



Former Minister, Sat Sharma along with others posing for a group photograph on first anniversary celebrations of 'Bombshells by Sonia' at Gandhi Nagar in Jammu.

Sat stresses youth to become job providers

Excelsior Correspondent

JAMMU, May 22: Former Minister, Sat Sharma has said that we should become job providers instead of job seekers. Speaking on first anniversary celebrations of 'Bombshells by Sonia'—a complete makeover place for women in Gandhi Nagar, Sharma said that current scenario demands that time has come for Indian youth to bring in an attitudinal shift in mindset and instead of seeking jobs, they must prefer to become job providers and the best way to accomplish this aim is to set up their own business establishments as per their capacity and local conditions. He said that by becoming entrepreneurs the youth will be

augmenting Government's initiatives to end unemployment by creating job opportunities for those seeking jobs. Sharma lauded the efforts of Sonia Maini and stated that she started this venture by taking a loan under Prime Minister's Employment Generation Program of Rs. 10 lakh and in one year with her hard work, she excelled in this stream and caters to the needs of many women who come here to avail the services. Sonia stated that she has provided job to six people. Employees Cell Convener, S.K Sharma, Ish Mahajan, Abhimanyu Maini, Ajay Ahuja, Ramit Khurana, Anish Abrol, Dr. Virendra Sharma and others were also present on the occasion.

Issue white paper on JK liquor policy, creation of jobs: NAUP

Excelsior Correspondent

JAMMU, May 22: National Awami United Party (NAUP) president Sandeep Singh has criticized the LG administration of opening more than 250 wine shops in Jammu province and not created a single job for local educated youth.

"In previous years we feel proud of saying that Jammu is a city of temples but after some time it turns into Jammu smart city but LG Manoj Sinha and their bureaucrats has renamed Jammu the city of wine shops. They have no feeling of opening a wine shop near or in front of a temple or a school," Singh added while addressing a press conference here today.

The NAUP president reminds the LG and his qualified team the words of Prime Minister Narendra Modi of zero tolerance policy against drugs but the meanings have been changed in Jammu as this Government is not taking liquor in drugs list so they have the planning to open wine shops in



NAUP president Sandeep Singh addressing a press conference at Jammu.

every nook and corner of Jammu province. Singh asked the LG administration to stop this practice and issue a white paper on liquor policy of Jammu and Kashmir. "As everyone is talking about the fraud like Delhi type liquor policy, people of Jammu wants to know as to how much jobs has been created with this liquor policy," he said.

Other prominent NAUP leaders present in the conference were Balwan Chand, Balvir Kumar, Shankar Chand and Ashwani Kumar.



Representatives of various Biradaris of Mahajan community meeting on Monday.

ABMSS organizes conference of Mahajan Biradaris

Excelsior Correspondent

JAMMU, May 22: Akhil Bhartiya Mahajan Shiromani Sabha Jammu Kashmir Zone today organized a conference of Mahajan community sub-castes (Biradaris) with the purpose to foster amity and understanding amongst the members of the community.

The conference began with the three-time recitation of Gayatri Mantra. After lighting of lamp and offering rich floral tribute to the founder of ABMSS, Sher-e-Duggar Lala

Man nabbed with narcotics

Excelsior Correspondent

RAJOURI, May 22: The Police arrested a drug-peddler in Kalakote area of Rajouri district with a consignment of narcotics.

A police spokesman said that a drug peddler namely, Israr Talib, son of Talib Hussain, resident of Ward No. 6, Thuddi Chaprian in Rajouri town was intercepted during a naka at Kharak in Kalakote by a police party.

The police team headed by SHO Kalakote Danish Maqbool Dar was on routine naka duty when this man was stopped for frisking and three grams of heroine was recovered from his possession. The police further informed that after registration of case under relevant sections of law in respective police station, investigation is going on to unearth the forward and backward linkages of arrested person.

HC takes strong note of detention of man despite quashing PSA

Excelsior Correspondent

SRINAGAR, May 22: High Court has taken serious note of not releasing the detainee from custody despite quashing the detention order and directed the District Magistrate Baramulla to produce the detainee before the court.

Justice Rahul Bhati recorded that a very disturbing scenario has been presented before the Court which cannot be left to be dealt with in a routine manner except at the cost of undermining the Rule of Law which is meant to govern and is governing this Country irrespective of place or region.

The petition has been presented by the Muzamil Manzoor through his father aggrieved of the fact that notwithstanding quashing of his preventive detention in terms of an Order dated 11.02.2022 passed by the Court, he has not yet earned release of his person and restoration of his liberty from illegal confinement at the hands of the respondents.

Justice Bharti on perusal of the quashment order dated 11.02.2022 which reveals that the preventive detention order dated 17.08.2022 passed by the District Magistrate, Baramulla under Section 8(a) of the J&K

Public Safety Act, 1978 with respect to the detainee's preventive detention came to be quashed by holding the very said order suffering from non-application of mind on the part of the District Magistrate, Baramulla. The quashment of the preventive detention order of the detainee earned a consequent direction from the Court unto the respondents to release him forthwith if not required in any other case.

In terms and furtherance of the detention order, the detention place of the petitioner was first in District Jail Jammu, and then to Central Jail, Agra where he is reported to be still in detention notwithstanding the quashment of the detention order in terms of the said order of this Court. Justice Bharti after these facts said prima facie case is made out of serious violation of the fundamental right of the detainee as guaranteed under Article 21 of the Constitution of India.

Court issued notice to District Magistrate, Baramulla with the direction remain present before court on next date of hearing and also produce the detainee-Muzamil before the Court on the next date of hearing.

Dogri Sanstha organizes 'Ek Malati' with Jiten Thakur

Excelsior Correspondent

JAMMU, May 22: Dogri Sanstha here today organized 'Ek Malati' with prolific Hindi and Dogri Writer, Jiten Thakur.

The function was presided over by Prof. Lalit Magotra, president Dogri Sanstha and conducted by Rajeshwar Singh 'Raju'.

It is pertinent to mention here that Jiten Thakur is a well known name in Hindi literature and he has carved a niche for himself with thought provoking short stories and novels that include one poetry collection, eight collections of short stories and four novels in addition to several short stories that have been published in all representative literary newspapers and magazines like Dharmayug, Sarika, Hans, Outlook etc.

During interaction, Jiten Thakur talked at length about his association with celebrated writers like Dharamveer Bharti, Kamleshwar, Sharad Joshi and others.

He felt sorry that although he did write and still writes in Dogri but as he was so much involved in Hindi literature and lives at Dehradun, he could not contribute to Dogri literature to an extent he wished to. But he has a belonging for his soil and will surely contribute much more in Dogri.

On this occasion he presented his widely acclaimed short story 'Kitab' from his collection of short stories 'Gumshuda' and a few anecdotes from his autobiography 'Jugnuon Ke Mele'. The program was attended by a galaxy of prominent litterateurs and literature lovers.

J&K Bank commissions Cash Recycler Machine in Udhampur

Excelsior Correspondent

UDHAMPUR, May 22: Going ahead with its ease-of-banking mission through digital and alternate channels, J&K Bank today dedicated a Cash Recycler Machine (CRM) at Ramnagar in Udhampur.

SDM Ramnagar, Shishir Gupta inaugurated the CRM in presence of Bank's Zonal Head (Udhampur) Rajesh Gupta, BDC Chairman Des Raj, Branch Manager Arun Gandotra amid gathering of valuable customers, local residents and other Bank officials.

Lauding the contribution of J&K Bank in rendering the world class banking facilities to the people, SDM urged the people to avail the facilities besides other products and schemes that have been designed to meet their varied financial requirements.

Reaffirming the bank's commitment to improve customer service further at branches by promoting its digital and alternate channels of banking, Zonal Head said: "The installation of CRM will help in reducing foot-fall at the adjacent branches because the cash recycler machine not only dispenses cash



SDM Ramnagar inaugurating CRM of J&K Bank at Ramnagar on Monday.

but provides facility for depositing money also."

People of the area expressed their gratitude towards the Bank management for extending convenient banking facilities to the people.

G20 meet: APSCC bats for liberal visa policy for visiting religious places in J-K

Excelsior Correspondent

SRINAGAR, May 22: The All Parties Sikh Coordination Committee (APSCC) today welcomed the third tourism working group meeting of the G20 countries in Kashmir, but said there is a need to introduce liberal visa policy so that people from foreign nations visit places of religious importance without any hassle.

In a statement, APSCC chairman Jagmohan Singh Raina said Srinagar is privileged to host delegates of G20 nations, but since there are many places of religious importance in the Union Territory, it is important to introduce hassle-free visa services to the foreigners so that they visit such places without any difficulty. "The Union territories of Jammu and Kashmir, and Ladakh have tremendous scope of religious tourism. Religious places like Jamia Masjid Srinagar, Dargah Hazratbal, Gurudwara Chatti Padshahi Srinagar, Mata Vaishno Devi Katra-Jammu, Kheer Bhawani

Tulmulla-Ganderbal, and Gumpas of Ladakh have a mass appeal, but have not been put on the international religious tourism map so far," Raina said. In Jammu, celebrations broke out over the G20 meeting in Srinagar.

Led by Ashok Gupta, the members of Dogra Front and Shiv Sena enthusiastically marched in the city, expressing hope that the meeting will boost tourism in J-K.

Bike hit kills lady

Excelsior Correspondent

KISHTWAR, May 22: A lady was killed here today after she was hit by a bike while the biker also received some injuries and was undergoing treatment at District Hospital Kishtwar.

As per police the bike bearing registration number JK17-9611 was driven by Jeeman Raja, son of Jaswant Singh, resident of Gwari, Dool and it hit Shaheena Begum, wife of Lt. Aziz Mohd, resident of Dool in Dool area today when she was walking on the road.

She along with the biker were injured and were rushed to District Hospital Kishtwar where the lady succumbed to her injuries.

After autopsy and legal formalities the body was handed over to family members. Kishtwar police has registered a case in this regard and started investigation.



Dr Zabeer Ahmed chairing meeting of IIIM- Atal Incubator Centre's Board of Governors at Srinagar on Monday.

First meeting of IIIM-AIC Board of Governors held

Excelsior Correspondent

SRINAGAR, May 22: IIIM-Atal Incubator Centre (AIC) of CSIR-Indian Institute of Integrative Medicine (Br) Srinagar conducted its first Board of Governors' meeting here today under the chairmanship of Dr Zabeer Ahmed, Director CSIR-IIIM, Jammu and ex-officio Chairman of Board of Governors, IIIM-AIC.

This meeting was attended by other members of BOG wherein Er Abdul Rahim, Vice Chairman IIIM-AIC; I B Dixit, Director IIIM-AIC; Dr Saurabh Saran, Member Secretary IIIM-AIC; Vikram Singh, CoA, CSIR-IIIM; Dr Anil Wali, Managing Director, FITT; Dr Muzamil Ahmad, Pr Scientist, CSIR-IIIM (Br.) Srinagar; Ram N Kumar, Founder, Nirog Street & Dr Saad Parvez, Head, IIEC, NIT, Srinagar.

AIC-IIIM Bio innovation Foundation (AIC-IIIM) is one of its unique class of incubators of Government of India established at CSIR-Indian Institute of Integrative Medicine (Br.) Srinagar.

Dr Saurabh Saran, Principal Investigator/Coordinator of IIIM-AIC in his presentation apprised the board about the objectives, basis structure of operation and the targeted timelines to achieve the milestones.

During the meeting, certain

important decisions about the creation of various facilities in the line of objectives, the functioning of IIIM-AIC and the modalities to achieve the milestones were taken.

Dr Zabeer Ahmed, Director, CSIR-IIIM & Chairman BOG, IIIM-AIC informed that the AIC incubator which is fully supported by Atal Innovation Mission, NITI Aayog, Government of India is primarily focused on to support livelihood startups including progressive farmers, youth, women, SHGs, young entrepreneurs etc. The Board appreciated that the prime thrust areas of the incubator are very appropriate with the geographical location of Kashmir valley as it's mandates are focused on promoting value added products of aroma/essential oils; medicinal mushrooms, herbal & medicinal plants, leather processing & fermentation technology. The incubator will also offer manpower & skill development trainings in these areas. AIC Centre, is first of its kind incubator in valley which will nurture and support first stage startup companies of unorganised sector by providing them technology and innovation and by creating state of the art infrastructure, consultancy and seed grants to promising young entrepreneurs to pursue their dreams of starting their own ventures.



JU students posing with faculty members at FCI godown, Channi Rama, Jammu during their field visit.

JU organizes field trip for students on agricultural marketing

Excelsior Correspondent

JAMMU, May 22: In continuation with the visionary approach of the Vice Chancellor, University of Jammu, Professor Umesh Rai, towards organizing field-based and experiential learning programmes for the student community, Dr Vivek Sharma, Senior Assistant Professor and lead teacher of Agriculture Marketing at Department of Lifelong Learning organized a day-long field trip for the students of Semester IV of MA in Rural Development.

The field trip assumes greater significance against the backdrop of the launch of the project named Holistic Agriculture Development Program (HADP) by the Government of Jammu and Kashmir in April this year that aims to strengthen the existing market infrastructure and create a robust market ecosystem that caters to the needs of all the stakeholders.

"In current times, the challenge remains in integrating smallholder's produce with market systems that are both effective and transparent which will ensure that farmers receive a fair price for their goods while consumers get good value for their money," Dr Vivek Sharma said.

During the field trip, the students were first taken to the Vegetable and Fruit Mandi, Narwal where they were thoroughly made to understand the market structure of both the agriculture and horticulture produce of Jammu region. Thereafter, the students visited the godown of Food Corporation of India (FCI) at Channi Rama where they were apprised about the critical role played by FCI in storing and transporting food grains. At the FCI, the trip was facilitated by Ravi Kumar, Depot Manager and Divya Sharma, Quality Inspector at FCI.

Later, students and faculty had an interaction with the farmers and understood the processing of agricultural produce during their visit to Sarveshwar Rice Overseas Limited which is a prominent exporter of agricultural produce in the Jammu region. Dr Vivek Sharma was assisted by Mahesh Verma, Joint Director Agriculture Jammu, Sanjeev Khajuria, Technical Officer Agriculture and Anaytullah Khan, Marketing Inspector, Horticulture, during this field trip.

Parkash Utsav of Guru Ravi Dass Ji celebrated

Excelsior Correspondent

JAMMU, May 22: In connection with the celebration of 646th Parkash Utsav of Shri Guru Ravi Dass Ji Maharaj and 132nd birth anniversary of Dr. B.R Ambedkar a grand function

Bhim Rao Ambedkar for the welfare of people especially for the upliftment of downtrodden and weaker sections of the society.

He thanked Parvez Dewan, the then Advisor to Governor and Rohit Kansal, the then



Rakesh Wazir, president Hotel & Restaurant Association, Katra addressing a gathering on Monday.

was organized by Shri Guru Ravi Dass Sabha Sukka Grait, Jammu in which Shri Shri 108 Swami Gurdeep Giri Ji Maharaj delivered his sermons.

Rakesh Wazir, president Hotel & Restaurant Association, Katra and senior Congress leader was among prominent persons present on the occasion and he threw light on the life and teachings of Guru Ravi Dass Ji Maharaj and works done by Dr.

Commissioner Secretary PWD for making it possible to have a direct link between Katra-Akhnour via Deva Mai-Sukka Grait Agore. Gurdeep Giri Ji Maharaj also spoke on the occasion.

Prominent among others who were present on the occasion were Guru Ravi Dass Sabha Sukka Grand president Babu Ram, Rattan Lal, Chairman, Sarban Dass and others.

Patanjali Scientists confirm Giloy doesn't cause any harm on body

Excelsior Correspondent

JAMMU, May 22: Scientists from Patanjali Research Institute have confirmed that famous Ayurvedic medicine Giloy (Tinospora cordifolia), which is also known as Amrita, does not cause any harm on any part of the body in any way.

For the first time in the world, Scientists from Patanjali Research Institute conducted extensive and detailed research on Giloy and its safety profile. In the GLP driven sub-acute toxicological study, more than 70 male and female rats were daily administered with Giloy, up to 5 times the normal prescribed human dose, for 28 days.

In this study, effect of Giloy on more than 40 organs of the body was studied in a dose dependent manner. This peer-reviewed study showed that the consumption of Giloy did not have any side effect or adverse effects on each and every organ investigated.

Not only this, haematological

and clinical biochemistry profile related to various organs like liver, kidney, thyroid, heart, lipids etc were also tested. There was no treatment related harmful changes (adverse effects) observed for the entire duration of the study, in the both gender studied. This complete experimental trial was conducted according to the global guidelines of OECD and was in compliance with Good Laboratory Practices (GLP).

Europe's world renowned research journal - Frontiers in Pharmacology has accepted that Giloy does not cause harm any part of the body, in any way. (https://www.frontiersin.org/articles/10.3389/fphar.2023.1095083/full)

"The entire Ayurveda fraternity is proud of Patanjali's research efforts to bring the Indian culture and tradition on the center stage. Really, Giloy is an elixir of life. One could take it correctly and stay healthy for longer life," says a handout, issued by the Patanjali Institute.

Model Academy School, JMC organize awareness session on polythene ban

Excelsior Correspondent

JAMMU, May 22: Model Academy School, in collaboration with Jammu Municipal Corporation (JMC), organized an awareness-cum-interactive session on polythene ban to promote the movement towards banning polythene and single use plastic.

The occasion was graced by Dr Akshay Sharma, Corporator, Ward Number 8, DC North, Sanjay Badyal and Ashwani Soodan, Private Secretary to the Mayor, JMC. The Programme started with lighting of the traditional lamp by the invited dignitaries followed by recitation of Saraswati Vandana.

Principal, Pramod Kumar Srivastava addressed the gathering giving a preliminary narrative of the initiatives taken for the movement. A documentary on "hazards of plastic and use of biodegradable carry bags" by DRDO was also shown to the students. Another documentary by the JMC officials was also displayed to generate awareness among school students and staff regarding the adverse effects of polythene bags and the initiatives taken by the JMC to deal with them.

An impressive debate was put forth by the students on the topic "Ban of Polythene bags" for which Parushi bagged first prize, Aditya Raina got the second prize and Aahana and Ishit Sharma shared the third prize. Judges for the competition were Pooja Mishra and Maneka Khanna (academic managers, primary and senior wing).

Speaking on the occasion, Dr Akshay said that shopkeepers and other traders shall only use the carry bags recommended by JMC. He highlighted the

major challenges faced to the nation as well as Jammu due to massive urbanization.

Badyal in his address, acquainted the audience with various steps taken by JMC in controlling plastic pollution. He highlighted various effective and practical measures that can be implemented to curb the menace of plastic and polythene bags.

Director, MIER, Dr Adit Gupta insisted that the students as stakeholders should play a positive role by coming forward with innovative ideas to reduce the use of plastic and be the ambassadors of change.

Man injured as 3 bears attack

Excelsior Correspondent

POONCH, May 22: A villager was injured when three bears attacked him in Bedar area of Mandi in Poonch district today.

Family members of the victim said that at about 6:35 AM in the morning he went to wash face at a spring nearby his house where one among three bears attacked him. After hearing his cries the family members and villagers rushed to the spring with lathis and rescued him.

The injured was brought to Sub District Hospital Mandi and later shifted to district hospital Poonch for better treatment.

The injured was identified as Mumtaz Hussain (50), son of Wazir Mohd, a resident of Bedar Panchayat in block Mandi.

Medical Superintendent DH Poonch, Dr Zulfiqar said that patient was seriously injured, he has been kept under observation after treatment here.



Team of Wooden Street, India's leading home furniture & decor brand cheers on being crowned as the Best D2C Brand of the year in furniture category at D2C Award 2023.