

### Congratulate you for doing it in budget less than that of 'Interstellar': IMF chief to Modi on Chandrayaan-3 success

NEW DELHI, Sept 10: Several world leaders at the G20 Summit here congratulated Prime Minister Narendra Modi on the success of Chandrayaan-3, with IMF Managing Director Kristalina Georgieva hailing India for achieving the feat "in a budget less than that of the movie Interstellar", according to sources. During various sessions and meetings of the G20, many world leaders showered praise on India for its lunar mission and also lauded the successful launch of Aditya L1, India's first space-based mission to study the Sun. While the British Prime Minister Rishi Sunak congratulated India and the entire world for Chandrayaan-3, South African President Cyril Ramaphosa hailed the country for the feat and recalled that he had watched a telecast of the lunar landing while taking a break during the BRICS meeting, sources said. "I congratulate you on the Moon landing. But as an economist let me congratulate you for doing it in a budget less than that of the movie, 'Interstellar'. Bravo!" International Monetary Fund (IMF) Managing Director Georgieva was quoted by a source as saying at a meeting during the G20. Chandrayaan-3 touched down on the lunar south pole at 6.04 pm on August 23 after a flawless 41-

### Keep vigil on sale of falsified versions of 2 drugs following WHO alerts: DCGI

NEW DELHI, Sept 10:

The Drugs Controller General of India (DCGI) has directed the drug controllers of all states and Union territories to keep a strict vigil on the sale and distribution of falsified versions of two drugs, liver medication Defitelio and Takeda's cancer drug Adcetris (injection), following alerts issued by the World Health Organisation (WHO). In an advisory on September 5, the DCGI said the WHO has issued a safety alert identified with multiple falsified versions of Adcetris injection 50 mg manufactured by Takeda Pharmaceutical Company Limited, identified in four different countries including India. "These products are most often available at the patient level and distributed in the unregulated supply chains (mainly online). The products have been identified in both regulated and illicit supply chains, sometimes at patient levels as well. WHO has reported that there are at least eight different batch numbers of falsified versions in circulation,"

### MSCBMT empowers students through art workshop

Excelsior Correspondent

SRINAGAR, Sept 10: Noted artists under the banner of Master Sansar Chand Baru Memorial Trust (MSCBMT) conducted a transformative art workshop at the Higher Secondary School and Middle School at Kothibag, in Srinagar. The workshop aimed at enhancing students' understanding and skills in the field of art, with a special focus on portrait making. The week-long art workshop, organized under the auspices of the Ministry of Culture, Union Government, revolved around the theme of "Vanishing Art and Culture of J&K". Notable artists including Anas Sultan, Kishore Kumar, Gopal Krishna Samantray, Vijay Kumar, Digvijayee Khatua, Javid Iqbal, MY Baccha, Masood Hussain, Prof Zahoor and MA Mehboob participated in the event. They shared their expertise and techniques involved in portrait making. The students were

engaged in interactive sessions, where the essential features to be taken care of while painting portraits were discussed and demonstrated. Chairperson of the Trust, Anuradha Rishi expressed

referred to the importance of the event and impact on the participating students. She emphasized the Trust's commitment to promoting art and culture.

"Through this workshop, we aimed to explore the hidden talent among school-children at an early stage. By providing them with the skills and knowledge in art, we hope to nurture their creativity and passion for artistic expression. Our Trust is dedicated to empowering young minds and preserving the rich heritage of J&K's art and culture," she added.



Urdu writer Pritpal Singh 'Betab' releasing T N Dhar's book in a function in Jammu.

### T N Dhar's Urdu book titled "Gita Ji Se Bhaint" released

Excelsior Correspondent

JAMMU, Sept 10: An Urdu book titled "Gita Ji Se Bhaint" authored by Triloki Nath Dhar and published by his daughter Prof. Raj Shree Dhar, Principal GDC Purmandal was released in a function held here today.

Noted Urdu writer Pritpal Singh 'Betab', Retd. IAS, was the chief guest on the occasion, while Prof. B L Zutshi was the guest of honour.

Introducing the author, Prof. Raj Shree Dhar stated that her father has written a dozen books over the span of several decades. She stated that the book is an invaluable compendium of the lectures delivered by the author in the early 1970s. She added that it is a moral and spiritual allegory, written in Urdu but with words borrowed from Hindi, Sanskrit, Kashmiri,

Punjabi, and English as well, which shows the way to tackle the introspective work being waged inside every individual to gain mastery of the self. Prof. B L Zutshi said the book renders complex philosophical, mystical, and metaphysical concepts in a language that is easy to grasp and internalize.

Pritpal Singh 'Betab' complimented Prof. Dhar for compiling and publishing this brilliant anthology of her father's works and asked her to publish it in Devnagari-Hindi Script as well. The programme was attended by various intellectuals, writers, scholars, and a galaxy of poets. The event was organized by Jammu and Kashmir Rashtra Bhasha Prachar Samiti Jammu with the collaboration of J&K Academy of Art, Culture and Languages.

### 'Natrang' stages Hindi play 'Parda Uthne Se Pehle'

Excelsior Correspondent

JAMMU, Sept 10: Theatre group 'Natrang' here today staged new Hindi play 'Parda Uthne Se Pehle' written by Rajinder Kumar Sharma and directed by Neeraj Kant.



A scene from play 'Parda Uthne Se Pehle' staged at Jammu on Sunday.

The play was based on the story of a man who is very fond of acting but his wife does not like that. The play starts with Anil's wife Sheela cursing her husband.

informing him and his play is going to be performed the day after tomorrow. Now Anil starts getting Sheela to rehearse. After Anil starts the rehearsal his talkative neighbor Makhan Lal enters and starts wasting his time.

Anil barely gets rid of him when his son Munnu comes to disturb. They send Munnu out with an excuse and start rehearsing the last scene in which Anil points Munnu's toy pistol towards Sheela and starts speaking dialogues.

Meanwhile, Anil enters the house and Sheela gets angry at him but Anil praises her and says that now the heroine of his play is not Veena but Sheela because the heroine of his play has gone somewhere without

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### Correction

Apologies to the new item, captioned 'Brig Gupta serves legal notice to TN Minister for his remark against Sanatana', published in September 10 edition of this newspaper, name of the counsel was mistakenly written as Achyut Pandey, instead of Achyut Dubey. The typographic error is regretted.

### CME on latest Phaco trends organized

Excelsior Correspondent

JAMMU, Sept 10: Shah Eye Care Centre in association with ALCON Surgical organized a CME on latest Phaco trends, here. Eminent Ophthalmologists of Jammu Dr Anil Mahajan, Dr Dinesh Gupta, Dr Sanjay Sachdeva, Dr RD Sood, Dr Satish Gupta, Dr Dinesh Malhotra, Dr Amarjeet Bali, Dr Deepak Kapoor and young ophthalmologists graced the meet and gave their valuable insight to the latest and upcoming technologies in eye care. Dr Syed Zeeshan Ahmed, Dr Tanpreet Singh from Jammu and



Eminent Ophthalmologists of Jammu posing together during a CME in Jammu.

### Priti inaugurates newly tiled lane

Excelsior Correspondent

UDHAMPUR, Sept 10: Municipal Councillor, Priti Khajuria of Ward number 1 along with Vaishno Devi here today inaugurated a newly tiled lane at Bharat Nagar, Ambedkar Chowk. The tile work has been completed at an expenditure of Rs. 12 lakh. Speaking on the occasion Priti said that the lane was unpaved for the last 20 years and people especially school going children and elders faced many

problems while walking on the muddy track. "Since I was elected as a Councillor, I tried to get as much works done in my Ward as was possible in the given time to live up to the expectations of the Ward residents," she maintained. The Councillor claimed that if government does not provide sufficient funds to big Wards as per the population and area, then pace of development slows down. A large number of people from the area were present on the occasion.

### Our customer services should epitomise aspirations of new India: Sinha

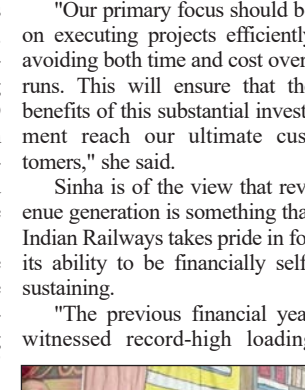
NEW DELHI, Sept 10:

Railway Board chairperson Jaya Verma Sinha has asked all employees to work on five key priorities -- safety, integrity, capacity augmentation, revenue generation, and customer amenities and experience. Calling these five priorities as "Indian Railways' Panch Pran", Sinha, in her first written communication to employees after taking charge as Chairperson and CEO of the Railway Board on September 1, said that the national transporter has a rich and enduring legacy spanning more than 150 years. "In recent years, we have embarked on a transformative journey marked by unprecedented investments in tracks, rolling stock, stations and terminals," Sinha wrote.

Noting that safety is paramount, she said, "We must recognise that every accident can be prevented, and it is incumbent upon us to ensure strict adherence to established safety protocols. It is imperative that we actively engage in the field, setting an exemplary standard for all." Sinha, the first woman head of the Railway Board, said integrity is non-negotiable for public servants. "We shall maintain a zero-tolerance stance

towards any acts of misconduct. We shall continue to enhance transparency in our process." On capacity augmentation, she said the Government has demonstrated immense confidence in Indian Railways through an investment of Rs 2.4 lakh crore in the current fiscal. "Our primary focus should be on executing projects efficiently avoiding both time and cost overruns. This will ensure that the benefits of this substantial investment reach our ultimate customers," she said. Sinha is of the view that revenue generation is something that Indian Railways takes pride in for its ability to be financially self-sustaining. "The previous financial year witnessed record-high loading

and revenue figures. With almost half the year behind us, I urge each one of you to redouble your efforts to meet the targets for the current fiscal," she wrote. Talking about customer amenities and experience, Sinha asked its employees to offer services that should epitomise the aspirations of a new India. "Whether it pertains to punctuality, cleanliness, catering or addressing customer grievances, we must strive to deliver the highest standards of service, consistently placing the customer at the forefront of our efforts," the Railway Board chairperson said, adding that she expects every member of the railway family to rise to the occasion, delivering their very best for the country. (PTI)



The office bearers of Sanatan Dharam Natak Samaj being honoured at Jammu on Sunday.

### Every BJP worker's motto is nation first: Rekha

Excelsior Correspondent

JAMMU, Sept 10: A large number of youths joined BJP SC Morcha in the esteem presence of BJP district president Jammu South, Rekha Mahajan, Prabhari Ayodhya Gupta, district general secretary, Pushpinder Singh, Morcha Prabhari, Vijay Anand Gill, Manohar Lal, along with team members here at party Headquarters, Trikuta Nagar, today.

The programme was organized by BJP SC Morcha district Jammu South president, Umesh Kumar. The youths said they are all driven and inspired by the dynamic, vibrant, visionary leadership of the Prime Minister, Narendra Modi and also impressed by the service rendered by the Union Territory of J&K, BJP's leadership to join the nationalist party. Rekha Mahajan, while wel-

coming the new entrants into the party fold added that youth power shall boost the morale of the party cadre and help them to take the policies of Government to the grass root level. She said that every worker of the party works with the principle of the nation first in mind and the Prime Minister has himself established the highest benchmark of serving the society and the nation selflessly. Rekha while interactive sessions with the workers, asserted, that "the BJP has always acted as a family that respects everybody and cares for everyone". She said the party has always opened up arms for those who want to serve the nation and society unconditionally and she congratulated the new entrants and urged them to work hard and empower the poor and marginalized with full dedication and devotion.

### Jeet Angral inaugurates tile work in Krishna Nagar

Excelsior Correspondent

JAMMU, Sept 10: Senior BJP leader and former Chairman Jammu Municipal Corporation (JMC) and Councillor of Ward number 12, Jeet Angral here today inaugurated paver tiles work at Krishna Nagar.

The work will be done under the supervision of JMC with an estimated cost of Rs. 27 lakh and several other works in the Ward will be done with this amount. Lanes of the area were in a bad shape earlier and residents of the area especially senior citizens were facing a lot of problem while passing through these paths. Speaking on the occasion Jeet Angral said that it was a long pending demand of the residents of the area which has been fulfilled today. He also said that many roads in the Ward have been blacktopped and widened. "Parks in the Ward have also

been developed while works of lanes and drains were perfectly done," the Councillor maintained adding that door-to-door moving autos have solved the problem of



BJP leader Jeet Angral inaugurating tile work in Krishna Nagar.

garbage disposal in the Ward. BJP Talab Tillo Mandal president, Keshav Chopra was also present on the occasion and he lauded the works done by Angral in the Ward. Ganga Angral, Kanta Devi, Anil Angral, Varinder Dogra, Swaran Samyal, Dr Surjeet Singh, Rakesh Gupta, Puneet Kapoor, Kundan Lal, Tarun Angral, Kushal Chand, Sanjeev Malhotra and others were also present on the occasion.

### JK Yateem Foundation organizes 3-day workshop in Kulgam

Excelsior Correspondent

SRINAGAR, Sept 10: The J&K Yateem Foundation recently organised a three-day capacity-building programme at its Baitul Hilal orphanage in Chawalgam in South Kashmir's Kulgam district, with the overarching theme "Social Service, Credibility, Transparency, and Accountability." According to a spokesperson from the Foundation, the event attracted approximately 150 senior volunteers hailing from various regions within Jammu and Kashmir, including remote districts like Poonch, Rajouri, and Doda, among others. "Distinguished speakers and experts emphasised the importance of credibility, transparency, accountability, sincerity, wisdom, and selflessness as essential qualities for effective social service. They encouraged volunteers to adopt innovative and modern approaches to address the evolving challenges in the field," he said.

He said during the programme, a panel discussion on the "Role of NGOs to counter Social Evils" was conducted, where experts engaged in insightful discussions regarding strategies to effectively combat social issues. He informed that noted columnist and author, Dr. Maroof Shah, suggested revisiting welfare policies to empower deserving individuals towards self-reliance. Additionally, he said, Ghulam Abbas, Joint Director of the Central Bureau of Communications (CBC), stressed the values of sincerity, honesty, truthfulness, and uprightness among volunteers, urging them to guide disadvantaged sections to benefit from government welfare schemes. He added that various sessions covered a wide array of topics, including Zakat collection, psychoeducation in child care, first aid training, drug abuse prevention, and the role of social media in the context of social service.

### Primary prevention outweigh medications, interventions in cardiac ailments: Dr Sushil

Excelsior Correspondent

JAMMU, Sept 10: In view of the ever increasing incidence of cardiac ailments and lifestyle diseases Head Department of Cardiology Dr Sushil Sharma held a day long cardiac awareness cum health Checkup camp at Village Mandal, Panchayat katwala Block Purmandal, Samba for educating



HoD Cardiology GMC Jammu Dr Sushil Sharma examining patients at Purmandal on Sunday.

masses regarding the importance of primary prevention in decreasing mortality and morbidity associated with cardiovascular diseases. More than 250 people were screened; evaluated, diagnosed and free medicines were given as per the requirements. While interacting with the people, Dr Sushil stated that despite being largely preventable, cardiovascular diseases cause more than 20.5 million deaths every year. An estimated 80% of cardiovascular disease, including heart disease and stroke, is preventable. The main elements of CVD prevention are healthy diet, physical activity, avoiding tobacco. There are many risk factors associated with heart disease and stroke. Some risk factors, like family history, cannot be modified, while others, like high blood pressure, can be modified through lifestyle interventions and treatment. Millions

of people worldwide struggle to control the risk factors that lead to cardiovascular disease and many others remain unaware that they are at high risk. He elaborated that despite a fall in the proportion of CVD related deaths over the last 40 years, the rate of decline is slowing while morbidity from CVD is rising. "The ability to identify those at risk

of CVD allows for risk factor modification through primary prevention. There are a number of factors that affect a person's risk of developing CVD including increasing age, gender, family history and ethnicity which are non-modifiable. There are also a number of factors in terms of lifestyle and pharmacological interventions that have been demonstrated to affect CVD risk and are modifiable including hypertension, obesity, tobacco smoking, diet, exercise, cholesterol levels, alcohol intake and diabetes mellitus control," he said.

Others who were part of this camp included Dr Venkatesh Illepu and Dr. Dhaneeswar Kapoor Paramedics and Volunteers who were part of the team included Vikas Kumar, Raghav Rajput, Ranjeet Singh, Maninder Singh, Paramveer Singh, Rajinder Singh, Gaurav Sharma, Jatinder Bhasin, Manoj Sharma, Amnisha Dutta and Nirvair Singh Bali.