof. Pooja Sharma, Assistant Professor, Department of Sociology and she informed the students that international days are occasions to educate the public on the issues of concern to mobilise political will and resources to address global problems and to celebrate and reinforce achievements of humanity.

NSS Unit in collaboration with IQAC Cell of **GCW Bhagwati Nagar** celebrated International Women's Day. The theme for this year's celebration is 'DigitALL: Innovation and Technology for Gender Equality'. The college hosted a variety of cultural programmes and a seminar on 'Women Empowerment' and also showcased a documentary 'Ladies First' depicting women's struggle in the field of sports which was coordinated by Dr. Preeti Salathia.

Om Women's Day, an awareness rally and door-to-door campaign confronting different women issues was organised by the students of **K.C College of Education** in the nearby locality. The students threw light on different issues regarding women which included health & hygiene, literacy, female foeticide and domestic violence.

NSS Unit of **National College of Education Purkhoo Camp** celebrated International Women's Day under the supervision of Programme Officer, Yashumati Jamwal. Pallavi Verma, Sarpanch Mishrivala was chief guest.

**Youth found dead under mysterious circumstances**

### Excelsior Correspondent

KATHUA, Mar 8: A youth was found dead in mysterious circumstances in industrial area in Ghatti village today. He was identified as Navin Sharma @Nanu resident of village Bhallad block Barnoti. He was missing since yesterday and was found lying in front of a locked house. The local people noticed the youth lying dead. A police team rushed to the spot after getting information and shifted the body to mortuary for postpartum. Police has registered a case under Section 174 RPC in this regard and started investigation.

Principal Dr. Manju Dwivedi expressed her views about the significance of the day and said that women are playing significant roles in different spheres like medical, engineering etc all over the world.

**Government Degree College Sidhra** celebrated International Women's Day and the chief guest was Shama Akhter, Councillor of Jammu Municipal Corporation. Prof. Shonima Malhotra, Coordinator G20 Committee talked on significance of the Day while the chief guest, Shama Akhter elaborated that a strong, comprehensive and balanced growth chart will be elevated only by the participation of women in not only the economy but also by empowering them to voice their ideas in major decision undertakings.

NSS Unit of **GDC Marheen** celebrated International Women's Day under G-20 Summit 2023. The programme in this regard was organized under the patronage of Principal Prof. (Dr.) Anupama Gupta and she highlighted the contribution of women in the digital world and raised awareness on challenges women face.

**Govt. Degree College Akhnoor** celebrated International Women's Day with zeal and fanfare under the patronage of Prof. (Dr.) Romilla Malla Bhat, Principal GDC Akhnoor who along with other dignitaries planted saplings in the College campus. The Principal highlighted the role of women in every sector of the society and talked on the importance of women in nation building.

NSS volunteers of **GDC Khour** celebrated International Women's Day in collaboration with Health & Wellness Centre Mattu and organised an awareness drive on ABHA (Ayushman Bharat Health Account Cards) among the women of village Mattu. Dr. Deepthi Dogra, MLHP, Sharda, FMPHW and Asha Worker, Suman Choudhary from Health and Wellness Center, Mattu participated in the drive.

**Sai Shyam College of Education and School** celebrated International Women's Day by organising a function which was attended by staff and students of the Institution. Deepika Sen, Sr. Advocate, High Court Jammu was the chief resource person and Rajinder Singh Chib, BJP leader was special guest. Dr. Usha Tickoo, Principal of the College threw light on importance of educating girl child and making her independent.

**GDC Marh**, under the patronage of its Principal, Prof. Rakesh Kumar Koul, celebrated Women's Day by organizing an awareness lecture. Principal of the College said that purpose of the Day is to uphold women's achievements, recognize their challenges and focus greater attention for a better society where there is no gender bias.

**Department of English at GDC R.S Pura** in collaboration with Cultural Committee organised an event to celebrate International Women's Day as part

of Jan Bhagidari under the banner of G20 Summit. The programme was conducted under the patronage of Principal, Prof. Rajni Bhagat and supervision of Dr. Neena Gupta, Head, Department of English. On this occasion, the Principal said: "Let us accelerate gender equality and empowerment for more sustainable tomorrow."

**J&K Girls 2nd Bn. NCC, Jammu of GDC R.S Pura** celebrated International Women's Day under the supervision of Lt. Shaveta Chowdhary ANO, Girls NCC. Rita Kumari from Tehsil Legal Services R.S Pura created awareness regarding women issues in India and also emphasized on the importance of women rights as a crucial instrument for egalitarian society in India.

**Women Development Cell of Govt. Degree College, Nowshera** celebrated International Women's Day. Dr. K.K Sharma, Principal of the College highlighted the role and importance of women in our society.

**Government Polytechnic Bikram Chowk Jammu** celebrated International Women's Day with zeal and fanfare. The chief guest was Kanchan Bala, Deputy Commissioner, State Taxes, ITDA & EI, Jammu and while speaking on the occasion she said that gender equality is not only a fundamental human right but a necessary foundation for a peaceful, prosperous and sustainable world.

NSS Unit of **GDC Purmandal** celebrated International Women's Day in collaboration with Women Development Cell of the College. Anuradha Gupta, Deputy Commissioner, Samba graced the occasion as chief guest and while speaking on the occasion she stressed upon the need to break stereotypes and encouraged the girl students of the College to learn life skills to come out of this bondage.

To commemorate International Women's Day, **GDC Vijaypur** organised a symposium on the theme 'DigitALL: Innovation and Technology for Gender Equality'.

On International Women's Day, **GDC Ramgarh** organised a seminar on the theme 'DigitALL: Innovation and Technology for Gender Equality'. The seminar was organised under the guidance of Principal of the College, (Prof.) Dr. Satinder Kaur.

The IQAC of **GDC for Women, Kathua** in association with Indian Science Congress, Jammu Chapter celebrated International Women's Day. The chief guest was Prof. M.K Jyoti, Member Executive Body, ISCA Kolkatta and while speaking on the occasion, she expressed her views on equal rights for women and gender equality and stressed upon the need to shun away gender bias if a healthy society has to be realised.

The Committee against Sexual Harassment at **Govt. Degree College Kathua** organised a symposium on Women Empowerment

in collaboration with District Legal Services Authority Kathua to celebrate International Women's Day. The event was organised under the guidance of Incharge Principal, Prof. Anirudh Sharma. Under the guidance of **GDC Ghagwal** Principal, Dr. Sujata Sathia, the staff and students of the College celebrated International Women's Day.

International Women's Day was celebrated at **Ramisht College of Education, Basohli**.

**Government Degree College, Mahanapur** celebrated International Women's Day and the event was organised under the supervision of Principal, Dr. Sangeeta Sudan. An online awareness lecture on 'Empowering Women Through Awareness of Sexual Harassment at Workplace: Knowing POSH Act' was delivered by Dr. Anupama Mahajan, Professor, Department of Commerce, Bharti College, University of Delhi.

The NSS Unit and Women Development Cell of **Government Degree College Billawar** in collaboration with AYUSH Department, Government of India celebrated International Women's Day. Seminar and medical camp on 'Women Health Issues and Recovery Measures' were organised.

**Bhartiya College of Education Udhampur** celebrated International Women's Day with zeal and grandeur. The event was graced with the presence of chief guest, Dr. Monika Sharma, Principal GCW Udhampur, Dr. S.K Magotra, Principal BDC and others. Dr. Magotra highlighted the role and importance of women in our society and also emphasized on women empowerment.

To commemorate International Women's Day, **Government Degree College Neeli Nallah, Udhampur** organized a seminar under the guidance of Principal of the College, Prof. Hans Raj on the theme 'Innovation and Technology: Equal Opportunities for Men and Women.'

International Women's Day was celebrated by **NSS Unit of Kalra College of Education Udhampur**. The programme started with lighting of ceremonial lamp by Principal of the College, Dr. Neelam Bakshi and the students performed various cultural activities on this occasion.

**Women Development Cell of GDC Udhampur** organised a programme on International Women's Day under the guidance of patron and Principal, Prof. (Dr) Romesh Kumar Gupta who was also the chief guest and he invoked all the members to be proactive against any kind of atrocities or violence against women in the society.

NSS Unit of **GDC Ramnagar** organized a two day workshop on International Women's Day in collaboration with Women Development Cell under the guidance of Dr. Udhey Bhanu, Principal GDC Ramnagar to create awareness and to achieve gender equality among masses.

International Women's Day was celebrated at **GDC Batote** wherein Principal of the College, Prof. Nirlape Kour explained how education can enlighten and empower women, in exposing patriarchal and other forms of gender oppression. Debates and Seminar Committee, **ASHC Cell of GDC Banihal** in collaboration with District Social Welfare Officer Ramban celebrated International Women's Day. The chief guest on the occasion was Dr. Fatima, SDH Banihal and she stressed upon the need to boost women technologically so that they may learn the tactics of speedy redressal of grievances because major portion of women suffer online violence.

The **SSM College of Engineering** celebrated International Women's Day with enthusiasm and zeal. The event was graced by Advocate Abdul Rashid Hanjura, Founder & Chairman I.R Research Trust (Darul Muhsinat Girls Orphanage, Singhpura, Pattan) as chief guest. Prominent women achievers of the State were the guests of honour. On this occasion Principal SSM Polytechnic College announced that as mark of gratitude, SSM has adopted 10 orphans from the Trust and shall cover their all educational expenses.

On International Women's Day an event was organised by **Ramisht College of Education, Basohli** at Govt. Girls Model Middle School, Dhakki (Basohli). The students and teachers of school and the College participated enthusiastically in programmes like speeches, poems and stories.

**Govt. Higher Secondary School, Agharjitto, Reasi** celebrated International Women's Day. Principal Ravail Singh Nathyal talked on importance of the Day.

On International Women's Day prominent women personalities of Jammu including Ritu Singh, chairperson **FICCI FLO J&K**; Joint Director Tourism, Sunaina Mehta; Dr. Renu Gupta, Chairperson MIER; Veena Handa, Sarla, Adv. Rupali, Women Councillor, educationists and principals were present. The programme commenced with the inaugural address by Ritu Singh wherein she underlined the need to talk about the women's issue at every forum and highlighted the role they play in shaping a prosperous society.

**Dr. K.D Multispecialty Hospital** organized a function to felicitate women from different sections of the society. The function was graced by Ritu Singh, Yasha Mudgal, former Minister Priya Sethi and Ranjeet Kour along with other eminent ladies from different sections of the society.

The **Jammu & Kashmir Academy of Art, Culture and Languages** organized Multilingual Women Mushaira and cultural programme to celebrate International Women's Day

wherein Bharat Singh, Secretary Academy highlighted the role of women in building society in general and nation in whole.

On International Women's Day, **Nami Dogri Sanstha** felicitated Advocate Pariksha Parmar for her outstanding achievements and contributions to the society.

**Police Technical Training Institute Vijaypur** celebrated International Women's Day. Speaking on the occasion, Shiv Kumar, SSP, Principal PTTI Vijaypur highlighted the importance and history behind the celebration of International Women's Day.

International Women's Day was also celebrated by **Jammu Police** at Police Station Women Cell wherein Dy.SPO Hqs Dr. Sunniya Wani, SHO P/S Women Cell Inspector Arti Thakur and other police officials were present. Special efforts were taken for sensitization of the public towards women related issues by giving numbers on every Thana vehicle in Pink Colour 1091 and 181 by distributing pamphlets among them.

International Women's Day was celebrated at **IRP 15th (Ladies) Battalion, Gulshan Ground, Jammu**. The day long celebrations included debate, presentation of colourful cultural programme by J&K Police Cultural Team and singing by officers etc. Nisha Nathyal, DIG Armed/IRP Jammu Range was chief guest.

**Udhampur Police** organised a programme at DPL Udhampur in which DIG Udhampur-Reasi Range, Suleman Choudhary was chief guest. Speaking on the occasion the chief guest said that Police is incomplete without remembering the contribution of J&K Women cops. He said that women are endowed with special traits which make them much more capable than men.

The **Institute of Management, Public Administration and Rural Development, Srinagar** organized a special lecture to highlight the issues such as gender equality, reproductive rights and violence and abuse against women. Dr. Jahan Ara Jabeen, Director Trainings of the Institute, Kashmir emphasized that it is necessary for young girls and women to break all the shackles impeding their progress and prosperity.

On International Women's Day, Voice for Peace and Justice organised a colourful function at Ganderbal. The function was presided over by the chairperson Voice for Peace and Justice and a renowned social activist, Farooq Ganderbali, while Bilquees Mir, a water sports sensation and International Coach was chief guest. Saima Ahsad, a recent JKAS qualifier emphasized on the importance of women in building nations.

The **National Rural Livelihoods Mission Pulwama** in association with district hub for Empowerment of Women (Mission Shakti Pulwama) celebrated women's day at Pulwama.

In Ladakh, **All India Radio Kargil** celebrated International Women Day at MP Studio AIR

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